



ARCHANGEL MICHAEL CHURCH

Protopresbyter, John K. Lardas, Proistamenos

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SUNDAY - February 15th, 2026 | Ἦχος γ', Ἑωθινόν Γ' | Mode 3, 3rd Morning Gospel

KYRIAKH: Κυριακή τῆς Ἀπόκρεω. Ὁνήσιμος
ἐκ τῶν 70.

SUNDAY: Judgement Sunday (Meatfare Sunday). Onesimus the Apostle of the 70

Ἀπολυτίκιον Ἀναστάσιμον. Ἦχος γ'.

Εὐφραινέσθω τα ὑράνια, ἀγαλλιάσθω τα ἐπίγεια,
ὅτι ἐποίησε κράτος ἐν βραχίονι αὐτοῦ, ὁ Κύριος·
ἐπάτησε τῷ θανάτῳ τον θάνατον· πρωτότοκος τῶν
νεκρῶν ἐγένετο· ἐκ κοιλίας ᾄδου ἐρρύσατο ἡμᾶς, καὶ
παρέσχε τῷ κόσμῳ τὸ μέγα ἔλεος.

Ἀπολυτίκιον τῶν Κεκοιμένων. Ἦχος πλ. δ'

Μνήσθητι Κύριε, ὡς ἀγαθὸς τοῦ (τῆς, τῶν) δούλου
(δούλης, δούλων) σου, καὶ ὅσα ἐν βίῳ ἡμαρτεν
(ἡμαρτεν, ἡμαρτον) συγχώρησον· οὐδεὶς γὰρ
ἀναμάρτητος, εἰ μὴ Σὺ ὁ δυνάμενος, καὶ τῷ (τῇ, τοῖς)
μεταστάντι (μεταστάσει, μεταστάσι) δοῦναι τὴν
ἀνάπαυσιν.

Κοντάκιον. Ἦχος α'.

Ὅταν ἔλθῃς ὁ Θεός, ἐπὶ γῆς μετὰ δόξης, καὶ τρέμωσι
τα σύμπαντα, ποταμὸς δὲ τοῦ πυρὸς πρὸ τοῦ Βήματος
ἔλκη, καὶ βίβλοι ἀνοίγονται, καὶ τα κρυπτά
δημοσιεύονται, τότε ρῦσαί με, ἐκ τοῦ πυρὸς τοῦ
ἀσβέστου, καὶ ἀξίωσον, ἐκ δεξιῶν σου με στήναι,
Κριτὰ δικαιοσύνη.

Ἀπολυτίκιον τοῦ Ναοῦ. Ἦχος δ'

Τῶν οὐρανίων στρατιῶν Ἀρχιστράτηγοι, δυσωποῦμεν
ὑμᾶς ἡμεῖς οἱ ἀνάξιοι, ἵνα ταῖς ὑμῶν δεήσεσι,
τειχίσῃτε ἡμᾶς, σκέπῃ τῶν πτερύγων, τῆς αὐτοῦ ὑμῶν
δόξης, φρουροῦντες ἡμᾶς προσπίπτοντας, ἐκτενῶς
καὶ βοῶντας· Ἐκ τῶν κινδύνων λυτρώσασθε ἡμᾶς, ὡς
Ταξιάρχαι τῶν ἁνῶ Δυνάμεων.

Resurrectional Apolytikion. Mode 3.

Let the heavens be glad. Let the earth rejoice
exceedingly. For the Lord has shown strength with
his arm. He trampled death by death. He became
the first-born of the dead. Out of the belly of Hades,
He has rescued us, and to the world He has granted
the great mercy.

Apolytikion for the Departed. Tone Pl. 4th

Remember, O Lord, as You are Good, your
servant(s), and forgive every sin he (she, they) have
committed in this life. For no one is sinless, except
You, Who have power to grant rest to those who
have fallen asleep.

Apolytikion of the Church. Tone 4

O Chief Commanders of the heavenly armies, we
the unworthy now entreat you in earnest, to fortify
us by your supplications to the Lord, and shelter us
beneath the wings of your spiritual glory, guarding
us who run to you and fervently entreat you: As the
Commanders of the hosts on high, rescue us faithful
from dangers of every kind.

Kontakion. Tone 1.

When You come down to the earth, O God, in Your
glory, all things will cower tremulous, and a river of
fire will draw before Your Judgment Seat; the books
shall be opened up, and public knowledge will
things hidden be. Rescue me, then, I pray, from
unquenchable fire, and count me worthy to stand at
Your right hand, O You, the most righteous Judge.



