

Archangel Michael Church

Η Εκκλησία του Αρχαγγέλου Μιχαήλ 100 Fairway Drive, Port Washington, NY 11050 (516) 944-3180 ~ www.archangelmichaelchurch.org Clergy: Fr. John Lardas, Fr. Michael Palamara, Fr. Dennis Strouzas



*ITVITIA

⁵Hχος δ' / 4th Tone ~ Ἑωθινὸν A' /1st Morning Gospel April 18th, 2021 ~ Sunday of St Mary of Egypt

Sunday of Saint Mary of Egypt

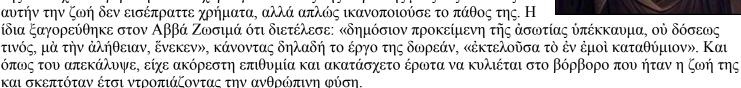
Saint Mary of Egypt lived a life that for a while was devoted to sin. She became a prostitute at a young age, but not only out of necessity but because she enjoyed it. She took pleasure in destroying the chastity of young men. While still consumed by her passion, she visited the Holy Land to corrupt people there. On the Feast of the Cross, as she witnessed all the pilgrims entering the Church she also tried to enter out of curiosity. However, she was unable to enter and the Panagia spoke to her warning her that she was unworthy in her condition. After pleading and seeing herself finally for a sinful woman, she changed her life entirely. She remained in s serious state of repentance the rest of her life and left the world to live in the desert. After forty years of strict repentance in the desert, she is finally discovered by another monk who is able to learn her story and commune her before she passes in peace.

The memory of Saint Mary is first celebrated on April 1st. However, the Fifth Sunday of Lent is also dedicated to her memory. In Her wisdom the Church has dedicated this day to her memory because we are all

enjoined to strive for the same spirit of spiritual discipline as our enthusiasm about Lent has waned. It also allows us to have a fresh start if we have not fasted or attended the services and see how much the Lord appreciates our repentance even late. Lastly, if we have fasted strictly, or in any way deluded ourselves into thinking that we have accomplished something, and are "earning" our salvation, we should look to the Holy Mother Mary who became the holiest woman in the world and humble ourselves by her excellence.



Οσία Μαρία γεννήθηκε στην Αίγυπτο και έζησε κατά τους χρόνους του αυτοκράτορα Ιουστινιανού (527 - 565 μ.Χ.). Από τα δώδεκα χρόνια της πέρασε στην Αίγυπτο μια ζωή ασωτίας, αφού από την μικρή αυτή ηλικία διέφθειρε την παρθενία της και είχε ασυγκράτητο και αχόρταγο το πάθος της σαρκικής μείξεως. Ζώντας αυτήν την ζωή δεν εισέπραττε χρήματα, αλλά απλώς ικανοποιούσε το πάθος της. Η



Αισθάνθηκε όμως, βαθιά μετάνοια από ένα θαυματουργικό γεγονός. Ενώ εισερχόταν στο ναό για να προσκυνήσει το Ξύλο του Τιμίου Σταυρού, κάποια δύναμη την εμπόδισε να προχωρήσει. Στην συνέχεια στάθηκε μπροστά σε μία εικόνα της Παναγίας, έδειξε μεγάλη μετάνοια και ζήτησε την καθοδήγηση και βοήθεια της Παναγίας. Με την βοήθεια της Θεοτόκου εισήλθε ανεμπόδιστα αυτή την φορά στον ιερό ναό και προσκύνησε τον Τίμιο Σταυρό. Στην συνέχεια, αφού ευχαρίστησε την Παναγία, άκουσε φωνή που την προέτρεπε να πορευθεί στην έρημο, πέραν του Ιορδάνου. Αμέσως ζήτησε την συνδρομή και την προστασία της Θεοτόκου και ήρε τον δρόμο της προς την έρημο, αφού προηγουμένως πέρασε από την ιερά μονή του Βαπτιστού στον Ιορδάνη ποταμό και κοινώνησε των Αχράντων Μυστηρίων. Στην έρημο έζησε σαράντα επτά χρόνια, χωρίς ποτέ να συναντήσει άνθρωπο.

