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# The Archangel Michael Church Human Bernard Church H

Mar-Apr 2021 • Issue 54 • Archangel Michael Church • Port Washington, NY



Then Jesus called for the children and said to the disciples,

"Let the children come to me. Don't stop them!

For the Kingdom of God belongs to those
who are like these children." (Luke 18:16)

# The Archangel Michael Church TUINDET

#### **About the Parish**

Archangel Michael Greek Orthodox Church 100 Fairway Drive Port Washington, New York 11050 Phone: 516-944-3180 Fax: 516-944-3185

Website: ArchangelMichaelChurch.org Email: info@archangelmichaelchurch.org

Archangel Michael Church is a parish of the Direct Archdiocesan District and Greek Orthodox Archdiocese of America (www.goarch.org, 212-570-3500)

under the spiritual jurisdiction of the Ecumenical Patriarchate of Constantinople.





Archbishop Elpidophoros

Ecumenical Patriarch Bartholomew

#### Clergy

Fr. John K. Lardas, Protopresbyter Fr. Michael Palamara, Presbyter Fr. Dennis Strouzas, Retired Protopresbyter of the Ecumenical Patriarchate

**Chanter**: Petros Malliaris

Office Staff: Dora Gouramanis, Catherine Papagianakis

Christine Zeiner

#### **Parish Council Members**

#### **Executive Board**

President: John Koumpourlis 1st Vice President: Nicholas Papain 2nd Vice President: Eleni Germanakos

Secretary: Helen Maropakis Treasurer: Nicholas Tzoumas

1st Assistant Treasurer: Michael Cavounis 2nd Assistant Treasurer: Chris Neocleous

Michael Bapis, Stelios Diakoumakis, Fiffy Eliades, Demetrios Frangiskatos, James Gianakis, John Halkias, Joseph Isaakidis, George Kaparos, Nick Kokinakis, Spiro Maliagros, Michael Psyllos, Gus Rogdakis, Andreas Tsalikis, Demetrios Ziozis

#### **About the Trumpet**

The Trumpet is the newsletter of Archangel Michael Greek Orthodox Church.

#### **Production**

2021 Parish Council President: John Koumpourlis

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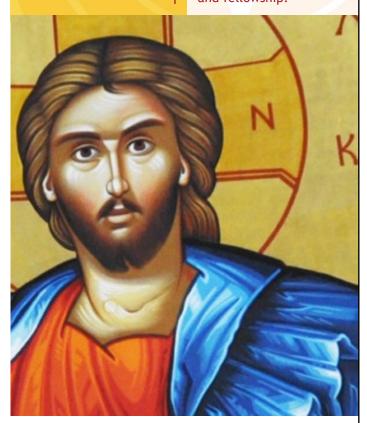
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Calendar Editor: Christine Zeiner

The Archangel Michael Greek
Orthodox Church is dedicated
to the continuation of
our Lord and Savior Jesus
Christ's ministry of salvation
through the proclamation
and teaching of the Gospel.
We are a community of
individuals and families who
share the traditions and
ageless beliefs of our Holy
Orthodox Christian Faith.

MISSION STATEMENT

VISION STATEMENT Our vision is to provide a loving, caring and welcoming environment where all belong and grow in the faith through worship, service, witness and fellowship.



The Trumpet welcomes news and events from our community and organizations.

#### Please submit information as follows:

Articles: trumpet@archangelmichaelchurch.org

Advertising information and sales: trumpet@archangelmichaelchurch.org

Calendar events: christine@archangelmichaelchurch.org

#### Mar/Apr Sunday Worship Schedule

Orthros: 7:15am; Divine Liturgies: 8:45am & 10:30am

#### "Therefore what God has joined together, let not man separate." (Matthew 19:6)

A few weeks ago, a divorce attorney who has a lot of Greek clients, contacted me. The attorney was very concerned about how many couples are seeking divorce, without trying to work through difficulties. Combined with this is that many of the divorces are very contentious, causing in the attorney's words, "a generation of damaged children." The question poised to me by the attorney was, "what is the church doing to help these families?" Using this backdrop as an introduction to this article, I would like to direct this article towards the spiritual crisis that is present in today's marriages. I would like to bring some attention to the spiritual and theological contributions of the sacrament of the marriage that point a couple towards a Christ centered life and the resources that are available for husbands and wives to strive towards authentic and Christ like relationships.