Προκείμενον. Ἦχος γ'. Ψαλμοὶ 146, 134.
Μέγας ὁ Κύριος ἡμῶν, καὶ μεγάλη ἡ ἰσχύς αὐτοῦ.

Στίχ. Αἰνεῖτε τὸν Κύριον, ὅτι ἀγαθὸς Κύριος.

Πρὸς Α' Κορινθίους η' 8-13, θ' 1-2 τὸ ἀνάγνωσμα.

Ἀδελφοί, βρῶμα ἡμᾶς οὐ παρίστησι τῷ Θεῷ· οὔτε γὰρ ἐὰν φάγωμεν περισσεύωμεν, οὔτε ἐὰν μὴ φάγωμεν ὑστερούμεθα. βλέπετε δε μήπως ἡ ἐξουσία ὑμῶν αὕτη πρόσκομμα γένηται τοῖς ἀσθενοῦσιν. ἐὰν γάρ τις ἴδῃ σε, τὸν ἔχοντα γνῶσιν, ἐν εἰδωλείῳ κατακείμενον, οὐχὶ ἡ συνείδησις αὐτοῦ ἀσθενοῦς ὄντος οἰκοδομηθήσεται εἰς τὸ τὰ εἰδωλόθута ἐσθίειν; καὶ ἀπολείται ὁ ἀσθενῶν ἀδελφός ἐπὶ τῇ σῇ γνώσει, δι' ὃν Χριστὸς ἀπέθανεν. οὕτω δὲ ἁμαρτάνοντες εἰς τοὺς ἀδελφούς καὶ τύπτοντες αὐτῶν τὴν συνείδησιν ἀσθενοῦσαν εἰς Χριστὸν ἁμαρτάνετε. διόπερ εἰ βρῶμα σκανδαλίζει τὸν ἀδελφόν μου, οὐ μὴ φάγω κρέα εἰς τὸν αἰῶνα, ἵνα μὴ τὸν ἀδελφόν μου σκανδαλίσω. Οὐκ εἰμι ἀπόστολος; οὐκ εἰμι ἐλεύθερος; οὐχὶ Ἰησοῦν Χριστὸν τὸν Κύριον ἡμῶν ἑώρακα; οὐ το ἔργον μου ὑμεῖς ἐστε ἐν Κυρίῳ; εἰ ἄλλοις οὐκ εἰμι ἀπόστολος, ἀλλὰ γε ὑμῖν εἰμι· ἡ γὰρ σφραγὶς τῆς ἐμῆς ἀποστολῆς ὑμεῖς ἐστε ἐν Κυρίῳ.

Ἐκ τοῦ κατὰ Ματθαῖον 25.31-46 Εὐαγγελίου τὸ ἀνάγνωσμα.

