



The Archangel Michael Church Trumpet

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QUICK NEWS & EVENTS

Fri., March 4:
LIONS Event

Sat., March 5:
Comedy Night

Mon., March 7:
Clean Monday
Great Compline 7p
Followed by Lenten Meal
& Presentation

Tues., March 15:
Annual Blood Drive

Sun., March 20:
Oratorical Festival &
Heritage Library Lecture

Thurs., March 24:
Preschool Open House

Sat., April 9:
Parish Lenten Retreat

Thurs., April 14:
Palm Cross Making
Family Fellowship Night

Mar-Apr 2022 • Issue 59 • Archangel Michael Church • Port Washington, NY



FDF Dance Competition 2022, Phoenix Arizona

Congratulations to the Archangel Michael Church Dance Troupe, under the direction of Ms. Roula Zogopoulos, on their wonderful performances!

The Archangel Michael Church Trumpet

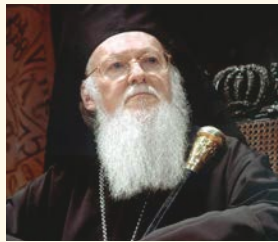
About the Parish

Archangel Michael Greek Orthodox Church
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Port Washington, New York 11050
Phone: 516-944-3180
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Website: ArchangelMichaelChurch.org
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Archangel Michael Church is a parish of the Direct Archdiocesan District and Greek Orthodox Archdiocese of America (www.goarch.org, 212-570-3500) under the spiritual jurisdiction of the Ecumenical Patriarchate of Constantinople.



Archbishop Elpidophoros



Ecumenical Patriarch
Bartholomew

Clergy

Fr. John K. Lardas, Protopresbyter
Fr. Michael Palamara, Presbyter
Fr. Dennis Strouzas, Retired
Protopresbyter of the Ecumenical Patriarchate

Chanter: Petros Malliaris

Office Staff: Dora Gouramanis, Catherine Papagianakis
Christine Zeiner

Parish Council Members

Executive Board

President: John Koumpourlis
1st Vice President: Michael Bapis
2nd Vice President: Nicholas Papain
Secretary: Helen Maropakis
Treasurer: Nicholas Tzoumas
1st Assistant Treasurer: Michael Cavounis
2nd Assistant Treasurer: Chris Neocleous

Stelios Diakoumakis, Fiffy Eliades, Demetrios Frangiskatos, Eleni Germanakos, James Gianakis, John Halkias, Warren Herz, Joseph Isaakidis, George Kaparos, Nick Kokinakis, Michelle Lascarides, Spiro Maliagros, Mark Pappas, Demetrios Ziozis

About the Trumpet

The Trumpet is the newsletter of
Archangel Michael Greek Orthodox Church.

Production

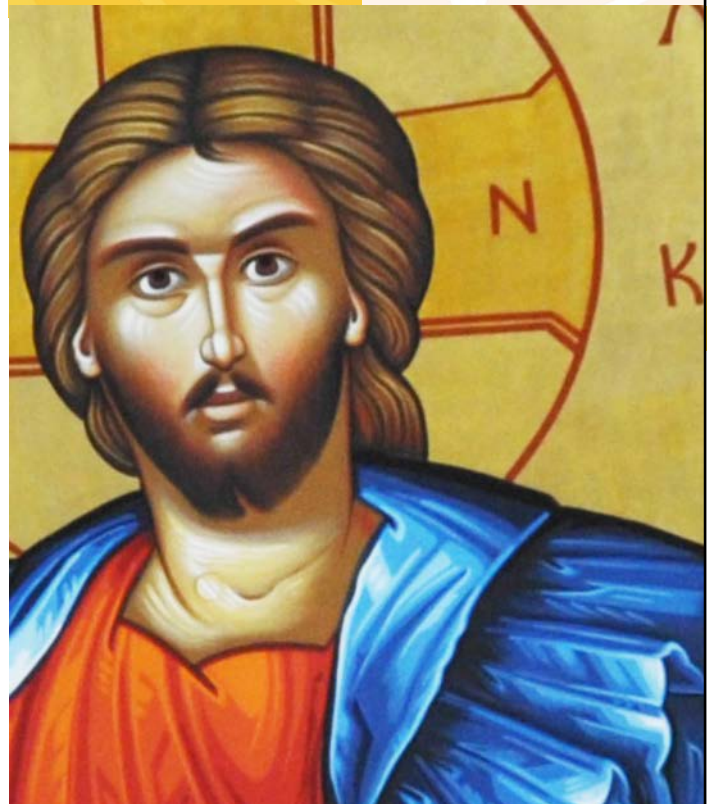
2022 Parish Council President: John Koumpourlis
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Calendar Editor: Christine Zeiner

The Archangel Michael Greek Orthodox Church is dedicated to the continuation of our Lord and Savior Jesus Christ's ministry of salvation through the proclamation and teaching of the Gospel. We are a community of individuals and families who share the traditions and ageless beliefs of our Holy Orthodox Christian Faith.

MISSION STATEMENT

Our vision is to provide a loving, caring and welcoming environment where all belong and grow in the faith through worship, service, witness and fellowship.

VISION STATEMENT



The Trumpet welcomes news and events from our community and organizations.

Please submit information as follows:

Articles: trumpet@archangelmichaelchurch.org

Advertising information and sales: trumpet@archangelmichaelchurch.org

Calendar events: christine@archangelmichaelchurch.org

Mar-Apr Sunday Worship Schedule

Sunday Services: 8:00am Orthros, 9:30am Divine Liturgy

Purpose and Meaning: the Great Opportunities and Joy of the Great Lent



I believe that each person strives for purpose and meaning in life through each experience with which they are presented. The same must be said within the life of Christ and in the life of the Church.

Shortly, the Great Lent will begin. Through the spiritual life of the church, there is a tremendous opportunity to strive towards a great purpose and meaning of faith, towards a personal relationship with God and with one another.

An incredible image of the church is that of a place of healing. St. John Chrysostom in his Great Lent sermons on Genesis captures this spirit precisely when he says, “the church you see is a pharmacy of the spirit”

Frequently, the Church is viewed as a private club or seen only for the purpose of maintaining a social setting often at the expense of the true

mission of the Church, which is called to continue the salvific message of Jesus, to bring personally, to each person’s heart and soul, the forgiveness of their sins.

This distorted view of the church is addressed in the Parable of the Wedding Feast. A king invites good and bad from the highways to attend his son’s wedding feast. Once the guests arrive, the king finds a guest without the proper wedding garment and he cast him out, bounded hand and foot into the outer darkness (Matthew 22:1-14). The person without the wedding garment, is he or she, who does not take the opportunity to be clothed with the healing grace of Christ. The Great Lent presents an incredible opportunity to double down on the incredible spiritual treasury of the Church, with the sole purpose of bringing healing to the soul, which is hurt and ill due to sin.

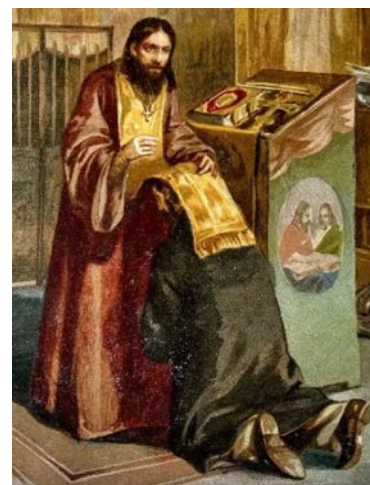
What are the spiritual medicines and vitamins that help heal the soul and nourish it to greater health? Fasting. Prayer. Contemplation on the Holy Scriptures. Confession of sins and works of mercy inspired by the loving grace of God. Sin entered the world, when Adam and Eve broke the fast, God’s command to not eat of the fruit of the knowledge of good and evil. God sought them out to provide healing through His forgiveness; but when He walked toward them, they hid and blamed one another for their disobedience. Fasting is a spiritual exercise that helps heal the passions of the soul. A desert father, Ypereichios, said once, “the fast, is the bridle that restrains the inferior impulses; whoever despises it, looks like an unbridled horse.”

Prayer is flight and breath to the soul. A bird flies on two wings and a Christian flies towards heaven on the wings of prayer and the Holy Scriptures. During this holy time of the Great Lent, the incredible services of compunction help to motivate the soul of a person to prayer. Attempt to build within your schedule a time for prayer and reading the Holy Scriptures.

The tradition of making an appointment for confession is also part of the period of the Great Lent. In the Great Canon of Repentance, the poet and saint hymns the following, “As a potter molds the clay, Thou has fashioned me, giving me flesh and bones, breath and life. But accept me in repentance, O my Maker and Deliverer and Judge.” This one line, out of hundreds of lines in the canon, was written by a saint. The sign of a vibrant relationship with God is a person who sees more and more their sins in light of the light of God. People seek out their accountant for tax season and doctors for their yearly physical. A Christian is called to seek out a priest during the period of the Great Lent to assist in the healing of the soul. The priest is an unworthy witness and healing instrument of the work of the Holy Spirit and God’s grace in the processes of repentance.

Also, along with these spiritual practices there exists the importance of the works of charity and almsgiving. All people, rich and poor have the same basic necessities; one has to work, eat, clean, and if they have children, educate them. This is done day in and day out. After this, everything else is like an amusement park. During this time, learning to give more and live with less creates an incredible spirit of detachment, which brings about a peace of soul.