Marriage was created by God and blessed by God. This is seen in the very first marriage that took place in the history of the earth. Right after the creation of man and woman, the following is read in the Book of Genesis, "Then God blessed them, and God said to them, "Be fruitful and multiply; fill the earth and subdue it." (Genesis 1:28) In the Gospel of John, the first miracle that takes place (this gospel story is read at every Orthodox wedding) is the miracle of Jesus changing water into wine at the Wedding of Cana in Galilee. These events from the Holy Scripture exemplify the spiritual responsibility given by God to those who are married. The Church places the married couple on a high pedestal. The relationship in and of itself is the greatest worth in marriage. Marriage is created for husband and wife, and with their children, to strive upwards, to allow their marriage and family to be lifted up, by the power of the Holy Spirit into the heavenly realm. Marriage without God is like life without water. It brings down marriage and sets a low bar of the potential of marriage. In the miracle of Cana of Galilee, the wine that Jesus made miraculously from water was the best that they ever tasted. Couples may choose to live their life separate from an authentic relationship with God, and maybe they will be okay. However, from the story of Cana of Galilee, marriage takes on a greater taste, a greater essence; it has a greater meaning, when Jesus is invited into the relationship.

The highlight of the Orthodox marriage service is right after the priest has called upon the Holy Spirit to make the couple one. The priest places the holy crowns on top of the newlyweds' heads and they are exchanged three times. These crowns emphasize that at the center of their love is the love that Jesus teaches all from the holy cross. When the crown of thorns was placed on the precious head

of the Lord and He was crucified, Jesus displayed actions and words that show the world what love is. He forgave from the cross, so spouses are called to forgive each other! Jesus was patient on the cross. His task was not to destroy the people that He came to serve but to save them. How important is it for husbands and wives to practice patience with each other! "Now may the God of patience and comfort grant you to be like-minded toward one another, according to Christ Jesus" (Romans 15:5) The goal of marriage is for the spouses to build each other up and not to knock each other down! Jesus persevered and endured on the cross. There are times that families have to endure certain situations. There could be a health crisis or an economic crisis. A spouse could be dealing with an emotional or psychological issue. Oftentimes, perseverance will see each other through such trials with a greater harvesting of love. There are countless other lessons from Jesus on the Cross. The common denominator in all these lessons is the  $\alpha \gamma \dot{\alpha} \pi \eta$  that Jesus shows on the cross, is the αγάπη that each married couple is called to manifest in their relationships. "Beloved, if God so loved us, we also ought to love one another." (John 4.11)

There are tremendous resources available today that lend support and guidance to the family during the very challenging times of today. The Bible and prayer are tremendous resources to encourage a husband and wife to grow in intimacy with each other as God has shown us His intimacy. For a husband and wife to hold each other's hands and to pray in front of their icons invites the Holy Spirit to inflame the heart with God's love. The priest is a great resource. There is no greater advocate for the success of a married couple and their families than the priest. The doctor is concerned for the health of their families. Dentists want families to practice healthy oral hygiene. Accountants want their families to have good financial order for their home. The priest is praying for each family to grow in greater communion with God and the Church and with one another. Having the practice of Holy Confession assists couples to have encouragement from the priest to meet the challenges, which may confront each family. The Greek Orthodox Archdiocese offers a pre-Cana encounter with the theme of "Journey to Oneness" for engaged couples. This way they may not only prepare for the day of their wedding but for every day after that glorious day. "But we all, with unveiled face, beholding as in a mirror the glory of the Lord, are being transformed into the same image from glory to glory, just as by the Spirit of the Lord." (2Corinthians 3:18) A recently formed ministerial department of the Greek Orthodox Archdiocese is the Center for Family Care, which offers tremendous resources for spiritual and emotional growth amongst husbands and wives.