Η Οσία κοιμήθηκε την ίδια ημέρα που κοινώνησε, αφού είχε διασχίσει σε μία ώρα απόσταση την οποία διήνυσε το επόμενο έτος ο Αββάς Ζωσιμάς σε είκοσι ημέρες. Γράφει ο Άγιος Σωφρόνιος: «καὶ ἥνπερ ἄδευσεν ὁδὸν Ζωσιμᾶς διὰ εἴκοσι ἡμερῶν κοπιῶν, εἰς μίαν ὥραν Μαρίαν διέδραμεν καὶ εὐθὺς πρὸς τὸν Θεὸν ἐξεδήμησεν». Το σώμα της είχε αποκτήσει άλλες ιδιότητες, είχε μεταμορφωθεί.

Η Εκκλησία τιμά την μνήμη της Οσίας Μαρίας της Αιγυπτίας και την Ε' Κυριακή των Νηστειών.

ΣΥΝΑΞΑΡΙΟΝ

Κυριακῆ τετάρτη τῶν Νηστειῶν, μνήμην ποιεῖσθαι τῆς Οσίας Μητρὸς ἡμῶν Μαρίας τῆς Αἰγυπτίας. Τοῦ Ὀσίου Πατρὸς ἡμῶν Ίωάννου, μαθητοῦ τοῦ Αγίου Γρηγορίου τοῦ Δεκαπολίτου.

<u>Απολυτίκιον Ήχος δ΄</u> Τὸ φαιδρὸν τῆς ἀναστάσεως κήρυγμα, ἐκ τοῦ Αγγέλου μαθούσαι αι του Κυρίου Μαθήτριαι, καὶ τὴν προγονικὴν ἀπόφασιν ἀπορρίψασαι, Άποστόλοις καυχώμεναι **έλεγον**. Έσκύλευται ὁ θάνατος, ἡγέρθη Χριστὸς ὁ Θεός, δωρούμενος τῷ κόσμῷ τὸ μέγα ἔλεος.

<u> Άπολυτίκιον Τῆς Όσίας</u>

Έν σοὶ Μῆτερ ἀκριβῶς διεσώθη τὸ κατ' εἰκόνα. λαβοῦσα γὰρ τὸν σταυρόν, ήκολούθησας τῷ Χριστῷ, καὶ πράττουσα εδίδασκες ύπεροραν μεν σαρκός παρέρχεται έπιμελείσθαι δὲ ψυχῆς, πράγματος διὸ καὶ Άγγέλων μετὰ συναγάλλεται Όσία Μαρία τὸ πνεῦμά σου.

Κοντάκιον του Μνημοσύνου

Μνήσθητι Κύριε, ως άγαθός τοῦ (τῆς, τῶν) δούλου (ης, ων) σου, καὶ δσα ἐν βίω ημαρτ (εν) (εν) (ον) συγχώρησον* οὐδεὶς γὰρ αναμάρτητος, είμη σῦ ὁ δυνάμενος καὶ $\tau(\tilde{\omega})$ (η) (οις) μεταστά(ντι) (ση) (σι) δοῦναι την ἀνάπαυση

Απολυτίκιον Των Ταξιαρχών

Τῶν οὐρανίων στρατιῶν Αρχιστράτηγοι, δυσωπούμεν ύμας ήμεῖς οἱ ἀνάξιοι, ἵνα ταῖς ύμῶν δεήσεσι, τειχίσητε ήμᾶς, σκέπη τῶν τῆς δόξης, ἀΰλου ύμῶν φρουροῦντες ἡμᾶς προσπίπτοντας, ἐκτενοζ΄ καὶ βοῶντας Ἐκ τῶν κινδύνων λυτρώσασθε ήμᾶς, ὡς Ταξιάρχαι τῶν ἄνω Δυνάμεων.