All prayers and sacraments celebrated by the priest are in the name of the bishop. The bishop’s staff is the double-headed serpent, which is the symbol of healing. All theology, all teachings, all services, all reading of the Scriptures and the life of the saints has one goal and purpose: the healing and health of the soul. “In the middle of its street, and on either side of the river, was the tree of life, which bore twelve fruits, each tree yielding its fruit every month. The leaves of the tree were for the healing of the nations.” (Revelations 22:2)



By Fr. John K. Lardas

Fasting: Our Road Toward Regaining Paradise

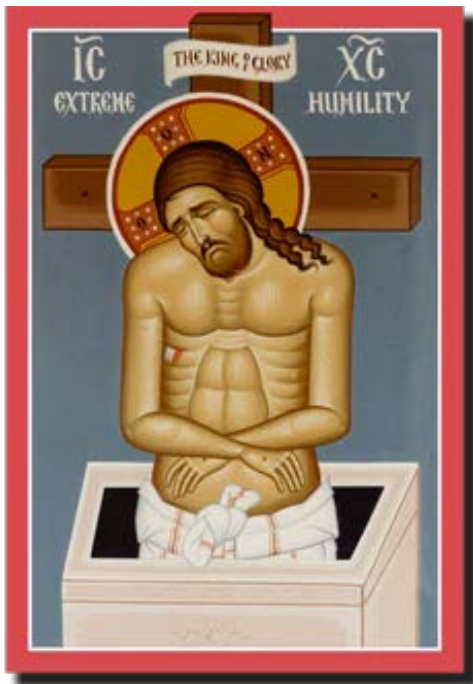
Have you ever fasted for all of Lent? Abstaining from meat and dairy products for 40 days and then Holy Week has largely fallen out of practice in our community and at large. Many people do not have the best connotations in mind when thinking of fasting. We can reject it outright as legalistic, trivial, or archaic. It is true we must avoid fasting like the Pharisees did as the Gospel warns us about, where we judge what other people are eating while we ourselves try to flaunt what wonderful fasting we are doing.

When, with forgiveness and humility, we strive to follow the Lord's example of fasting for 40 days, fasting becomes our way of directing our life to God. By taking the most basic bodily need that we have as humans, nutrition, and making some simple changes based on the Lord's own instruction, we orient ourselves around the Church. We also lack the feeling of satiation which leaves us hungering for something more. When we do not satisfy ourselves with the food of this world, we are able, with more clear eyes, to look for the food of the Lord. When in our abundance we do not feel want, we forget God. We should understand fasting in a very practical sense as transformative.

In fact, the immense benefit of fasting was not always so distant from even our secular society. Eight score years ago, President Abraham Lincoln asked the nation to fast to bring the Civil War and slavery to an end more quickly. We must respect and earnestly give ourselves over to this useful tool of fasting that the Lord gives us.

Fasting connects to the three Triodion Sunday gospel lessons. It is by fasting that we will become like the humble publican from the parable. We may still lose our patience with our spouse or friend; but because we have been more conscious of the Lord, we will be reminded of our weakness and seek reconciliation. It is by fasting that we will become like the prodigal son from the gospel who, while in exile, realized that the food he had to eat was no match for the food in his father's house. We will cease to yearn for worldly de-

lights, and we will only desire the food of our Father's house, the Lord's. It is by fasting that we will become like the righteous sheep from the gospel, who were able to love in the way that Christ expects. We will use the money we save from eating out to feed those who have not. In our hunger, we will sympathize with the hungry. And by feasting on the word of God, we will be conscious and mindful of those less fortunate.



By fasting, a person lightens both his body and his spirit from the weight of darkness and grossness. His body becomes light and vigorous and his spirit bright and clear. By fasting, a man lifts his soul above its earthly prison and penetrates through the darkness of animal life to the light of God's kingdom, his own true homeland. By fasting, a man becomes strong, decisive, and courageous before both men and demons. By fasting, a man becomes generous, meek, merciful, and obedient. By fasting, Moses was made worthy to receive the commandments from God's hands. By fasting, Elijah closed the heavens so that there was no rain for four years and then once again opened them. By

fasting, Daniel was saved from the Lions den, the three children from the burning, fiery furnace. By fasting, the Jews following Queen Esther's lead were saved from the persecution of Haman. By fasting, the city of Nineveh was saved from the destruction that the prophet Jonah had prophesied for it. By fasting, John the Baptist became the greatest of those born of woman. By fasting, Saint Anthony overcame all the hordes of demons and drove them away from himself and not only Saint Anthony but all of the countless armies of Christian saints who struggled with asceticism and became the greatest heroes in human history. For they conquered that which is most difficult to overcome -- themselves -- and in conquering themselves, they conquered the world and Satan. It was by breaking the fast that Adam and Eve lost paradise, and it will be by keeping the fast that we will regain paradise.

Fr. Michael Palamara

THE ARCHANGEL MICHAEL SUNDAY SCHOOL

A little over 40 years ago, a number of area families formed a koinonia as they reflected on the desire to establish a religious community that embodied the enduring traditions and ageless beliefs of our Orthodox faith. In 1980, those first dialogues became reality, and the Archangel Michael Church was launched with its many ministries that included a Sunday School.

Under the leadership of its first director, Rita Scandalios, and with the assistance of Argy Chafouleas, Christina Patchias, and Anna Vrettos who helped develop the program, the Archangel Michael Sunday School eagerly sprang forward with no tables or chairs and few resources. United with strong beliefs and impressive skills grounded in love and worship, six enthusiastic and unwavering teachers joined in and optimistically welcomed 24 nascent students. It is that initial koinoi of the founding trustees that has ceaselessly nurtured the devotion, inspiration, dedication, and spirit of Archangel Michael's teaching staff in the preservation and transmission of the apostolic tradition to the children of our community.

We have gone from our original 24 students to our current 250 students in grades from Nursery (3 year olds) to Young Adults (17 year olds). As we continue to serve the mission of spreading God's message, sincere congratulations go out to the entire Archangel Michael family for its irrepressible spirit and dynamic energy.

We would like to thank our devoted Sunday School staff and teachers. Director: Anna Vrettos; Assistant Director: Sevasmia (Sara) Savva; Office staff: Libby Doumanis, Valerie Papain; and all our teachers and assistants: Millie Gianoukakis, Kally DiPreta, Kathy Drenis, Helen Pappas, Andrea (Niki) Maropakis, Kathy Pappas, Anna Theodosopoulos, Androula Xenophontos, Maria Brountzas Dimopoulos, Katina Brountzas Kostaridis, Chris Ioannou, Michelle Lascarides, Constantine Pourakis, Lou Germanakos, Eleni Raptis, Harry Harris, Alexander Gianoukakis, Sophia Xenophontos, Spiridoula Xenophontos, Gabrielle Pappas, Kathryn Papagianopoulos, Georgia Katsoulis, and Paula Pourakis.



SERVICES OF THE GREAT LENT 2022

Pre-Sanctified Liturgies at 6:30PM Wednesdays, 9:30AM Fridays

Bible Study & Book Club will be at 11:00AM on Wednesdays and 8PM on Thursdays each week

Greek School Pre-Sanctified Liturgies

Tuesday, March 8 at 4:00PM– No Compline, Wednesday March 9 at 6:00PM

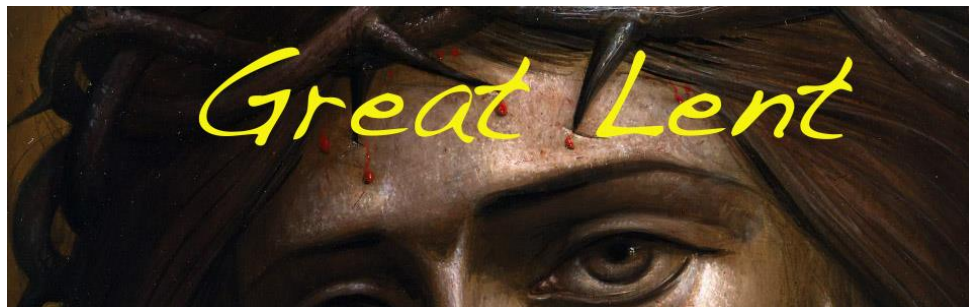
Great Compline

Mondays at 4:00PM, Tuesdays at 7:30PM–No Compline on March 8

Great Lent Vespers

Thursdays at 7:00PM & Bible Study/Book Club 8PM

Sat. Feb. 26	The Saturday of the Souls	
Sun. Feb. 27	Meat-fare Sunday	
Sat. March 5	2 nd Saturday of the Souls	
Sun. March 6	Cheese-fare Sunday	
	The Holy Vespers of Forgiveness	5:00PM
Mon. March 7	Clean Monday	Great Compline 7:00PM
Fri. March 11	Pre-Sanctified Liturgy	1st Salutations 7:00PM
Sat. March 12	The Miracle of the Kolyva	
Sun. March 13	The Sunday of Orthodoxy	
Fri. March 18	Pre-Sanctified Liturgy – 9:30AM	2nd Salutations 7:00PM
Sat. March 19	Challenge Divine Liturgy	
Sun. March 20	Sunday of St. Gregory Palamas	
Fri. March 25	The Feast of the Annunciation	3rd Salutations 7:00PM
Sun. March 27	The Sunday of the Cross	
Fri. April 1	Pre-Sanctified Liturgy– 9:30AM	4th Salutations 7:00PM
Sat. April 2	Divine Liturgy & Archdiocesan District Clergy/Laity	8AM-3PM
Sun. April 3	The Sunday of St. John of the Ladder	
Fri. April 8	Pre-Sanctified Liturgy– 9:30AM	Akathistos 7:00PM
Sat. April 9	Archangel Michael Parish Great Lent Retreat	9AM-1PM
Sun. April 10	The Sunday St. Mary of Egypt	
Thur. April 14	Great Compline- 6:30PM	Family Fellowship Night & Palm Cross Making
Fri. April 15	Pre-Sanctified Liturgy– 9:30AM	
Sat. April 16	Saturday of Lazarus	Challenge Divine Liturgy