"What God has joined together, let no one separate." Husbands and wives are joined by God. Wherever one is, the other is also present. In all our thoughts, words, feelings and actions, may our spouses relish in the unconditional love of God, and the potential to move from glory to glory and be crowned by the Lord Himself one day in His Kingdom. That the Lord Jesus may say, "Well done, good and faithful servant; you have been faithful over a few things, I will make you ruler over many things. Enter into the joy of your lord!" (Matthew 25:23)

By Fr. John Lardas

In our contemporary time of trigger warnings and cancellation for offending others' sensitivities with our speech, it is no surprise that many feel the Orthodox Church is too harsh on the Jewish people in our hymns, most notably those of Holy Week, when we remember the Lord's Passion. Some even go so far as to say that the Gospel lessons that we read are offensive and anti-Semitic because they document the conspiracy of the Jews to put the Lord to death and the cries of

the crowd to crucify Him despite Pilate's personal reluctance. Of course, these Gospel lessons are divinely-inspired ture, and it is absolutely ludicrous to deny the historical circumstances which led to the death of our Savior. It was the Jews who were jealous of the Lord's great influence and rising power. The people of Israel were the ones who called out for the execution of their own God who led them out of Egypt to the Promised Land (Micah 6:4), and who abided with them in Babylon. Even the Lord Jesus Christ laments "O

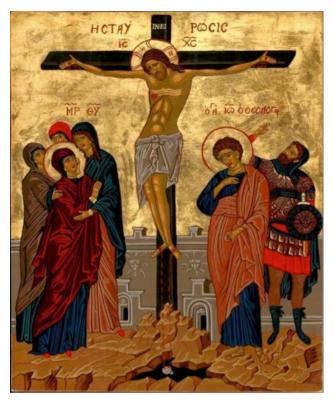
Jerusalem, Jerusalem, the one who kills the prophets and stones those sent to her." (Matt 23:37) It was the sons of Abraham who conspired with the traitor Judas to arrest Jesus in the dark of the night. The Jews were the ones who killed their own prophets and had the Lord put to death, becoming contrary to all men (1 Thess 2:15). We cannot deny this historical fact.

But our hymns and prayers do not detail historical facts but eternal truths. The hymns do not lament what a foreign people did thousands of years ago, but they are overwhelmingly from Christ's perspective, lamenting what His own people are doing to Him. The hymns and readings of Holy Week are not anti-Semitic in the least, but tremendously heart-wrenching because of Christ's affinity and affection for His own children whom He has nurtured for so long. But the most important reason why we remember that it was the people of Israel who put Him to death and the reason why we sing in so many of the hymns of the wretchedness of the Jews, is that we, my beloved, are those

very people, the people of Israel. We are the inheritors of the promise, the children of Abraham, the new Jewish nation, as the Church, and we put Jesus to death daily. So when we hear these hymns during Holy Week, remember that we are the Lord's persecutors despite His overwhelming love for us.

It is not an us vs. them distinction, but rather an us vs. Him distinction. He created us, loved us, and came to save us, and we put him to death. We have conspired to do away with Him when we ignore the Church teachings on morality. We have turned

a blind eye to His suffering when we do not fight injustice. We have been bought off like Judas when we do not support the beggar or those in need. We have cast judgement on the Incorruptible One when we look down on others. We have mocked and insulted Him when we gossip or hold a grudge. We have fled from His side when we do not come to Church. We have rejected the Lord's forgiveness when we refuse to forgive. We cast Him out of our lives when we allowed a virus to keep us from Church. We have called out "crucify Him" when we demonize those who do not agree with us. We have put to death the source of love, who is love Himself, when we refuse to love.