Απολυτίκιον Αικατερίνης Μεγαλομάρτυρος

νύμφην πανεύφημον Χριστού υμνήσωμεν, Αικατερίναν τήν θείαν καί πολιούχον Σινά, τήν βοήθειαν ημών καί αντίληψιν, ότι εφίμωσε λαμπρώς, κομψούς τών ασεβών, τού Πνεύματος τή μαχαίρα, καί νύν ως Μάρτυς στεφθείσα, αιτείται πάσι τό μέγα έλεος.

Κοντάκιον

Τῆ ὑπερμάχω στρατηγῶ τὰ νικητήρια, Ώς εύχαριστήρια, λυτρωθεῖσα τὧν δεινῶν Άναγράφω σοι ή Πόλις σου Θεοτόκε. Άλλ' ώς έχουσα τὸ κράτος ἀπροσμάχητον, Ἐκ παντοίων με κινδύνων ἐλευθέρωσον, Ἱνα κράζω σοι Χαῖρε νύμφη ἀνύμφευτε.

SYNAXARION

On the fourth Sunday of Lent, we have been enjoined to observe the memory of our devout Mother Mary of Egypt. Our devout father John, the disciple of Saint Gregory of Dekapolis.

Resurrectional Hymn Fourth Mode

When the tidings of the resurrection from the glorious angel, was proclaimed unto the women disciples and our ancestral sentence also had been abolished, to the Apostles with boasting did they proclaim that death is vanquished evermore and Christ Our God has risen from the dead, and granted to the world His great mercy.

Apolytikion of the Devout Woman

In you, O Mother, is preserved undistorted what was made in the image of God; for taking up the cross, you followed Christ and by example taught, that we should overlook the flesh, since it passes away, and instead look after the soul, since it is immortal. And therefore, O devout Mary, your spirit rejoices with the angels.

Kontakion of the Memorial

Remember, O Lord, as You are good, Your servant(s), and forgive every sin he (she, they) have committed in this life. For no one is sinless except You, Who have power to grant rest to those who have fallen asleep.

Hymn of the Archangels (4th Mode) Supreme Commanders of the Hosts of the Heavens, * we, the unworthy, importune and beseech you * that by your supplications ye encircle us * in the shelter of the wings * of your immaterial glory, * guarding us who now fall down * and cry to you with fervor: * Deliver us from dangers of all kinds, * as the Great Marshals of the heavenly hosts on high.

Apolytikion of Great Martyr Catherine Let us praise the all-lauded and noble bride of Christ, ** the godly Catherine, the guardian of Sinai and its defense, * who is also our support and succor and our help; * for with the Holy Spirit's sword * she hath silenced brilliantly the clever among the godless; * and being crowned as a Martyr, she now doth ask great mercy for us all.

Kontakion (Pl 4th Mode)

O Champion General, I your City now inscribe to you * Triumphant anthems, as the tokens of my gratitude, *being rescued from the terrors, O Theotokos. * Inasmuch as you have power unassailable, * from all kinds of perils free me, so that unto you * I may cry aloud: Rejoice, O unwedded Bride.

Scripture Readings for Today Sunday of St Mary of Egypt

Πρὸς Ἑβραίους 9:11-14

Αδελφοί, Χριστός δε παραγενόμενος άρχιερευς τῶν μελλόντων ἀγαθῶν, διὰ τῆς μείζονος καὶ τελειοτέρας σκηνῆς, οὐ χειροποιήτου, τοῦτ ᾽ ἔστιν, οὐ ταύτης τῆς κτίσεως, οὐδε δι ᾽ αἵματος τράγων καὶ μόσχων, διὰ δε τοῦ ἰδίου αἵματος εἰσῆλθεν ἐφάπαξ εἰς τὰ ἄγια, αἰωνίαν λύτρωσιν ευράμενος. Εἰ γὰρ τὸ αἵμα ταύρων καὶ τράγων, καὶ σποδὸς δαμάλεως ῥαντίζουσα τοὺς κεκοινωμένους, ἀγιάζει πρὸς τὴν τῆς σαρκὸς καθαρότητα, πόσω μᾶλλον τὸ αἵμα τοῦ Χριστοῦ, ὃς διὰ πνεύματος αἰωνίου ἐαυτὸν προσήνεγκεν ἄμωμον τῷ θεῷ, καθαριεῖ τὴν συνείδησιν ὑμῶν ἀπὸ νεκρῶν ἔργων, εἰς τὸ λατρεύειν θεῷ ζῶντι;