HOLY WEEK SERVICES 2022

Saturday, April 16	<u>SATURDAY OF LAZARUS</u> 9:00 a.m. Orthros 10:00 a.m. Divine Liturgy (Challenge Divine Liturgy)
Sunday, April 17	<u>PALM SUNDAY</u> 7:15a.m.-Orthros 8:30a.m.-1st Divine Liturgy 11:00 a.m.-2nd Divine Liturgy 7:30p.m.-Service of the BRIDEGROOM
Monday, April 18	<u>HOLY MONDAY</u> 8:30a.m.-Pre-Sanctified Liturgy 7:00 p.m.-Service of the BRIDEGROOM
Tuesday, April 19	<u>HOLY TUESDAY</u> 8:30a.m.-Pre-Sanctified Liturgy 7:00 p.m.-Service of the BRIDEGROOM
Wednesday, April 20	<u>HOLY WEDNESDAY</u> 8:30a.m.-Pre-Sanctified Liturgy 3:00p.m.-The Holy Sacrament of the HOLY UNCTION 7:00p.m.- The Holy Sacrament of the HOLY UNCTION
Thursday, April 21	<u>HOLY THURSDAY</u> 5:45a.m.-1st Vesper Liturgy of St. Basil, Institution of The Mystical Supper (Church) 8:30a.m.-2nd Vesper Liturgy of St. Basil, Institution of the Mystical Supper (Church) 7:00p.m.-Service of the HOLY PASSION (Celebrated by His Eminence Archbishop Elpidophoros)
Friday, April 22	<u>HOLY FRIDAY</u> 9:00a.m.-Royal Hours 11:00a.m.-2:30 p.m. Youth Good Friday Retreat 3:00p.m.-Great Vespers of the Descent from the Cross 7:30p.m.-THE SERVICE OF THE LAMENTATIONS
Saturday, April 23	<u>HOLY SATURDAY</u> 8:30a.m.-Divine Liturgy of St. Basil 11:00p.m.-The Service of the Holy Resurrection 1:30a.m.-Traditional Easter Meal (Sponsored by the Archangel Michael Church)
Sunday, April 24	<u>HOLY EASTER</u> 10:30 a.m.-The Agape Service (Easter Egg Hunt and Chocolate Easter bunnies to be given to all children)
Monday, April 25	ST GEORGE
Friday, April 29	THE LIFEGIVING FOUNTAIN

Great Lent Retreat

“Written for Our Instruction” (1 Corinthians 10:11):

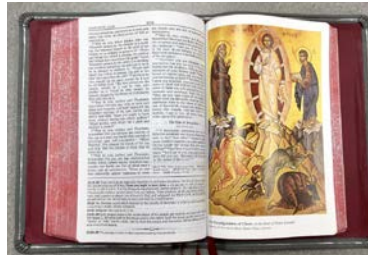
Reflections on the place of Scripture in our Church and in our Lives

Saturday, April 9th, 2022

@

The Archangel Michael Greek Orthodox Church 100 Fairway Dr., Port Washington, NY 11050

*“Then I saw another angel
flying in the midst of heaven,
having
the everlasting gospel to
preach to those who dwell on
the earth—to every nation,
tribe, tongue, and people—
(Revelation 14:6)*



*“Most assuredly, I say to you,
he who hears My word and
believes in Him who sent Me—
has everlasting life, and shall
not come into judgment, but
has passed from death into life.
(John 5:24)*

*“and that from childhood you have known the Holy Scriptures,
which are able to make you wise for salvation through faith which
is in Christ Jesus.” (2Timothy 3:15)*

Presenter: Rev. Fr. George Parsenios, PhD (Professor of New Testament)
Dean of Holy Cross School of Theology



8:00AM—Divine Liturgy of the Akathist Hymn

9:00AM—Continental Breakfast

10:00AM—**1st Presentation**

11:00AM—Teaching How Koliva Is Made

12:00PM—**2nd Presentation**

1:00PM—Lunch & Wrap Up

Join us for part of the day or for the whole day! Excellent spiritual preparation as Holy Week approaches. Please call the church office to register 516-944-3180 or visit the following link: <https://forms.gle/RkXbqcMAUGsLrt5U6>



The Archangel Michael Greek Orthodox Church
Following the Pre-Sanctified Divine Liturgy

Pre-Sanctified Divine Liturgy—6:30PM

Lenten Meal—7:30PM

Stories of Faith—8:00PM

March 9th—Special Lenten Food Presentation by the Cooking Club

March 16—Michael Coretsidis/GOYA

March 23—Kirk Lazaridis/Book Club & Bible Study Group

March 30—Fran Soteriou/Hosted by Philoptochos

April 6—John Koumpourlis/Hosted by the Parish Council

April 13—Stavros Gianokopoulos/Hosted by the YAL



Sacraments

Fri, March 4	3:00 p.m., Wedding of Pavlo Pavlatos & Ashley Scognamiglio	Sat., April 2	11:00 a.m., Baptism: Child of Peter & Sofia Cocolaras
Sat, March 5	12:30 p.m., Baptism: Child of Fotini & Daniel Barkas	Sun., April 3	1:00 p.m., Baptism: Child of Froso & Dennis Augoustatos
Sun., March 6	2:00 p.m., Wedding of George Pappas & Vanna Kritsas	Sat., April 9	11:00 a.m., Baptism: Child of Manny & Elena Elenis
Sat., March 12	12 Noon, Baptism: Child of Zach & Kristina Zachariadis		2:00 p.m., Baptism: Child of Marc & Monique Beccellato
Sun., March 13	1:30 p.m., Baptism: Child of Kalliopi & Nicolas Miller	Sun., April 10	1:00 p.m., Baptism: Child of Katerina & Michael Margiotta
	3:30 p.m., Baptism: Child of Stephen & Dana Buccellato	Sat., April 30	10:00 a.m., Marriage Blessing & Chrismation Nicole & Stamatios Regoukos
Sun., March 20	1:00 p.m., Baptism: Child of Christopher & Calliope Cinelli		11:00 a.m., Baptism: Child of Nicole & Stamatios Regoukos
	3:00 p.m., Baptism: Child of Joanne Spaliaras & Terry Frangopoulos		2:00 p.m., Wedding of Nicholas Kavourias & Sandra Katrakazos
Sat., March 26	11:00 a.m., Baptism: Child of Manny & Erin Diamantakis		

17th ANNUAL BLOOD DRIVE

The 17th Annual Archangel Michael Church Blood Drive will take place on Tuesday, March 15 from 2:30 p.m. - 8:30 p.m in the Angeliades Fellowship Hall. Now, more than ever, your support is needed. New York Blood Center (NYBC) has informed us that we have a National Crisis, as the blood supply across the country has reached a critical point. Give the gift of life and donate blood! For more information, please call Marina Vlahos at (516) 627-7303

PARISH COUNCIL 2022

Following the oath of office administered at the conclusion of the Divine Liturgy on January 23 to new and returning members of the Parish Council, a meeting was held to elect the 2022 Executive Board. Congratulations and best wishes to:

President: John Koumpourlis

1st Vice President: Michael Bapis

2nd Vice President: Nicholas Papain

Secretary: Helen Maropakis

Treasurer: Nicholas Tzoumas

1st Assistant Treasurer: Michael Cavounis

2nd Assistant Treasurer: Chris Neocleous

Additional Parish Council members include: Stelios Diakoumakis, Fiffy Eliades, Demetrios Frangiskatos, Eleni Germanakos, James Gianakis, John Halkias, Warren Herz, Joseph Isaakidis, George Kaparos, Nick Kokinakis, Michelle Lascarides, Spiro Maliagros, Mark Pappas, and Demetrios Ziozis.



STEWARDSHIP UPDATE

May 2022 be a year filled with joy and hope, and God willing, the end of the Covid-19 Pandemic!

Below is a summary of our 2021 Stewardship Campaign followed by the kickoff of our 2022 campaign.

[2021 Stewardship Recap](#)

**As of December 31, 2021 we have collected over \$700,000 from 721 active stewards.
Thank you for your generous support!!!**

On behalf of the Archangel Michael Church, we thank each devoted parishioner for responding with continued support and generosity. While we are continuing to work through the challenges of the pandemic, we have come together as a community and your support of our church is appreciated.

Contributions from our community to stewardship in 2021 were very strong considering we were dealing with the difficulties of a pandemic. For 2021, there were 721 families who contributed approximately \$700,000 to the church, for an average of approximately \$971 per family. That compares to 647 families contributing \$599,000 in 2020, for an average of approximately \$925 per family. Although there were 107 new families who joined us this year, the net gain after taking into account those who left, was 74 families. **Our total of 721 is the greatest number of active families we have ever had at the church. This is a very special milestone for our community of which we should be very proud.** All the stewardship for 2021 has been collected.