# **Give Heed To Thyself:**

The Mindful Christian In The Digital Age

We will be discussing the ascetical works by Saint Basil the Great

3/17 Give Heed to Thyself; 3/24 Against Anger; 3/31 Concerning Envy; 4/7 Of Humility; 4/14 On Detachment (Homily 21); 4/21 On Mercy and Justice



#### **The Archangel Michael Greek Orthodox Church**

100 Fairway Drive, Port Washington, NY 11050

#### **Pre-Sanctified Liturgy**

Wednesdays during the Great Lent 6:30PM

Followed by Lenten meal and discussion with Fr. John Lardas and

Fr. Michael Palamara

All readings may be found on the following websites

https://sites.google.com/site/stbasilasceticalworks/

(Of Humility Onlyl)

http://www.lectionarycentral.com/trinity11/Basil.html

#### Sacraments

Sat., March 6th 12:30 pm, Baptism: Child of

Toni & John Meintanas

Sun., March 14th

2:00 pm, Baptism: Child of Anthony & Katherine Varikos

2:00 pm, Adult Baptism:

**Kyle Soukup** 

Sat., March 27th

11:00 am, Baptism: Child of Margarita & Evangelos Loukas

Sun., March 7th

1:30 pm, Baptism: Child of Alexandra & Frank Jordan

# **SERVICES OF THE GREAT LENT 2021**

#### Pre-Sanctified Liturgies at 6:30PM Wednesdays, 9:30AM Fridays

Bible Study & Book Club will be at 11:00AM on Wednesdays and 8:00PM on Thursdays each week

#### **Greek School Pre-Sanctified Liturgies**

Tuesday, March 16 at 4:00PM, Wednesday March 17 6:00PM, Friday March 19 4:00PM – No Compline

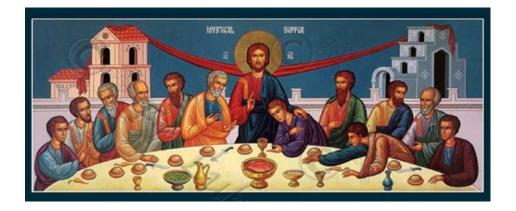
#### **Great Compline**

Mondays at 4:00PM, Tuesdays at 7:30PM-No Compline on March 16, 17

#### **Great Lent Vespers**

7:00PM & Bible Study/Book Club 8PM

Sat. March 6 Sun. March 7 Tues. March 9 Sat. March 13 Sun. March 14	The Saturday of the Souls Meat-fare Sunday The Feast of the 40 Martyrs of Sebaste 2 <sup>nd</sup> Saturday of the Souls Cheese-fare Sunday		
Juli. March 14	The Holy Vespers of Forgiveness		5:00PM
Mon. March 15	Clean Monday		Great Compline 7:00PM
Fri. March 19	Pre-Sanctified Liturgy – 4:00PM		1st Salutations 7: 00PM
Sat. March 20	The Miracle of the Kollyva	Challe	enge Divine Liturgy
Sun. March 21	The Sunday of Orthodoxy		
Thur. March 25	The Feast of the Annunciation		
Fri. March 26	Pre-Sanctified Liturgy – 9:30AM		2nd Salutations 7:00PM
Sun. March 28	Sunday of St. Gregory Palamas		
Fri. April 2	Pre-Sanctified Liturgy- 9:30AM		3rd Salutations 7:00PM
Sun. April 4	The Sunday of the Cross		
Fri. April 09	Pre-Sanctified Liturgy- 9:30AM		4th Salutations 7:00PM
Sat. April 10	Archangel Michael Parish Great Lent R	letreat	9AM-1PM
Sun. April 11	The Sunday of St. John of the Ladder		
Fri. April 16	Pre-Sanctified Liturgy- 9:30AM		Akathistos (Vigil) 7:00PM
Sun. April 18	The Sunday St. Mary of Egypt		
Thur. April 22	Great Compline- 6:30PM	Family Fello	owship Night & Palm
		Cross Makin	ng
Fri. April 23	Pre-Sanctified Liturgy- 9:30AM		