Εἶπεν ὁ Κύριος· Ὅταν δὲ ἔλθῃ ὁ υἱὸς τοῦ ἀνθρώπου ἐν τῇ δόξῃ αὐτοῦ καὶ πάντες οἱ ἅγιοι ἄγγελοι μετ' αὐτοῦ, τότε καθίσει ἐπὶ θρόνου δόξης αὐτοῦ, καὶ συναχθήσεται ἔμπροσθεν αὐτοῦ πάντα τὰ ἔθνη, καὶ ἀφοριεῖ αὐτοὺς ἀπ' ἀλλήλων ὥσπερ ὁ ποιμὴν ἀφορίζει τὰ πρόβατα ἀπὸ τῶν ἐρίφων, καὶ στήσει τὰ μὲν πρόβατα ἐκ δεξιῶν αὐτοῦ, τὰ δὲ ἐρίφια ἐξ εὐωνύμων. τότε ἐρεῖ ὁ βασιλεὺς τοῖς ἐκ δεξιῶν αὐτοῦ· δεῦτε οἱ εὐλογημένοι τοῦ πατρὸς μου, κληρονομήσατε τὴν ἡτοιμασμένην ὑμῖν βασιλείαν ἀπὸ καταβολῆς κόσμου. ἐπείνασα γάρ, καὶ ἐδώκατέ μοι φαγεῖν, ἐδίψησα, καὶ ἐποτίσατέ με, ξένος ἦμην, καὶ συνηγάγετέ με, γυμνός, καὶ περιεβάλετέ με, ἡσθένησα, καὶ ἐπεσκέψασθέ με, ἐν φυλακῇ ἦμην, καὶ ἤλθετε πρὸς με. τότε ἀποκριθήσονται αὐτῷ οἱ δίκαιοι λέγοντες· κύριε, πότε σε εἶδομεν πεινῶντα καὶ ἐθρέψαμεν, ἢ διψῶντα καὶ ἐποτίσαμεν; πότε δέ σε εἶδομεν ξένον καὶ συνηγάγομεν, ἢ γυμνὸν καὶ περιεβάλομεν; πότε δέ σε εἶδομεν ἀσθενῆ ἢ ἐν φυλακῇ, καὶ ἤλθομεν πρὸς σε; καὶ ἀποκριθεὶς ὁ βασιλεὺς ἐρεῖ αὐτοῖς· ἀμὴν λέγω ὑμῖν, ἐφ' ὅσον ἐποιήσατε ἐνὶ τούτων τῶν ἀδελφῶν μου τῶν ἐλαχίστων, ἐμοὶ ἐποιήσατε. τότε ἐρεῖ καὶ τοῖς ἐξ εὐωνύμων· πορεύεσθε ἀπ' ἐμοῦ οἱ κατηραμένοι εἰς τὸ πῦρ το αἰώνιον το ἡτοιμασμένον τῷ διαβόλῳ καὶ τοῖς ἀγγέλοις αὐτοῦ. ἐπείνασα γάρ, καὶ οὐκ ἐδώκατέ μοι φαγεῖν, ἐδίψησα, καὶ οὐκ ἐποτίσατέ με, ξένος ἦμην, καὶ οὐ συνηγάγετέ με, γυμνός, καὶ οὐ περιεβάλετέ με, ἀσθενής καὶ ἐν φυλακῇ, καὶ οὐκ ἐπεσκέψασθέ με. τότε ἀποκριθήσονται αὐτῷ καὶ αὐτοὶ λέγοντες· κύριε, πότε σε εἶδομεν πεινῶντα ἢ διψῶντα ἢ ξένον ἢ γυμνὸν ἢ ἀσθενῆ ἢ ἐν φυλακῇ, καὶ οὐ διηκονήσαμεν σοι; τότε ἀποκριθήσεται αὐτοῖς λέγων· ἀμὴν λέγω ὑμῖν, ἐφ' ὅσον οὐκ ἐποιήσατε ἐνὶ τούτων τῶν ἐλαχίστων, οὐδὲ ἐμοὶ ἐποιήσατε. καὶ ἀπελεύσονται οὗτοι εἰς κόλασιν αἰώνιον, οἱ δὲ δίκαιοι εἰς ζωὴν αἰώνιον.

Prokeimenon. Mode 3. Psalms 146, 134.
Great is our Lord, and great is His strength.
Verse: Praise the Lord, for the Lord is good.
The reading is from Paul's First Letter to the Corinthians (8.8-13; 9.1-2).

Brethren, food will not commend us to God. We are no worse off if we do not eat, and no better off if we do. Only take care lest this liberty of yours somehow become a stumbling block to the weak. For if any one sees you, a man of knowledge, at table in an idol's temple, might he not be encouraged, if his conscience is weak, to eat food offered to idols? And so by your knowledge this weak man is destroyed, the brother for whom Christ died. Thus, sinning against your brethren and wounding their conscience when it is weak, you sin against Christ. Therefore, if food is a cause of my brother's falling, I will never eat meat, lest I cause my brother to fall. Am I not free? Am I not an apostle? Have I not seen Jesus our Lord? Are not you my workmanship in the Lord? If to others I am not an apostle, at least I am to you; for you are the seal of my apostleship in the Lord.

The Gospel According to Matthew 25.31-46.