Below is the summary of the stewardship levels:

	<u>December 31,</u> <u>2021</u>	<u>December 31,</u> <u>2020</u>
	<u>Number of Stewards</u>	
Stewards Under \$500	108	145
Stewards between \$500 and \$1000	378	299
Stewards Over \$1000	235	203
Total	<u>721</u>	<u>647</u>
	<u>Amounts Collected</u>	
Stewards Under \$500	\$ 30,527	\$ 41,886
Stewards between \$500 and \$1000	\$ 238,175	\$ 175,438
Stewards Over \$1000	\$ 430,459	\$ 381,898
Total	<u>\$ 699,161</u>	<u>\$ 599,222</u>

As you can see, we had outstanding support this past year. We are extremely appreciative of the parishioners for their generosity, as we have seen an increase in our average stewardship contribution.

2022 Stewardship Campaign

Stewardship is the personal and financial contribution that parishioners make to support the operation of our church and its ministries. All stewardship funds are allocated to the operating expenses of the church and its facilities, including essential items like insurance, utilities, maintenance, and snow removal. It also includes the salaries of the clergy and office and church staff, supplies, postage, etc. While the stewardship contributions made in 2021 were a record for our community, they still only accounted for approximately 70% of the total operating budget of the church. For 2022, our budgeted operating expenses are \$1,120,000. If we maintain 720 active families, that equates to roughly \$1600 annually for the stewardship contribution per family to cover all operating expenses. With only about 70% of the church's expenses covered by stewardship, the remaining 30% is generated primarily from

annual fundraising events such as the Super Raffle, the AMC Golf Outing, the 5K Run, and special events like concerts and other fundraising activities. In addition, donations from candles, trays, and gym or hall usage help to cover expenses. This highlights a significant reliance on income from special functions to keep the church functioning properly.

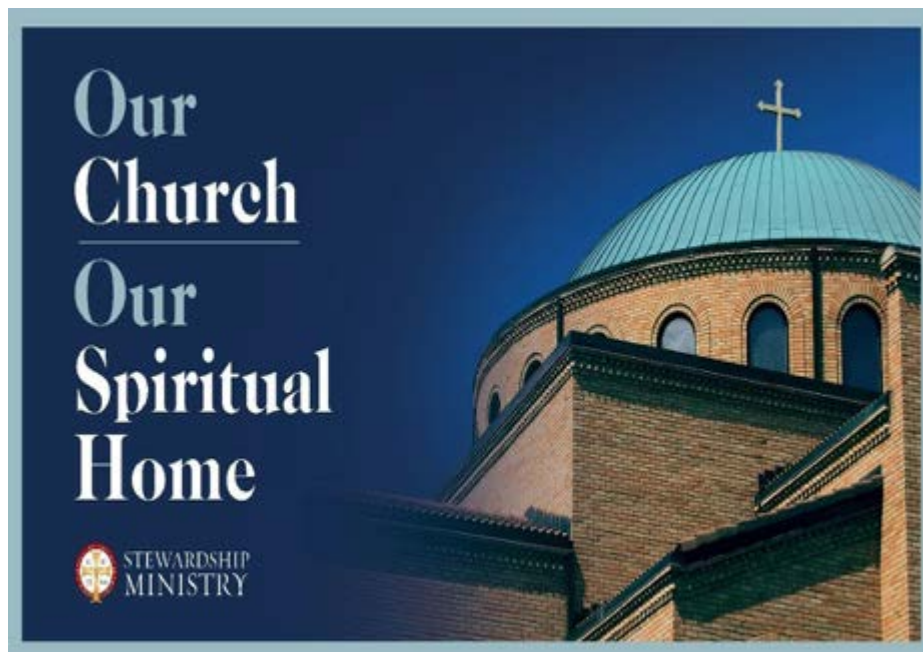
As you consider your stewardship pledge to the Archangel Michael Church for 2022, please take into consideration that the goal of the Parish Council is to have the operating budget generated entirely from the stewardship of the faithful. The average cost per family to operate the church would be \$1600; however, it is understood that some will be able to give more, and for others, it may be less. **But remember that Stewardship should be whatever one chooses to donate** based on means and conscience. We are all called to give as we can. “Treasure” is not the only aspect of Stewardship; time and talent are important as well. These include volunteering to serve on church committees, helping to organize and execute church functions, singing in the choir, teaching Sunday School, cleaning, and maintaining the church, and other forms of ministry; stewardship is engagement in the total life of the church. We invite each parishioner to join us in doing so. Your assistance will be gratefully appreciated by all!

Visit <https://archangelmichaelchurch.org/stewardship/> to make your stewardship contribution online.

*May the blessings of the Lord Jesus Christ, the love of God the Father,
and the communion of the Holy Spirit be with you*

STEWARDSHIP SERMON

The Stewardship Ministry Sermon below was posted on the Archdiocese website (www.goarch.org) on September 23, 2021



“The Church is the unity of all worlds, earthly and heavenly, of angels and men, of the living and the dead. We obtain real communion with God, and we participate in God’s uncreated energy. God does not stay in heaven, directing history from there. He directs the world with His uncreated governing energies. We do not aim at appeasing God, but to heal ourselves, so that the vision of God becomes light for us and not fire. Furthermore, in the Church we live eternal life starting from now. We do not simply await the life to come, but we experience and enjoy it from the present. The Kingdom of God, according to the Fathers, is not life beyond the grave, but communion with God, above all, the vision of the uncreated Light.”

Metropolitan Hierotheos of Nafpaktos

The Illness and Cure of the Soul in the Orthodox Tradition

The theme for 2022 is *“Our Church. Our Spiritual Home,”* stressing the importance of worshiping and praying together in church. Home is safe and familiar. It is where we belong. Our Orthodox Christian Church is our spiritual home. It is a place of prayer, comfort, spiritual healing, and celebration. We are at home in the fragrance of incense, the sound of hymns and prayers, the physical touch of kneeling, bowing, and making the sign of the cross, and the taste of Holy Communion and antidoron (the blessed bread). You may have been brought to the Orthodox Church on your 40th day, or the Orthodox Church may have been the destination of your spiritual journey. For both, the Church is a spiritual home to which we may always return. We are brothers and sisters in Christ - a family.

One Orthodox Christian author writes about the Ekklesia (the Church) thusly, “This Ekklesia exists when the dispersed, divided, self-preoccupied people unite and become a family, where people see one another as brothers and sisters with God as their common father, and try to share whatever they have and whatever they are, and be united in heart and soul” (P. Faros in *Functional and Dysfunctional Christianity*).

Our Church is so much more than a building. It is where we turn for comfort, support, and healing. It is where we make true Christian friends that last a lifetime. No matter where we go in the world, we can come home to the Orthodox Church to be surrounded by the same familiar elements: altar, iconostasion (icon screen), pulpit, altar table, tabernacle, iconography, baptismal font, candles and more.

Church is not so much a place as it is what we are together. We are called to be the Body of Christ to witness to God in the world. When we truly become members of the Church, transfigured by our faith and worship, we become what the Church was intended to be. As Saint Paul writes to the Ephesians, “So then you are no longer strangers and aliens, but you are citizens with the saints and also members of the household of God” (Ephesians 2:19).

We enter our spiritual home not to be entertained, but to be a part of a community of believers. We receive Jesus Christ in Holy Communion. As we pray, worship, and serve together, we become His Body. To be truly a member of the Church as Body of Christ requires our presence and our engagement with one another -- in worship, study, and service to others. We grow spiritually as a family. We give sacrificially as we acknowledge that all we have comes from God.

“...in the Church we live eternal life starting from now. We do not simply await the life to come, but we experience and enjoy it from the present. The Kingdom of God, according to the Fathers, is not life beyond the grave but communion with God....” -Metropolitan Hierotheos of Nafpaktos

From our spiritual home we are sent out as “phosphoroi” - bearers of His light in the modern world, setting an example by our mutual understanding and love. As we do so, we pray for each other, listen, and learn from each other, disagree respectfully, restore civility, and find a common purpose.

In our spiritual home, we grow together as we share our spiritual life. We give sacrificially to support our local parish because when we give of our first fruits, we set our priorities on God and have a constant reminder that all we are and all we have are His.

We are stewards of the Gospel and the stewards of our parish. We see our church, not as it is, but as it could be. We offer our treasure and ourselves sacrificially, so that, as members of the Body of Christ, we may reach our full potential in Him.

CLEAN MONDAY, March 7

Great Compline, 7 p.m.

Followed by Philoptochos-sponsored Lenten meal at 8 p.m. &
presentation on the history, purpose, and opportunities of Great Lent
by Prof. George Demacopoulos

PHILOPTOCHOS

PHILOPTOCHOS WINTER COAT DRIVE

The holiday season was behind us, snow was covering our front lawns and as we entered the coldest months of the year, the Archangel Michael Ladies Philoptochos went into action with a Winter Coat Drive. The health effects of extreme cold are life-threatening. Cold weather makes the body work harder, putting stress on the heart to ensure the body stays warm; children are unable to regulate their body temperatures, putting them at greater health risk. The shelter of a coat is a basic need, and the need has grown, largely due to the COVID-19 pandemic. Thanks to the generosity of our community we collected 55 men's coats, 50 women's coats and 25 children's coats. We have all seen the New York Cares posters of a freezing Statue of Liberty; we partnered with New York Cares to distribute our coats to those most in need. Last year they distributed over 100,000 coats, and this year we are a small part of giving warmth to our fellow New Yorkers.