**Saturday of Lazarus** 

Sat. April 24

**Challenge Divine Liturgy** 

#### HOLY WEEK SERVICES

Saturday, April 24 <u>SATURDAY OF LAZARUS</u>

9:00 a.m. Orthros 10:00 a.m. Divine Liturgy (Challenge Divine Liturgy)

Sunday, April 25 PALM SUNDAY

7:15a.m.-Orthros

8:30a.m.-1st Divine Liturgy 11:00 a.m.-2nd Divine Liturgy 7:30p.m.-Service of the BRIDEGROOM

Monday, April 26 HOLY MONDAY

8:30a.m.-Pre-Sanctified Liturgy 7:00 p.m.-Service of the BRIDEGROOM

Tuesday, April 27 HOLY TUESDAY

8:30a.m.-Pre-Sanctified Liturgy 7:00 p.m.-Service of the BRIDEGROOM

Wednesday, April 28 HOLY WEDNESDAY

8:30a.m.-Pre-Sanctified Liturgy

3:00p.m.-The Holy Sacrament of the HOLY UNCTION 7:00p.m.-The Service and of the Washing of the Feet, HOLY UNCTION will be distributed at the end of the service

Thursday, April 29 HOLY THURSDAY

5:45a.m.-1st Vesper Liturgy of St. Basil, Institution of The Mystical Supper (Chapel) 8:30a.m.-2nd Vesper Liturgy of St. Basil, Institution of the Mystical Supper (Church)

7:00p.m.-Service of the HOLY PASSION

Friday, April 30 HOLY FRIDAY

9:00a.m.-Royal Hours

11:00a.m.-2:30 p.m. Youth Good Friday Retreat 3:00p.m.-Great Vespers of the Descent from the Cross

7:30p.m.-THE SERVICE OF THE LAMENTATIONS

Saturday, May 1 HOLY SATURDAY

8:30a.m.-Divine Liturgy of St. Basil

11:00p.m.-The Service of the Holy Resurrection

1:30a.m.-Traditional Easter Meal (Sponsored by the Archangel Michael Church)

Sunday, May 2 HOLY EASTER

10:30 a.m.-The Agape Service (Easter Egg Hunt and Chocolate Easter bunnies to be

given to all children)

Monday, May 3 St. George

Tuesday, May 4 Sts. Raphael, Nicholas & Irene of Mytelene

Wednesday, May 5
Friday, May 7
Saturday May 8
Sunday, May 9
St. Irene the Great Martyr
The Lifegiving Fountain
St. John the Theologian
Sunday of Thomas

#### PARISH COUNCIL 2021

Following the oath of office administered at the conclusion of the Divine Liturgy on January 10th, to new and returning members of the Parish Council, a meeting was held to elect the 2021 Executive Board.

Congratulations and best wishes to:

President: John Koumpourlis 1st Vice President: Nicholas Papain

2nd Vice President: Eleni Germanakos

Secretary: Helen Maropakis Treasurer: Nicholas Tzoumas

1st Assistant Treasurer: Michael Cavounis 2nd Assistant Treasurer: Chris Neocleous

Additional Parish Council members include: Michael Bapis, Stelios Diakoumakis, Fiffy Eliades, Demetrios Frangiskatos, James Gianakis, John Halkias, Joseph Isaakidis, George Kaparos, Nick Kokinakis, Spiro Maliagros, Michael Psyllos, Gus Rogdakis, Andreas Tsalikis, Demetrios Ziozis



#### 28th ANNUAL GOLF OUTING

SAVE THE DATE: The 28th Annual Archangel Michael Golf Outing, The Watsonian, will take place on THURSDAY, JUNE 10, 2021 at the Plandome Country Club. Mario Harris can be contacted at 516-365-2009 or meh003@hotmail.com. Additional information will be coming soon!