The Reading is from the Letter to the Hebrews 9:11-14

Brethren, when Christ appeared as a high priest of the good things that have come, then through the greater and more perfect tent (not made with hands, that is, not of this creation) he entered once for all into the Holy Place, taking not the blood of goats and calves but his own blood, thus securing an eternal redemption. For if the sprinkling of defiled persons with the blood of goats and bulls and with the ashes of a heifer sanctifies for the purification of the flesh, how much more shall the blood of Christ, who through the eternal Spirit offered himself without blemish to God, purify your conscience from dead works to serve the living God.

Έκ τοῦ Κατὰ Μᾶρκον 10:32-45 Εὐαγγελίου τὸ Ἀνάγνωσμα

Τῷ καιρῷ ἐκείνῳ, παραλαβάνει ὁ Ἰησούς τοὺς δώδεκα μαθητάς αὐτοῦ καὶ ἤρξατο αὐτοῖς λέγειν τὰ μέλλοντα αὐτῷ συμβαίνειν, ὅτι ἰδοὺ ἀναβαίνομεν εἰς Ἱεροσόλυμα καὶ ὁ υἰὸς τοῦ ἀνθρώπου παραδοθήσεται τοῖς ἀρχιερεῦσι καὶ γραμματεῦσι, καὶ κατακρινοῦσιν αὐτὸν θανάτῳ καὶ παραδώσουσιν αὐτὸν τοῖς ἔθνεσι, καὶ ἐμπαίξουσιν αὐτῷ καὶ μαστιγώσουσιν αὐτὸν καὶ ἐμπτύσουσιν αὐτῷ καὶ ἀποκτενοῦσιν αὐτὸν, καὶ τῆ τρίτη ἡμέρα ἀναστήσεται. Καὶ προσπορεύονται αὐτῷ Ἰάκωβος καὶ Ἰωάννης υἰοὶ Ζεβεδαίου λέγοντες διδάσκαλε, θέλομεν ἵνα δ ἐὰν αἰτήσωμεν ποιήσης ἡμῖν. ὁ δὲ εἶπεν αὐτοῖς τί θέλετε ποιῆσαί με ὑμῖν; οἱ δὲ εἶπον αὐτῷ δὸς ἡμῖν ἵνα εἰς ἐκ δεξιῶν σου καὶ εἰς ἐξ εὐωνύμων σου καθίσωμεν ἐν τῆ δόξη σου. ὁ δὲ Ἰησοῦς εἶπεν αὐτοῖς οὐκ οἴδατε τί αἰτεῖσθε. δύνασθε πιεῖν τὸ ποτήριον ὃ ἐγὰ πίνω, καὶ τὸ βάπτισμα δ ἐγὰ βαπτίζομαι βαπτισθῆναι; οἱ δὲ εἶπον αὐτῷ δυνάμεθα. ὁ δὲ Ἰησοῦς εἶπεν αὐτοῖς τὸ μὲν ποτήριον δ ἐγὰ πίνω πίεσθε, καὶ τὸ βάπτισμα δ ἐγὰ βαπτίζομαι βαπτισθῆσεσθε τὸ δὲ καθίσαι ἐκ δεξιῶν μου καὶ ἐξ εὐωνύμων οὐκ ἔστιν ἐμὸν δοῦναι, ἀλλὶ οἶς ἡτοίμασται. Καὶ ἀκούσαντες οἱ δέκα ἤρξαντο ἀγανακτεῖν περὶ Ἰακώβου καὶ Ἰωάννου. ὁ δὲ Ἰησοῦς προσκαλεσάμενος αὐτοὺς λέγει αὐτοῖς οἴδατε ὅτι οἱ δοκοῦντες ἄρχειν τῶν ἐθοῦν κατακυριεύουσιν αὐτῶν καὶ οἱ μεγάλοι αὐτῶν κατεξουσιάζουσιν αὐτῶν οὐχ οὕτω δὲ ἔσται ἐν ὑμῖν, ἀλλὶ δς ἐὰν θέλη γενέσθαι μέγας ἐν ὑμῖν, ἔσται ὑμῶν διάκονος, καὶ ος ἐὰν θέλη ὑμῶν γενέσθαι πρῶτος, ἔσται πάντων δοῦλος καὶ γὰρ ὁ υἰὸς τοῦ ἀνθρώπου οὐκ ἦλθε διακονηθῆναι, ἀλλὰ διακονῆσαι, καὶ δοῦναι τὴν ψυχὴν αὐτοῦ λύτρον ἀντὶ πολλῶν.