PHILOPTOCHOS LITERACY INITIATIVE

Each year the Archangel Michael Ladies Philoptochos has partnered with different literacy organizations to promote literacy for children and adults alike. In 2019 we partnered with the Book Fairies; in 2020 we partnered with Operation Paperback; and in 2022 we partnered with If You Give A Kid A Book. If You Give A Kid A Book is a literacy program focusing on under-served children from pre-K to 3rd grade. Research proves that children who do not read at grade level by third grade are four times less likely to graduate from high school, and these numbers triple for children who experience poverty. The best way to curb these numbers is to make reading fun for children. In partnering with the Port Washington Pre-K program, Philoptochos purchased 76 copies of *Good Night, Moon* that were distributed to the children to read, enjoy, and take home to start their own home libraries. Handwritten inside the front cover of each book was the child's name and the message, "Happy Reading from the Archangel Michael Ladies Philoptochos". The teachers were very pleased to share this book with the children, and the children squealed with delight upon receiving the personalized books and wrote "Thank You" notes to Philoptochos.



PHILOPTOCHOS SEMINAR SERIES

On January 31, Archangel Michael Ladies Philoptochos hosted the seminar, “Protect Your Health- Protect Your Wealth” with Constantina Papageorgiou.

Ms. Papageorgiou is a partner in Vishnick McGovern Milizio Trust and Estates Practice, specializing in estate planning and elder law. The primary goal of Elder Law planning is to provide life-long protection of your hard-earned assets for both yourself and your family. She shared her vast knowledge covering topics including: the various types of Medicaid and the corresponding eligibility and finance requirements; protecting your assets and estate tax protection; different types of trusts; and the importance of preparing a will and keeping it updated. Ms. Papageorgiou has a wealth of knowledge, is a true expert in her field and answered all of our questions with care and understanding. We all came to realize that the time to plan for tomorrow is today!



PHILOPTOCHOS COOKING CLUB

Did you ever wonder how those delicious Loukoumades are made at the festival every year? The origins of Loukoumades is ancient; legend has it that these deep fried donuts were offered to the winners of the first Olympic Games in 776 BC. On January 22 the Archangel Michael Ladies Philoptochos Cooking Club presented the famous recipe and technique for Loukoumades. Our guest Chef Magda Gerazounis with Assistant Chefs Cally Barberis and Anna Giouroukakis took us step by step through the process of creating the perfect dough, patiently letting it rise, and the special technique of placing those amazing balls of dough into the hot oil to create a golden crisp exterior that’s light and fluffy on the inside. Novice chefs with a little practice became experts quickly. The recipe that we use at the festival has been modified below for our home chefs. Enjoy!



LOUKOUMADES RECIPE

3 lbs. all-purpose flour

6 cups lukewarm water

2 Tbs. Active Dry Yeast

1/4 Cup Sugar

1/4 Cup Corn Oil for dough, plus enough for deep frying based on the size of your pot

3/4 Tsp Salt

3/4 Tsp. Orange Extract

For the syrup: Use whatever favorite syrup recipe you prefer for your melomakarona, baklava or galaktoboureko. Give it aroma with a cinnamon stick, orange rind, even cloves and vanilla if that is to your taste. Add honey to the syrup for a richer color and deeper texture.

Procedure: Dissolve yeast in one cup of lukewarm water. Water must not be too hot so as to not kill the yeast. Mix well and let stand for 5 minutes. Add sugar and let stand for another 5 minutes. Add salt and orange extract and let stand for another 10 minutes minimum, in a warm place until you prepare the dough.

In your mixer with the paddle attachment add 1 cup of the lukewarm water along with the corn oil. Start the mixer on speed 1 (never use speed 3). Add some flour and allow the paddle to combine for a few spins, then alternate the balance of flour, yeast mixture and lukewarm water for 5 minutes. Go to speed 2 for another 5 minutes to allow the gluten to develop.

Cover with plastic wrap and allow to rise in the metal mixing bowl or in a ceramic bowl in a warm place or covered in a towel on your counter until doubled in volume. If the room temperature is low, warm your oven to 175° F and turn it off. Place the mixture in the warmed up oven to rise. Leave the oven door open to release some heat if it feels too hot. Plastic containers can be used (we use these at the festival due to the volume of the mixture, but they are not ideal for retaining heat). To achieve the perfect texture after frying, which is crispy and golden on the outside and fluffy and airy on the inside, be sure to give the dough ample time to rise. When ready for frying, the dough should have a “jiggle” like jello that is almost set, and a very elastic consistency.

Frying: The goal is to deep fry the loukoumades in hot corn oil so that they are spaced enough apart not to become mushy and less crunchy on the outside: Into a medium sized frying pan pour enough corn oil to deep fry the loukoumades. Heat the oil on medium heat until hot. Test if the oil is ready by dropping a bit of the dough mixture into it. If it sizzles, the oil is ready. A more accurate way is to use a kitchen thermometer. The oil is ready when it reaches a temperature of 320° F.

Keep a cup of corn oil at hand. Dip your teaspoon in the oil. Dip your left hand into the dough if you are right-handed and vice-versa if you are left-handed. Using your palm, squeeze out a small portion of dough between your thumb and index finger as if you are making a fist. Using the spoon with your other hand, grab the dough ball off your palm; and let it drop into the hot oil. Repeat this procedure until the surface of the pan is comfortably filled. You should dip the spoon into the oil, shaking off the excess, with every ball so that the batter doesn't stick on the spoon. Use a slotted spoon to push the loukoumades into the oil and turn them constantly on all sides so that they brown uniformly. (Ideally this is a two-man job! It's great to have someone frying while the other is dropping the dough into the oil.) Drain on paper towels,

then transfer to an aluminum pan into which you have poured a generous amount of your prepared syrup and gently mix to combine. Repeat this step with each batch. Serve on a large platter drizzled with more syrup and sprinkled with cinnamon.

IT'S THAT TIME...

A friendly reminder to renew your Philoptochos membership for 2022. We could not be more proud and honored by your support and membership. Philoptochos believes in the strength that comes from community and from moving ahead together as one! We look forward to another year ahead with you all together as we move happily towards this year's goals and emboldening our mission. As Philoptochos celebrates 90 years of service, we recognize our members, and that through their hard work and devotion our beloved organization has grown into a formidable "Army of Agape" dedicated to serving our brothers and sisters in need.

HERITAGE LIBRARY AND BOOKSTORE

From Their Lips

Voices of Early Christian Women



V.K. McCarty

GORGAS ♦ PRESS

In Celebration of Early Christian Women

In conjunction with the rededication of the Heritage Library on March 20, our Spring Lecture will feature V.K. McCarty, author of *From Their Lips: Voices of Early Christian Women*. V.K. will introduce her new book, which explores the lives and ministry of a dozen Early Christian Orthodox saints who were women--after all, they are "half the faithful," as she says.

In stories taken from the Greek Fathers and other ancient texts, these courageous women stand out as significant contributors to the story of Early Christianity even though their words were often later edited out of the text. The book opens in the New Testament with the "purple fabric" dealer, Lydia, who, after hearing the Gospel, was baptized by St. Paul; it continues on with Paul's preaching co-worker St. Thekla from the Apocryphal Acts.

One of the three elders from The Sayings of the Desert Fathers who was actually the woman Amma Syncletica opens the mysteries of mystical prayer for the reader, while the 9th-Century hymnographer Kassia praises the Incarnation in hymns still included in the Orthodox Liturgy, especially "Lord, the Woman Fallen into Many Sins," chanted during Holy Week. From Jerusalem to Antioch, to Alexandria and Constantinople, the expanding faith of Early Christianity included the prayerful witness of several faithful Orthodox female saints.



V.K. McCarty lectures in Ascetical Theology at General Theological Seminary and preaches at St. Gregory's Orthodox Mission, both in New York City. Her sermons are available from Public Orthodoxy (<https://publicorthodoxy.org/tag/vk-mccarty/>), and her book is available at the Heritage Library Bookstore. Contact heritagelibrarybookstore@archangelmichaelchurch.org to order your copy today or call Connie Parsons at 516 551-9223. You will also be able to purchase a copy at the lecture where the author would be happy to sign her book for you after the presentation.

We look forward to seeing you at this exciting program on **Sunday, March 20, 2022** after the Liturgy at 11:45 a.m. in the Angeliades Fellowship Hall.

GREEK LANGUAGE INSTITUTE

The Archangel Michael Church Greek Language Institute celebrated the Three Hierarchs / Greek Letters Day on February 6. Our current 8th graders, students of Mr. Vangelis Chazioglou, recited various speeches describing the lives of St. Basil the Great, St. Gregory the Theologian, and St. John Chrysostom, the ecumenical teachers of our Greek Orthodox Church. Their devotion to the Church manifested itself through their dedication to teaching the holy writings and spreading the word of our Lord. This feast day also commemorates the ministry of teaching. At our celebration, we honored our AMC GLI teachers and Principal Gregoria Giannou for their dedication and service to the Greek language and culture.



In anticipation of Greek Independence Day and the Annunciation of the Virgin Mary on March 25, our students prepared speeches and songs which were shared with our greater AMC GLI community. While, in many ways, the pandemic was and continues to be a challenging force in promoting education, our AMC GLI faculty refuse to allow it to deter us from our mission of upholding Greek language, religion, and culture! We want to remember that the war of Greek Independence, beginning in 1821 and lasting seven years, was fought against the Ottoman Empire and culminated in freedom for our forefathers. The children have been learning about the bravery, intellect, and passion of eternal heroic figures such as Bouboulina, Kolokotronis, Feraios and Ypsilantis. It is important for the students to be proud of their rich culture and hold the virtues of those who came before them deep within their hearts. In the famous words of revolutionary poet, Rigas Feraios, "Καλύτερα μιας ώρας ελευθερή ζωή, παρά σαράντα χρόνια σκλαβία και φυλακή" ("It is finer to live one hour as a free man than forty years as a slave and prisoner.") May God continue to bless our beautiful country and all those of Greek descent, near and far!