#### **PHILOPTOCHOS**





The efforts of Philoptochos over the course of 2020 have helped many. It should be noted that since January 1, 2020, the National Philoptochos Department of Social Services has closed 215 cases, helping individuals and families with a total of \$332,528.77. And the need continues. Additionally, for seven consecutive weeks from February 27 through April 9 the department will be conducting two concurrent Telephone Caregiver Support Groups for Orthodox Christians who care for a loved one on a daily basis, whether elderly, ill or disabled.

This year, 2021, promises to be an exciting year as the Archangel Michael Ladies Philoptochos is looking forward to working with all of you to carry out our mission as we embrace trials and overcome challenges that we will face as an organization. Our members have faith and never accept the word "no." There continue to be needs, and it is our responsibility to do the best that we can to fulfill those needs. The inspiring song lyrics from a country western song, "Be A Light" by Thomas Rhett, will hopefully offer encouragement to all of us in 2021. "In a time full of doubt, just believe" and "be a light".

#### 6TH Annual Godparent Brunch, Sunday, February 14, 2021

The Archangel Michael Ladies Philoptochos this year reimagined our Godparents Annual Brunch event as a Curbside Delivery Brunch-To-Go to be enjoyed in their homes with their loved ones. Families in our community celebrated this combined Godparent/Valentine's Day event by sharing a meal, sometimes together and sometimes apart via Zoom! Our families and their beloved Godparents were able to celebrate this day and their menu favorites through a link provided on the menu flyer. As we ring in a new year of outreach we ask that you continue to support Philoptochos endeavors.



This event is made possible each year through the generous sponsorships of businesses and individuals both within and outside of our Archangel Michael community. We wish to thank those that helped to provide or underwrite the purchase of any ingredients for the foods served.

#### The Archangel Ladies Philoptochos Scholarship

The Archangel Michael Ladies Philoptochos has established a Scholarship Committee, whereby granting a \$1,000 scholarship to a graduating high school senior who is of Greek Orthodox faith and has demonstrated a strong commitment to philanthropic endeavors throughout his or her high school career. It is our belief that a scholarship has the ability to boost morale and confidence in a student's ability to work toward his or her future. By supporting our youth in this manner, we help them build a strong foundation to achieve their potential. Interested applicants should submit the application and required items by May 15, 2021 and mail to:

Archangel Michael Ladies Philoptochos Society C/O Archangel Michael Greek Orthodox Church 100 Fairway Drive Port Washington, NY 11050

If you have any questions, please contact Diana Gardianos, Philoptochos President, at 516-850-6272.

#### NEWS AND EVENTS

#### Go Red Sunday

Go Red for Women is the American Heart Association's national call to increase awareness and help prevent heart disease, the number one killer of American women. This is a call for women, by women, to take charge of their well-being and live stronger, healthier lives.

The statistics make it clear why awareness is important; 90% of women have one or more risk factors for developing heart disease. Only 1 in 5 women believes that heart disease is her greatest health risk. 80% of cardiac events in women could be prevented if women made the right choices for their hearts. Join in the mission to increase awareness and help prevent heart disease in women today!

The National Philoptochos Society promotes the American Heart Association's Go Red for Women campaign. We want to improve awareness by sharing information with our Philoptochos sister, our parish community and all the women we know and love. The Archangel Michael Ladies Philoptochos rescheduled Go Red Sunday to February 21st after the original date of February 7th was snowed out! The community joined us by wearing red when they attended church services. Our Philoptochos made a donation to the American Heart Association and distributed literature, pins and keyrings after church to our community. Our Philoptochos is proud to support this important cause.

#### Diaper Drive

The Archangel Michael Ladies Philoptochos held a Diaper Drive for two weeks. There is an ongoing need for disposable diapers by families struggling with finances during this unprecedented time in our recent history. In order to be kept clean, dry and healthy, infants require 12 diapers per day and toddlers about 8. Disposable diapers can cost \$70 dollars to \$80 dollars per month, per baby. We collected 3,000 diapers and delivered them to our local Port Washington food pantry for needy families to pick up as needed. Many, many thanks to everyone that dropped off diapers for those in need.