The Reading is from the Gospel According to Mark 10:32-45

At that time, Jesus took his twelve disciples, and he began to tell them what was to happen to him, saying, "Behold, we are going up to Jerusalem; and the Son of man will be delivered to the chief priests and the scribes, and they will condemn him to death, and deliver him to the Gentiles; and they will mock him, and spit upon him, and scourge him, and kill him; and after three days he will rise." And James and John, the sons of Zebedee, came forward to him, and said to him, "Teacher, we want you to do for us whatever we ask of you." And he said to them, "What do you want me to do for you?" And they said to him, "Grant us to sit, one at your right hand and one at your left, in your glory." But Jesus said to them, "You do not know what you are asking. Are you able to drink the cup that I drink, or to be baptized with the baptism with which I am baptized?" And they said to him, "We are able." And Jesus said to them, "The cup that I drink you will drink; and with the baptism with which I am baptized, you will be baptized; but to sit at my right hand or at my left is not mine to grant, but it is for those for whom it has been prepared." And when the ten heard it, they began to be indignant of James and John. And Jesus called them to him and said to them, "You know that those who are supposed to rule over the Gentiles lord it over them, and their great men exercise authority over them. But it shall not be so among you; but whoever would be great among you must be your servant, and whoever would be first among you must be slave of all. For the Son of man also came not to be served but to serve, and to give his life as a ransom for many."

Saints of the Week:

<u>Sunday, April 18th</u> ~ <u>Sunday of St. Mary of Egypt</u> (below), St. John the Righteous, disciple of Gregory of Decapolis, St. Euthemios, Enlightener of Karelia

Monday, April 19th ~ St. George the Confessor, St. Paphnoutious the Holy Martyr

<u>Tuesday, April 20th</u> ~ St. Theodore the Trichinas, St. Zacchaeus of Caesaria

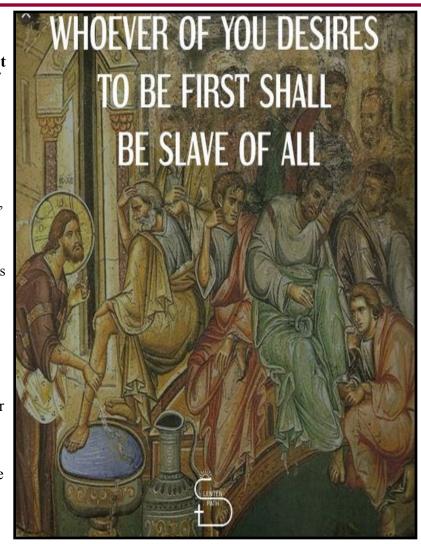
Wednesday, April 21st ~ St. Alexandra the Empress (below to the left), St. Ianouarios and Companions

Thursday, April 22nd ~ St. Theodore the Sykeote, Sts. Nathaniel, Luke & Clemente

Friday, April 23rd ~ St. George the Great Martyr

Saturday, April 24th ~ Saturday of Lazarus, St. Elizabeth the Wonderworker, St. Savvas of Rome

Sunday, April 25th ~ Palm Sunday





"TRUE FASTING LIES IN
REJECTING EVIL,
HOLDING ONE'S
TONGUE, SUPPRESSING
ONE'S HATRED, AND
BANISHING ONE'S
LUST, EVIL WORDS,
LYING, AND BETRAYAL
OF VOWS.