On behalf of the AMC GLI Greek School Board, may your Easter be filled with happiness, love, and the grace of God! Happy Easter!

GREEK LANGUAGE INSTITUTE PTA

The New Year began with the traditional cutting of the Vasilopita. Each Greek School class received a Vasilopita and had the honor of having Fr. John and Fr. Michael bless and cut the Vasilopita. Such a nice tradition to begin the year!

For the second year in a row, the Annual Glendi was canceled due to COVID-19. In lieu of a Glendi, GLI PTA conducted an online raffle with many great prizes. Donations from businesses and families within and outside of the Archangel Michael community made this online raffle possible. We wish to thank everyone for their support in making the fundraiser a success.

Proceeds from the raffle will be used for expanding technology to enhance instruction. We have already seen the benefits of technology over the past few years. We equipped the teachers with computers and various programs which helped them when we needed to transition to remote learning and which continue to be used to enhance in-person instruction. We would now like to purchase items such as SmartBoards for the classrooms. Depending on the features of the SmartBoard, the cost can be up to \$6000 per board. In addition to the purchasing of these boards, the staff will need training in how to use them. This is an expensive endeavor which will take multiple fundraisers. The use of SmartBoards enhances the teachers' lessons and the students' learning and develops them both for the 21st century skills they need to be successful. If you are interested in offering a donation or sponsoring this initiative, please contact the Archangel Michael GLI Board at GLI@archangelmichaelchurch.org. Any and all donations are welcomed!

The GLI PTA looks forward to hosting coffee hour on Sundays after Divine Liturgy. We welcome all the families to join us in the Fellowship Hall.

Thank you to all the parents for the continued support in making our Greek School a success! If anyone is interested in joining the PTA Board or volunteering, please contact Vickie Geleris at (914) 434-5177 or Callie Moliviatas at (347) 414-3444

Wishing everyone a Kali Sarakosti and Kalo Pascha!

PRESCHOOL



March comes in "like a lion and goes out like a lamb." Our rooms will be decorated with lions, lambs, kites and Greek Flags in celebration of Greek Independence Day. As April arrives, the children will be looking forward to spring, playing outside in the warm weather, and the celebration of Easter. Our rooms will be decorated with spring and Easter projects.

Pre-K Class

In March, we will explore clouds with each child taking a turn at being “Meteorologist for the Day” by telling the class what the weather is like outside. In April, the children will explore colors by mixing egg dyes to make unique colors for their Easter Eggs. Letter and number recognition continues through the use of various manipulatives. The after-school Greek Enrichment program continues to be offered to the children of the Pre-K class. It affords them the opportunity to be introduced to the Greek language.



Nursery Class

The children will continue learning their letters, numbers, shapes, and colors and will also be working on their alphabet and number books using various forms of art. They will also be working on their spring and Easter projects and shapes. Fine motor skills are continuously enhanced through activities such as cutting, coloring, and working with Play-Doh. The children are learning their Greek numbers and colors through songs and finger play and enjoy listening to Greek stories while associating the words with felt cutouts for further understanding.



Toddler Class

The students continue to work on basic skills learning and social development. They are counting, reciting the alphabet, and working on colors and shapes. They are coloring and gluing and are proud of their craft projects. Spring themes are evident throughout the classroom. The children are eagerly awaiting Easter and the warmer weather to play outside in the school playground. They are also learning Greek songs and poems through puppets and finger play.

In addition, the following are being offered to our children:

Music, body movement, and dancing, with Miss Georgia, are being enjoyed by all.

Color Theory continues to provide the children with different art activities through which they are learning to create projects using paint.

Jump Bunch, our new gym program, introduces the children to a variety of sport activities which has them interact with each other and various manipulatives.

Soccer Shots Is an after-school program which introduces the children to the fundamental rules on which soccer is based.

Upcoming Events

March

Wednesday, March 9	Parent Teacher Conference	School Closed
Thursday, March 22	Picture Day	School Open
Thursday, March 23	Preschool Open House	School Open
TBA	Greek Independence Day Parade	

April

Sunday, April 3	Easter Candles, Fundraiser	
Mon.- Mon., April 18-25	Easter Recess	School Closed



The Archangel Michael Preschool invites you and your preschooler to our “Open House” taking place Thursday, March 24, 2022 at 10:00am. Meet the teachers and parents and become familiar with our programs & facilities, including our enclosed playground and equipment.

The Archangel Michael Preschool was founded in 1996 to provide an enriching social and academic environment to all children. It is housed in the building of the Archangel Michael Church in Port Washington, NY. The Preschool obtained its New York State License in 2011.

Why is the Archangel Michael Preschool a great place to send your child?

- ✓ Dynamic, nurturing staff
- ✓ NYS Licensed School
- ✓ Extended Day & After School Programs
- ✓ Greek Language & Religion
- ✓ Comprehensive Curriculum
- ✓ Five-Hour Day Program

The Archangel Michael Preschool offers the following programs:

Toddler Program (Ages 2-3) *Tuesday/Wednesday/Thursday 9:00-11:30*

Nursery (Ages 3-4) *Tuesday through Friday 9:00-11:30 OR 9:00-2:00*

Pre-K (Ages 4-5) *Monday through Friday 9:00-11:30 OR 9:00-2:00*

So, keep the date open! Contact us at 516-944-3184 or by email at preschool@archangelmichaelchurch.org

We look forward to introducing you to our school!

100 Fairway Drive, Port Washington, NY 11050 • 516-944-3184 • preschool@archangelmichaelchurch.org

SAINTS OF THE GREEK ORTHODOX CHURCH

(This is the fourth in a series of articles written by GOYANS.)



The Virgin Mary, Theotokos - August 15

The Virgin Mary, the Mother of God, is the mother of Jesus Christ, our God. She is also called “Panagia,” which means “All Holy” to show how close she is to God. We also call her the “Theotokos,” which means the “birth giver of God.” She was considered a miracle to her own parents who had difficulty conceiving a child for many years. They were very religious and prayed to God for a child. After she was born, her parents gave her to the temple so she would be raised with respect for, and to learn about, God. She then was betrothed to and later married Joseph but remained a virgin throughout her marriage. One day, before she was wed, the Angel Gabriel came to her and told her that God had chosen her to be the mother of God’s son who would be named Jesus. She would be with child through the Holy Spirit. Mary and Joseph traveled to Bethlehem for the census count when she was ready to give birth. Since there was no room in any of the inns they ended up resting in a cave. The baby Jesus was born in a manger. Mary knew who her son was and what He needed to grow up to be, so she spent a lot of time with him. She was always ready to help Him and raised Him.

Mary was present at many of His miracles and would offer guidance. Jesus loved and respected His mother and her dedication to God. Even after Jesus was crucified, she was devoted to God and knew He had a plan for her son. She continued to preach God’s word and people traveled from all over to be with her. After her death, she was buried with her parents and near her Son in the Garden of Gethsemane. Many miracles took place there; after sick people touched the burial area, they were healed even though her body had ascended not long after her Dormition. She became a mother to all Christians. She is the example of one who devotes her life to God.

- Maria Bapis



St. Markella - July 22nd

St. Markella was born and raised on the Greek island of Chios in the town of Volissos. Her mother reared her as a devout Christian. Her father, on the other hand, was a pagan.

St. Markella lived in the fourteenth century, when Chios was ruled for the majority of the time by the Genoese. St. Markella was young when her mother died; but she continued to study the Bible, pray to God, and live her life according to what she had been taught. St. Markella had to leave her abusive father around the time of her eighteenth birthday. It is believed that he was possessed by an incestuous passion for her, so she fled in terror when he revealed his plans.

St. Markella went to the surrounding mountains and hid in a bush because she was terrified of her father. But he tracked her down with the help of a local herdsman, who forced her from her hiding place by setting

fire to the bush. St. Markella attempted to flee to the sea, but her father shot an arrow at her, injuring her. Eventually, he caught up and beheaded her. The saint's blood, according to local belief, colored the rocks; and to this day, during the celebrations for her feast day, at a precise moment, her blood becomes visible on these rocks for all who are devout to bear witness to this miracle.

-Logan (Demetrios) Triantafillou



St. Paraskevi - July 26th

St. Paraskevi of Rome (also known as Parasceva) is a 2nd-century Christian martyr. For refusing to worship idols, she was imprisoned and tortured during the reign of Roman Emperor Antoninus Pius. One of the numerous tortures of the young saintly woman was her immersion into a vat of boiling oil and tar. By the grace of God, St. Paraskevi remained unharmed. The emperor was not as fortunate when some oil splashed on his face and blinded him. Upon recognizing his error he converted; he then asked her to heal him which she did through her prayers. Though he released her after she performed this miracle, she was later arrested on several occasions for her belief in Christianity and was eventually murdered by Roman governor Tarasius.

She is invoked for the treatment of eye disorders due to her miraculous healing of the emperor. She continues to be known to heal many people of their visual ailments, even restoring the sight of the blind on many occasions. The Church honors her on July 26, the day of her martyrdom for God.

-Pairs (Parascevas) Triantafillou

SUNDAY SCHOOL

The Archangel Michael Sunday School offers many wonderful opportunities for our children to learn more about our faith. Additionally, we continue to develop creative projects to engage the students in meaningful ways.



In February, we celebrated Godparent Sunday; special crafts and projects were created by our students for this annual event. Thank you to all the teachers and participants who helped make this project a success.