#### Literacy Initiative

In the Spring of 2020, the Archangel Michael Philoptochos partnered with the Book Fairies to collect books for children and adults to be distributed in underprivileged communities in Long Island. This Spring we are partnering with Operation Paperback, a national non-profit organization that collects gently used paperback books and sends them to American troops overseas, as well as, veterans and military families here at home. Since 1999, they have shipped over 2.9 million books to veterans in countries all over the world.

Our service members and veterans have given so much for us and made sacrifices every day for our country. It takes so little to let them know that they are appreciated. When you donate a paperback book, you let America's military community know that you appreciate their service and their sacrifices. We thank you for being a part of this important Literary Initiative.

#### AMC ANNUAL BLOOD DRIVE

#### YOU HAVE THE POWER TO SAVE LIVES!

Roll up your sleeve on **Tuesday, March 16, 2021** for the 16th Annual Archangel Michael Church Blood Drive from 2:30-8:30 pm in the Fellowship Hall, administered by The New York Blood Center: www.ny blood center.org.



You may be astounded to learn that New York has never been self-sufficient in meeting its need for blood. There is presently a blood deficit in area hospitals as a result of a nearly one year long pandemic. There is no substitute for human blood and 1 in 3 adults will require a blood transfusion at some point in their lives. You can help remedy this situation by donating blood and giving the "Gift of Life".

By giving just one pint of blood, you will be able to help supply hospitals in Nassau County and Queens and save the lives of three people. The donation will include a mini medical examination and will take up to an hour per donor. To donate blood, you must wear a mask, must be 14 days symptom free if recovered from Covid-19, be between the ages of 16 and 75 (16 year olds need parental permission; 76 and over need doctor's note), weigh a minimum of 110 pounds, and feel well the day of the drive. Donors must also bring ID and know their social security number for the drive. Please bring your blood donor ID card for a quick registration. You may NOT donate if you have tested positive or experienced symptoms of Covid-19 in the last 14 days or if you are currently on self-quarantine restrictions.

Once again, New York Blood Center will have "ALYX", an automated red blood cell donation system which allows you to donate two units of critically needed red cells in just one visit. Red cells are critically

needed by surgery/trauma patients, cancer/chemotherapy patients, accident/burn victims and at-risk infants.

GIVE THE GIFT OF LIFE! APPOINTMENTS ARE STRONGLY ENCOURAGED. Donate blood on Tuesday, March 16th. For more information or to make an appointment, call Marina Vlahos at (516) 627-7303 or click on the link:

https://donate.nybc.org/donor/schedules/drive\_schedule/278944

#### LIONS

The AMC LIONS (Long Island Orthodox Networking) held their 4th Annual Event on January 12, 2021. The goal of the group is to provide coaching, advice, support, motivation and direction, internships, shadowing and entrance level work to our youth ages 15+, college students and our young adults.

The guest speakers for this year's event were, Dr. Maria Sfakianos, Director of the Surgical Intensive Care Unit at North Shore University Hospital, Caesar Munoz, A West Point graduate who is currently Director of Performance Management Strategy at Google, Chrystalla Neocleous, Interior Designer at Manhattan's VYDA Fine Interiors and Gus Tsahas, President of Tarasis Electric Corp.

The event began with the panel speakers and was followed by Breakout Sessions where the participants had the opportunity to meet and interact with many seasoned professionals from the AMC community who volunteer their time for this important event and then follow up at a later date with the attendees.





#### AMC YOUNG ADULTS

The Archangel Michael Church Young Adults have officially created a Young Adult Group under the advisorship of Fr. John and Fr. Michael! The pandemic has brought our Young Adults even closer due to the desire for social interactions within the Greek Orthodox community, but more so to learn about Christ together through these unprecedented times.