IC But to Out

St. Mary of Egypt receiving Holy Communion from St. Zozimas

Archangel Michael Family Night

Thursday, April 22
Lenten Potluck Meal
6:30PM—Great Compline
7:30PM— Making of Palm Crosses



O Christ our God, before Your Passion, You raised Lazarus from the dead

Τήν κοινὴν Ἀνάστασιν, πρὸ τοῦ σοῦ Πάθους πιστούμενος, ἐκ νεκρῶνῆγειρας τὸν Λάζαρον

Therefore, we carry the symbols of victory as did the youths

τὰ τῆς νίκης σύμβολα φέροντες

Today's Memorial:

~ 3 months for

Dionisios Fiorentinos

~ 1 year for

Vasilios Theodoropoulos

~ 1 year for Dialecte Costa



Upcoming Worship Services:

Monday, April 19th: Great Compline 4:00 pm

Tuesday, April 20th: Great Compline 4:00 pm

Wednesday, April 21st:

Paraklesis to the Theotokos 10:00am, followed by Bible Study 11:00am Pre-Sanctified Liturgy 6:30 pm, followed by Lenten lecture & Meal

Thursday, April 22nd: Great Compline 6:30pm followed by Palm-Making and Fellowship Night at 7:30 pm

Friday, April 23rd: Pre-Sanctified Liturgy 9:30 am

Saturday April 24th: Saturday of Lazarus (below) & Challenge Liturgy:
Orthros 9am, Divine Liturgy 10am with Bishop Demetrios of Mokissos

Sunday, April 25th: Palm Sunday

Orthros 7:00 am, 1st Divine Liturgy 8:30 am 2nd Divine Liturgy 11:00 am 1st Service of the Bridegroom 7pm



Upcoming Events:

Thursday April 22nd:
Great Compline
followed by Palm-Making
and Fellowship Night

His Eminence Archbishop Elpidophoros

To celebrate services at AMC on Holy Thursday evening:

The Crucifixion of Christ

Easter Egg Hunt Sunday, May 2nd







JOIN US Tuesday evenings in the AMC GYM!

Age 9-14 (5:30-6:30pm) & Age15 to adult (6:45-8pm)
Professional Trainer will make a fun
and healthy atmosphere
with programming and equipment.

Benefits of working out...

SUPPORT COGNITIVE FUNCTION

When performing physical activity, your heart rate increases which pumps more oxygen to your brain.

IMPROVE ENDURANCE

Aerobic exercise or any form of cardio can help improve your endurance.

ENHANCE QUALITY OF SLEEP

If you have trouble sleeping, exercising regularly can help improve your quality of sleep.

INCREASE STRENGTH

Incorporating weight-lifting into your workout routine can help improve your strength, which can be beneficial for everyday activities.

We are following all CDC guidelines and our main focus is keeping a safe and fun environment for all.

Each Session is an hour: \$15
Any questions, please call or text 516 758 6868
Catering to all fitness levels for your comfort!



Youth Events of Holy Week 2021



Archangel Michael Church

The Saturday of Lazarus- Challenge Divine Liturgy
Chanted by the Youth Choir
Luncheon Sponsored by the Challenge Liturgy
Lazarakia made by the students of the Greek School





Palm Sunday Procession of the Palms by the Youth Choir and Sunday School Students

Youth Choir Procession for the Bridegroom Service Holy Monday Chanting "Behold The Bridegroom Comes.."





Good Friday Retreat Joy & Goya 12:00PM-3:00PM

Agape Meal following the Service of the Resurrection:
Tsourekia, Avgolemono,
Mageritsa, Cheese & Eggs.
For the Altar Boys—Cheeseburgers





Agape Service Easter Egg Hunt Sponsored by the PTO of the Pre-School

BLACK-EYED SUSANS!! SPONSORING SPRING PLANTINGS

This year the Garden Club is planning to add 45+ bunches of Black-Eyed Susans along the north side of the parking lot across from the front of the church. This will be a beautiful addition to the AMC grounds. Black-Eyed Susans bloom mainly in the summer, but can give us a second fall blooming. They are perennials, meaning that they will come back year after year to beautify our grounds. Adding these plants requires: cleaning up the area in front of the pine trees, planting the Black-Eyed Susans, and topping it off with beautiful black mulch.