Each month a different grade is responsible for decorating the Sunday School bulletin board. Please take a moment to stop by the Sunday School wing to see the projects on which each class is working and the topics that are being discussed with the students.

We are looking forward to teaching the children more about the upcoming events leading to Pascha this spring. Creative projects have been planned to enhance the curriculum and engage the students in learning about the Resurrection of Christ.

The Sunday School is planning a bake sale (date TBD) to be held in the spring; be sure to visit and enjoy some delectable sweets prepared by our students and parents.

Finally, the St. John Chrysostom Oratorical Festival will be another opportunity for our students to further explore and deepen their Orthodox faith. Students, from both the junior level and senior level, research a topic chosen from a list provided by the Archdiocese. The topics are then developed into speeches that are shared with the community. The event will take place on Sunday, March 20, immediately following the Divine Liturgy.

Thank you to parents, students, and teachers for your commitment to the Archangel Michael Church Sunday School. Wishing you a happy spring and a blessed Pascha!

Byzantine Youth Choir

The Challenge Liturgy always makes a profound impact upon our Youth Choir members and highlights the true meaning of Christmas. This year, it was extra special because the Challenge Liturgy was graced with the presence of His Eminence Archbishop Elpidophoros. After the service, everyone enjoyed dancing with the Dance Troupe and singing Christmas Carols with the Youth Choir. Maria Moliviatis sang a beautiful holiday solo and sisters Deena and Angelina Dallas sang a lovely duet.



In the Sunday School Christmas Pageant, the role of Baby Jesus was played by the adorable son, Samuel, of Fr. Michael and Presbyteria Hannah. Their daughters Genevieve, Serafina, and Melania were angels in the Pageant. The Youth Choir sang seasonal hymns and carols as each character in the story of Christ's birth entered down the center aisle to the church altar.



All those who attended the Philoptochos sponsored "Young At Heart Luncheon" in December enjoyed a nice afternoon together in fellowship and fun. Choir Director Georgia Kaufman entertained the guests with Christmas games-*Christmas Carol Match-Up* and *Guess The Lyrics*. Chanter Sophia Niarchos knew all the musical answers! *Fr. John and Fr. Michael led us in singing holiday favorites and everyone celebrated in the Christmas spirit.*

It is with great joy that we share a Blessing - Ms. Eleni gave birth to an adorable baby boy, Nikolaos Miltiades! The entire family, Eleni, her husband Konstantinos and daughter Georgia Athena are absolutely thrilled!

Please mark your calendars with the following Youth Choir dates:

Rehearsals :

March 11, 18, 25, April 1, 8, 15,

Divine Liturgies:

March 13, 27, April 10 & Palm Sunday, April 17

In addition to the above dates Youth Choir will be singing for:

Salutations (Heretismi) on April 1, the Fourth Friday of Lent

Saturday of Lazarus, April 16

Holy Friday Lamentations, April 22

† Wishing Everyone a Blessed Pascha †

With Best Wishes from AMC Youth Choir, Ms. Eleni, Ms. Georgia & Mr. Kris

Greek Dance Troupe

In February, our Neolea and Hara dance groups headed off to Phoenix, Arizona, to present dances from the Dodekanese Islands at the Diocese of San Francisco FDF Greek Orthodox Folk Dance & Choral Festival. Our dancers competed against other church dance groups from around the country. It was a great experience for all the families involved. There were two days of competition dancing, glendia in the evenings, workshops, and more! Congratulations to our Hara & Neolea groups for their success at FDF! It was an incredible experience for all the families!

Hara - 3rd Place Junior Division

Neolea - 4th Place Intermediate Division & Founder's Achievement Award

Thank you to our instructors, dancers, and parents for all their support in this wonderful endeavor.



Our Agape, Elpida, and Eftihia groups continue to work on dances from various regions in Greece. We are all looking forward to performing at the Ronald McDonald House Greek Division Walkathon in May. Come out and support this worthy cause!

The Greek Dance Troupe continues to practice on Saturday mornings with their respective groups. Registration is ongoing for anyone still interested.

Class times are as follows:

Agape/Elpida (Grades K-3) Saturdays from 9:30 -10:30 a.m.

Eftihia/Hara (Grades 4-9) Saturdays from 10:30 -11:30 a.m.

Neolea (Grade 10 & up) Saturdays from 11:30 -12:30 p.m.

We proudly perform at various church functions as well as other performance venues throughout the year all culminating in our annual dance recital at the Archangel Michael Church barbeque in June.

For more information please contact: greekdance@archangelmichaelchurch.org

HOPE/JOY

In keeping true to our HOPE/JOY philosophy of enriching children's lives and giving them opportunities to grow and have fun, our events continue to foster a sense of community and belonging among our youth. Our bowling event had the children roll on over and attempt strike after strike in every lane. They laughed, shared smiles, and bonded over some friendly competition at AMF Lanes in Syosset. We were all impressed with their skills and look forward to more bowling events in the future to allow them opportunities to have fun and show off!



At our ice skating event, we had the wonderful opportunity to watch the children zip, zoom, and skate by on the ice, showing off some of the skills we had no idea they had! Our skating event brought together some of our novice skaters, along with some first-timers, but fun was had by all just the same. The goodness that exists in even our youngest members could be seen as they showed support to those who took a tumble or showed hesitation to even get on the ice. We were so proud to see them all out there, trying their very best.

We were so humbled by our HOPE/JOY families with their kindness in donating funds to sponsor backpack meals for local children in need. In support of the Philoptochos "Blessings in a Backpack" ongoing outreach to Feed the Hungry, we were able to provide over 65 backpacks filled with food for one weekend in February. Through their support, HOPE/JOY families demonstrated how we can all work together to have a lasting impact on the community at large.

It's never too late to join HOPE/JOY!!! Come and join us for fun and fellowship all year long. Please contact us at hopejoy@archangelmichaelchurch.org for more information.

GOYA

The Archangel Michael Church GOYA kicked off 2022 in the spirit of giving and service by participating in the annual Midnight Run on January 16. We distributed clothing, food, and drink and simply bonded with the homeless. It was a rewarding and most memorable experience for the GOYANs. Thank you to all who donated.



On January 22, we had a fun night of ice skating at Port Washington Skating Center. Everyone had a great time on the ice.

On January 28, our GOYA hosted an evening with an Olympian!! It was an honor to have swimmer Anastasia Pagonis speak to us. She represented the United States at the 2020 Summer Paralympics in Tokyo where she won a Gold medal in the 400 meter freestyle and a Bronze medal in the 200-meter individual medley. She is also a world record holder and American record holder within the sport. She shared her incredible story with our AMC youth and others from our community. Anastasia is truly an inspiration to us all and we are proud she represented not only the USA but also the Greek-American community.



On February 5, the kids got together for a fun time at TopGolf. Everyone put their golfing skills to the test. The kids had a blast.

In March, the GOYANs will kick off their annual fundraiser, Luminary Bags and Candles. These luminary bags and candles can be purchased in memory of a loved one and will be displayed along the path of our outdoor procession during the Holy Friday evening service. The sale will continue until Palm Sunday.

GOYA is also looking forward to spring with the return of our Greek Independence Day Parade and our annual trip, this year to Washington D.C.

It's never too late to join GOYA!!! Come and join us for fun and fellowship all year long. Please contact us at goya@archangelmichaelchurch.org

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Please accept our sincere apologies for any errors or omissions. We have taken great effort to prepare this list accurately.

PLEASE SAVE THE DATE

Thursday, June 9, 2022

ARCHANGEL MICHAEL CHURCH
29th Annual Carl Watson Memorial
GOLF OUTING: The Watsonian

At the prestigious Plandome Country Club



A mailing and email will be sent out in March with all the information to be part of this fabulous fund-raising event for the Archangel Michael Church.

For more info contact: Mario Harris - 516 238 8793

mario.harris@gmail.com

COMMUNITY PHOTOS





The Trumpet is emailed to over 700 families of the Archangel Michael Greek Orthodox Church, the majority of whom live in the North Shore communities surrounding the church.

If you are interested in becoming a sponsor, please send an email to:
trumpet@archangelmichaelchurch.org



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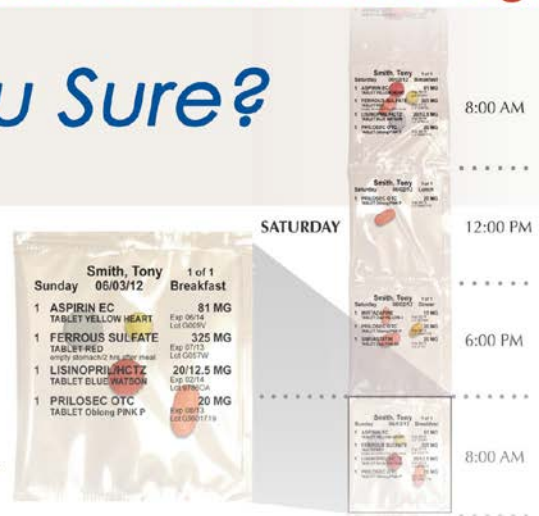
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ARCHANGEL MICHAEL GREEK ORTHODOX CHURCH