The Lord said, "When the Son of man comes in his glory and all the holy angels with him, then he will sit on his glorious throne. Before him will be gathered all the nations, and he will separate them one from another as a shepherd separates the sheep from the goats, and he will place the sheep at his right hand, but the goats at the left. Then the king will say to those at his right hand, 'Come, O blessed of my Father, inherit the kingdom prepared for you from the foundation of the world; for I was hungry and you gave me food, I was thirsty and you gave me drink, I was a stranger and you welcomed me, I was naked and you clothed me, I was sick and you visited me, I was in prison and you came to me.' Then the righteous will answer him, 'Lord, when did we see you hungry and feed you, or thirsty and give you drink? And when did we see you a stranger and welcome you, or naked and clothe you? And when did we see you sick or in prison and visit you?' And the King will answer them, 'Truly, I say to you, as you did it to one of the least of these my brethren, you did it to me.' Then he will say to those at his left hand, 'Depart from me, you cursed, into the eternal fire prepared for the devil and his angels; for I was hungry and you gave me no food, I was thirsty and you gave me no drink, I was a stranger and you did not welcome me, naked and you did not clothe me, sick and in prison and you did not visit me.' Then they also will answer, 'Lord, when did we see you hungry or thirsty or a stranger or naked or sick or in prison, and did not minister to you?' Then he will answer them, 'Truly, I say to you, as you did it not to one of the least of these, you did it not to me.' And they will go away into eternal punishment, but the righteous into eternal life."

Judgement Sunday (Meatfare Sunday)

The foregoing two parables -- especially that of the Prodigal Son -- have presented to us God's extreme goodness and love for man. But lest certain persons, putting their confidence in this alone, live carelessly, squandering upon sin the time given them to work out their salvation, and death suddenly snatch them away, the most divine Fathers have appointed this day's feast commemorating Christ's impartial Second Coming, through which we bring to mind that God is not only the Friend of man, but also the most righteous Judge, Who recompenses to each according to his deeds.

It is the aim of the holy Fathers, through bringing to mind that fearful day, to rouse us from the slumber of carelessness unto the work of virtue, and to move us to love and compassion for our brethren. Besides this, even as on the coming Sunday of Cheese-fare we commemorate Adam's exile from the Paradise of delight -- which exile is the beginning of life as we know it now -- it is clear that today's is reckoned the last of all feasts, because on the last day of judgment, truly, everything of this world will come to an end.

All foods, except meat and meat products, are allowed during the week that follows this Sunday.

THE ARCHANGEL MICHAEL GREEK ORTHODOX CHURCH

Little Angels

JOIN US
SATURDAY, FEBRUARY 21ST
9:30-10:45AM

Sign up on REALM and join us for:

- ♥ Playtime & building friendships
- ♥ Music & movement
- ♥ Storytelling, craft, & snack time
- ♥ Church time: do our Cross, venerate the icons & light a candle

MARK YOUR CALENDARS
LITTLE ANGELS FUTURE DATES

- March 21, April 18,
- May 16, June 13

Register here on REALM



ARCHANGEL MICHAEL CHURCH

ENRICHMENT PROGRAMS

Join us and celebrate the arts, music, and cultural expressions of our historical heritage with our introductory AMC Enrichment Programs.

CHANTING/HYMNODOLOGY

ICONOGRAPHY

MUSIC

THEATRE

MONDAY EVENINGS
MARCH 9, 16, 23 & 30
7:00pm - 8:45pm
\$40 pp*

Our Instructors:

- CHANTING/HYMNODOLOGY- Petros Malliaris
- ICONOGRAPHY - Anna Frangoulis
- MUSIC -John Themelis
- THEATRE- Valerie Papain

*No tuition for the theater class. It will be an informal think tank planning session.

Archangel Michael Church
100 Fairway Drive, Port Washington, NY 11050

ARCHANGEL MICHAEL GREEK ORTHODOX CHURCH
PHILOTOCHOS

CLEAN MONDAY / Καθαρά Δευτέρα

Monday, February 23, 2026
7:00 PM – Compline Service
Q & A Session Immediately Following

?? Have Questions About Great Lent? ??

The Ladies Philotochos warmly invites you to begin Great Lent in prayer, fellowship, and learning.


Please join us for:

- A Lenten meal hosted by the Ladies Philotochos
- An open question and answer discussion with Father John and Father Gabriel.

"Fast the food... not the questions!"

Location: Angelades Fellowship Hall
All parishioners and friends are welcome.

The Ladder of Divine Ascent




Great Lent Dialogues

Following the Pre-Sanctified Divine Liturgy (6:30 PM)
Lenten Meal will be served

Order Book Here! \$35

Dates:
February 25
March 4, 11, 18, 25
(No-Presanctified)
April 1



READY TO LEAD?

AMC
Port Washington, NY

CAMP HELLAS

SUMMER 2026

Junior Counselors
(7th & 8th Graders): **\$125**
Will earn Community Service

Counselor Application

We want to know what makes you a great fit for the Camp Hellas team. Fill out the form to share your passion and show us why you want to be a counselor!