To do this work, we are asking the community to help sponsor this project. The cost of this project will be \$25 per planting. Please consider sponsoring 1, 2, 3 or as many Black-Eyed Susans as you can!

We are blessed to have this large property. Lets make it even more beautiful! Our plan is to plant by mid-Spring. Please help by sponsoring as soon as possible.

Please make donations to: The Archangel Michael Church, Attention: Garden Club, 100 Fairway Drive, Port Washington, NY 11050, or simply drop off your donation at the church office (see attached donation form).

WE NEED YOU! If you would like to become a member of the Garden Club, and help us as we continue the process of beautifying the AMC grounds, please contact Warren Herz at <a href="mailto:writera.org/writera.org

Archangel Michael Ladies Philoptochos Society



Personal Care Items Drive

PLEASE CONSIDER DONATING TRAVEL SIZED PERSONAL CARE
ITEMS FOR GUESTS OF THE MARY BRENNAN INN SOUP KITCHEN

April 1st - May 15th 2021

Soap Lotion

Toothbrushes Mouthwash
Toothpaste Shampoo
Deodorant Conditioner

Shaving Cream Disposable Razor

PLEASE DROP OFF ITEMS IN THE BINS OUTSIDE THE CHURCH OFFICE



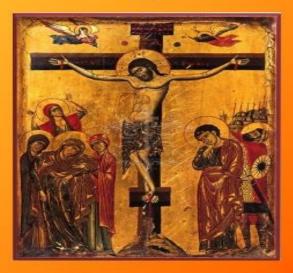
BLACK-EYED SUSANS!! SPONSORING SPRING PLANTINGS

	Black Eyed Susan plantings for the beautification of per plant, for a total donation of \$
Name :	
Address:	
Phone:	
Phone:	
Phone:	Email:
Phone: Payments may be made card.	Email:e by check (payable to The Archangel Michael Church) or by cre
Phone:Payments may be made card.	Email: E by check (payable to The Archangel Michael Church) or by cre Payment by Credit Card

Holy Thursday Night-The Crucifixion of the Lord, Jesus Christ

Celebrated by His Eminence Archbishop Elpidophoros

7PM



Σήμερον κρεμάται έπὶ ξύλου, ὁ ἐν ὕδασι τὴν γῆν κρεμάσας.
Στέφανον ἐξ ἀκανθῶν ὁ τῶν Άγγέλων Βασιλεύς. Ψευδῆ πορφύραν περιβάλλεται, ὁ περιβάλλων τὸν οὐρανὸν ἐν νεφέλαις. Ῥάπισμα κατεδέξατο, ὁ ἐν Ἰορδάνῃ ἐλευθερώσας τὸν Ἀδάμ. Ἡλοις προσηλώθη, ὁ Νυμφίος τῆς Ἐκκλησίας. Λόγχῃ ἐκεντήθη, ὁ Υἰὸς τῆς Παρθένου. Προσκυνοῦμέν σου τὰ Πάθη Χριστέ. Δεῖξον ἡμῖν, καὶ τὴν ἔνδοξόν σου Ἀνάστασιν.

Give Heed To Thyself:

The Mindful Christian In The Digital Age

We will be discussing

the ascetical works by Saint Basil the Great 3/17 Give Heed to Thyself; 3/24 Against Anger; 3/31 Concerning Envy; 4/7 Of Humility; 4/14 On Detachment (Homily 21); 4/21 On Mercy and Justice



The Archangel Michael Greek Orthodox Church

100 Fairway Drive, Port Washington, NY 11050

Pre-Sanctified Liturgy

Wednesdays during the Great Lent 6:30PM

Followed by Lenten meal and discussion with Fr. John Lardas and Fr. Michael Palamara