March Calendar 2022

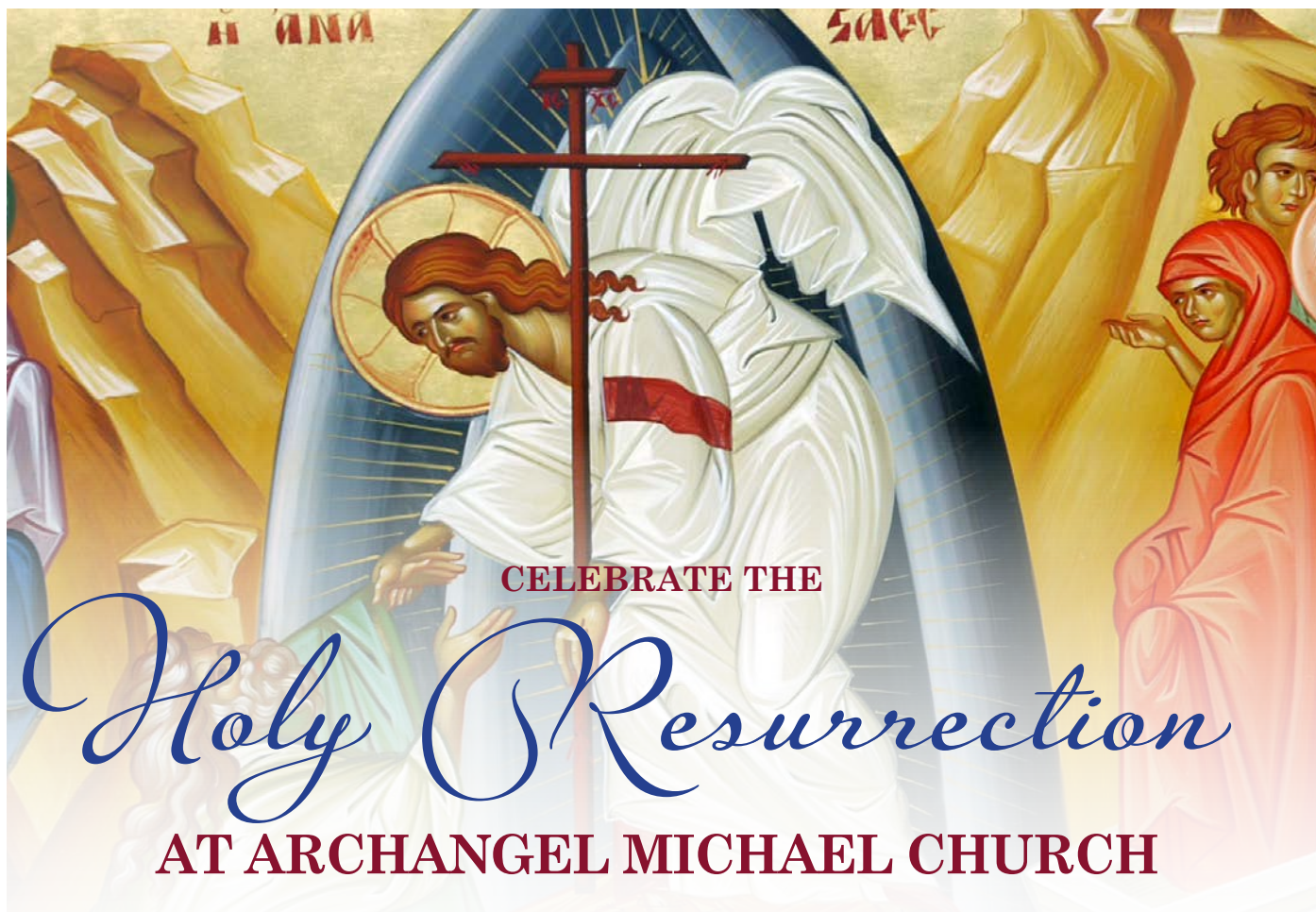
Sun	Mon	Tues	Wed	Thu	Fri	Sat
		1	2	3	4	5
			Paraklesis 10a Book Club 11a	Small Vespers 7p Book Club 7:30p	Little Angels 10a LIONS Event 7-9pm	2nd Saturday of Souls Orthros 8:30a Divine Liturgy 9:30a Comedy Night
6	7	8	9	10	11	12
Cheese-fare Sunday HOPE//JOY: Church with Yiayia & Papou Orthros 8:00a Divine Liturgy 9:30a Holy Vespers of Forgiveness 5p	Clean Monday Great Compline 7p Followed by Lenten Meal & discussion	G.S. Pre-Sanctified Liturgy 4p Philoptochos Mtg 7:30p	Preschool Parent/Tchr Conferences Preschool Closed Paraklesis 10a Book Club 11a GS: Presanctified Liturgy 6p	Great Lent Vespers 7p Book Club 8p	Pre-Sanctified Liturgy 9:30a Youth Choir Rehearsal 6:30p 1st Salutations 7p	3rd Saturday of Souls Orthros 8:30a Divine Liturgy 9:30a
13	14	15	16	17	18	19
Sunday of Orthodoxy Orthros 8:00a Divine Liturgy 9:30a	Compline 4p	Tue. Mar 15 Blood Drive 2:30p-8:30p Compline 7:30p	Paraklesis 10a Bible Study 11a Philop. YAH Set-up 2p Pre-Sanctified Liturgy 6:30p	Young at Heart Luncheon 12p Great Lent Vespers 7p Bible Study 8p	Pre-Sanctified Liturgy 9:30a Little Angels 10a Youth Choir Reh. 6:30p 2nd Salutations 7p	Challenge Liturgy Orthros 9:30a Divine Liturgy 10:30a
20	21	22	23	24	25	26
Orthros 8:00a Divine Liturgy 9:30a Oratorical Festival 11:30a Lecture by Theologian V.K. McCarty 12p	Compline 4p	Compline 7:30p	Paraklesis 10a Bible Study 11a Pre-Sanctified Liturgy 6:30p	Preschool Open House 10a Great Lent Vespers 7p Bible Study 8p	Feast of the Annunciation Orthros 8:30a Divine Liturgy 9:30a Youth Choir Reh. 6:30p 3rd Salutations 7p Greek Indep. Day	Cooking Club 9:30a
27	28	29	30	31		
Sunday of the Cross Orthros 8:00a Divine Liturgy 9:30a	Compline 4p	Compline 7:30p	Pre-Sanctified Liturgy 6:30p	Great Lent Vespers 7p		



ARCHANGEL MICHAEL GREEK ORTHODOX CHURCH

April Calendar 2022

Sun	Mon	Tues	Wed	Thu	Fri	Sat
					1	2
					Pre-Sanctified Liturgy 9:30a Little Angels 10a Youth Choir Reh. 6:30p 4th Salutations 7p HOPE/JOY Salutations then Open Gym	Orthros 8a Divine Liturgy 9a DAD Clergy Laity Conf. 10a
3	4	5	6	7	8	9
St John of the Ladder Orthros 8:00a Divine Liturgy 9:30a	Compline 4p Philoptochos Mtg 7:30p	Compline 7:30p	Paraklesis 10a Book Club 11a Pre-Sanctified Liturgy 6:30p	Great Lent Vespers 7p Bible Study 8p	Pre-Sanctified Liturgy 9:30a Youth Choir Reh. 6:30p Akathistos 7p	Akathist Liturgy Orthros 7a Divine Liturgy 8a Parish Lenten Retreat 9a HOPE/JOY Lazarakia 11a
10	11	12	13	14	15	16
St. Mary of Egypt Orthros 8:00a Divine Liturgy 9:30a	Compline 4p	Compline 7:30p	Paraklesis 10a Book Club 11a Pre-Sanctified Liturgy 6:30p	Great Compline 6:30p Family Fellowship Night & Palm Cross Making 7:30p	Pre-Sanctified Liturgy 9:30a Little Angels 10a Youth Choir Reh. 6:30p	Saturday of Lazarus Orthros 9a Challenge Divine Liturgy 10a
17	18	19	20	21	22	23
PALM SUNDAY Orthros 7:15a 1st Divine Liturgy 8:30a 2nd Divine Liturgy 11a Service of the Bridegroom 7:30p	HOLY MONDAY Pre-Sanctified Liturgy 8:30a Service of the Bridegroom 7p	HOLY TUESDAY Pre-Sanctified Liturgy 8:30a Service of the Bridegroom 7p	HOLY WEDNESDAY Pre-Sanctified Liturgy 8:30a Sacrament of the Holy Unction 3:00p Sacrament of the Holy Unction 7:00p	HOLY THURSDAY Vesper Liturgy of St. Basil, Institution of the Mystical Supper 5:45a & 8:30a Service of the Holy Passion 7p (His Eminence Archbishop Elpidophoros)	HOLY FRIDAY Office Closed Royal Hours 9a HOPE/JOY Retreat 11a-3p Great Vespers of the Descent from the Cross 3p Service of the Lamentations 7:30p	HOLY SATURDAY Divine Liturgy of St. Basil 8:30a Service of the Holy Resurrection 11p Traditional Easter Meal 1:30a
24	25	26	27	28	29	30
Holy Easter: Agape Service 10:30a (Easter Egg Hunt & Chocolate Bunnies)	St. George Orthros 8:30a Divine Liturgy 9:30a	Preschool Resumes	Philop. Young At Heart Set-up 2p	Young at Heart Luncheon 12p	The Lifegiving Fountain Orthros 8:30a Divine Liturgy 9:30a	Free-Style Concert



CELEBRATE THE

Holy Resurrection

AT ARCHANGEL MICHAEL CHURCH

**Holy Saturday
April 23**

at 11:00pm

Please join our community for a
traditional Easter meal at 1:30am

**Holy Pascha Sunday
April 24**

Agape Service at 10:30 am

Followed by an Easter Egg hunt and
Chocolate Easter bunnies to be
given to all children