All applications are due June 1st 11:59PM
----ADD LINK HERE----

For more information please Email: camphellas@archangelmichaelchurch.org

Join Us for the Inter-GOYA Bible Bowl!

Friday March 6th 2026 at
The Archangel Michael Church
7:00-9:30 pm in the AMC Fellowship Hall



This year's Bible Bowl will quiz your knowledge of the following passages:

- Gospel of Matthew: Trial, Crucifixion, Resurrection
Matthew 26.3-28.20
- Gospel of Mark: Trial, Crucifixion, Resurrection
Mark 14.32-16.20
- Gospel of Luke: Trial, Crucifixion, Resurrection
Luke 22.47-24.53
- Gospel of John: Trial, Crucifixion, Resurrection
John 18.1-20.29

REGISTER NOW

All Goyans must register by March 1

GOYANS will meet in the church promptly at 7pm for Salutations Service. A Lenten Meal & Icebreakers will take place prior to competition and organizing the teams. Accompanied by GEO Events



QUESTIONS? contact
GOYA@archangelmichaelchurch.org

SYNAXARION

February 16th ~ St. Pamphilus & Companions; St. Flavianos, Patriarch of Constantinople
February 17th ~ St. Theodore of Tyro; St. Mariamne, sister of St Philip
February 18th ~ St. Leo, Pope of Rome; St. Agapetus the Confessor
February 19th ~ St. Philemon, Archippos of the 70, St. Philothei, Marty of Athens
February 20th ~ St. Leo, Bishop of Catanis; St. Agathus, Pope of Rome
**February 21st ~ St. Timothy the Righteous, St. John III of Constantinople
**denotes Challenge Saturday of Souls Divine Liturgy

UPCOMING EVENTS

February

16th ~ Camp Hellas Registration Opens
18th ~ Cooking Club
21st ~ Little Angels
22nd ~ Sunday School Pizza Day after Liturgy
23rd - Clean Monday ~ Great Compline followed by Lenten Meal sponsored by the Philoptochos of AMC
28th ~ St. Paul registration opens

March

1st - Young at Heart Bake Sale
6th - Inter Goya Bible Bowl
8th & 29th - Oratorical Festivals
9th - Enrichment Programs begin
10th - Blood Drive
17th - Young at Heart Luncheon
26th - Hellenic-American Heritage Night

Did you know?

Archangel Michael Church has a website
(<https://archangelmichaelchurch.org>)

that has so much information about the community. Find out about our upcoming events and how to register for them, check the time of services, pay your stewardship and much more.

Αγάπη

"This is My commandment, that you love one another as I have loved you" - John 15:12

MEMORIALS

~ 14 Years for Styliani Drenis
~ 7 Years for Constantinos Germanakos
~ 14 Years for Aspasia Germanakos
~ 42 Years for Chrisoula Ladopoulos

May their Memory be Eternal!

The Coffee Hour is being sponsored by the family of Constantinos & Aspasia Germanakos in their memory.

WELCOME to our VISITORS

Coffee Hour will begin after Divine Liturgy, please join us!
No refreshments will be available during the services.



AMC
Port Washington, NY

CAMP HELLAS

SUMMER 2026

SESSIONS OPEN TO GRADES 1-6

WEEK 1: 6/29-7/3
WEEK 2: 7/6-7/10
WEEK 3: 7/13-7/17

MONDAY-FRIDAY
9AM - 4PM

Early Bird Price
(Before 4/13): **\$350**
Post Early Bird
(4/13 and on): **\$400**
Junior Counselors
(7th & 8th Graders): **\$125**

New Features for Camp Hellas 2026:

- Campers will learn Greek through fun, hands on, engaging lessons
- Religion & Exploring Faith
- STEM
- Music
- Art
- Storytelling
- Dramatic Play
- Outdoor Play
- Games
- Greek Dance
- Olympic Water Games
- Additional 30 Min of Camp
- STEM Program
- Full Time Registered Nurse
- Expanded Art Program

For more information please Email: camphellas@archangelmichaelchurch.org



New York Blood Center

Blood Drive

Archangel Michael Greek Church
Tuesday, March 10th
1:45pm – 7:45pm
100 Fairway Dr., Port Washington

Scan QR Code to sign up or call 516-528-4791

800.933.BLOOD · nybc.org