The Young Adult Group, which was officially created in July 2020, is a group of young adults ages 18-25. We welcome any Orthodox Christian young adult (not just AMC) and hope that this group will flourish beyond our community! The goal of this group, especially in times of COVID, is to bring young adults together to enrich our social and spiritual connections, while being safe and maintaining the health of all our members.

Over the Fall 2020 semester, the Young Adult group had many successful monthly meetings where we used the time to get to know each other and discuss future logistics of our organization. We discussed what we wanted to do for the Spring 2021 semester and how we could help with future events such as our 2021 AMC Festival.

There were two main events that were held in January 2021. The Young Adult Epiphany Vespers took place on January 4th. Many young adults from AMC as well as from ZP in the Bronx attended the Vespers Service to celebrate the Blessed Theophany! The service was then followed by a short night of Orthodox Jeopardy and small group discussions about the Theophany of our Lord. The AMC LIONS Networking event was held on January 12th. The AMC gym was occupied with high schoolers and many young adults interested in a vast array of careers. This night was filled with dynamic conversations in Business, Finance, Health and Medicine, Engineering, and many other fields. Many of our Young Adults had great conversations and received amazing advice as well as contacts within their field.





On Tuesday, February 8th the AMC Young Adults hosted its first in a series of biweekly "Lenten Discussion" over Zoom. We will continue to cover a variety of topics that are especially important over the course of Great Lent. To keep up to date on what the AMC Young Adults are doing, you can follow us on Instagram at:

@amc.youngadults!

# GREEK LANGUAGE INSTITUTE

The Archangel Michael Greek Language Institute celebrated the Three Hierarchs / Greek Letters Day on Sunday, January 31st. Our current 8th graders, students of Mr. Vangelis Chaziroglou, recited various speeches describing the lives of St. Basil the Great, St. Gregory the Theologian, and St. John Chrysostom, the Ecumenical teachers of our church. Their devotion to the church manifested itself through their dedication to teaching the holy writings and spreading the

word of our Lord. This feast day also commemorates the ministry of teaching. At our celebration, we honored Mrs. Eleni Capous for her 20 years of service to the AMC GLI community. Our current Principal, Mrs. Gregoria Giannou, School Board President, Dr. Vicky Giouroukakis, and our esteemed Father John Lardas all shared beautiful words about the boundless contributions and positive impact Mrs. Capous had on growing our Greek school. We also honored our 2020 graduates and offered them our heartfelt wishes for a prosperous and meaningful future.





While February usually brings one of the most anticipated events of the year, the AMC GLI Glendi, this year, due to COVID restrictions, we were unable to host this major fundraising event. In lieu of this, our AMC GLI PTA, with Mrs. Marietta Frangiskatos at its helm, sought creative ways to engage our parent association and raise the funds needed to expand our programs. As such, we held our first ever designer bag raffle. Only 200 tickets were sold at a cost of \$50 each. This exciting virtual event was quite successful and raised the necessary funds to expand technology and enhance our teachers' professional development opportunities.

Enhancements made to our technological platforms assisted us in ensuring the smooth transition (when necessary) to remote instruction. When remote instruction days were announced, our teachers didn't miss a beat! They were quickly able to join their students and continue teaching them through Google Meets and posted assignments on Google Classroom, thereby ensuring that their students were able to continue meeting the demands of our rigorous curriculum.

In anticipation of Greek Independence Day and the Annunciation of the Virgin Mary on March 25th, our students are preparing speeches and songs which will be shared virtually with our greater AMC GLI community. While, in many ways, the pandemic was and continues to be a challenging force in promoting education, our AMC GLI faculty refuse to allow it to deter our mission of upholding Greek language, religion, and culture! We want to remember that the war of Greek Independence, beginning in 1821 and lasting seven years, was fought against the Ottoman Empire and culminated in freedom for our forefathers. The children will be learning about the bravery, intellect, and passion of eternal heroic figures such as Bouboulina, Kolokotronis, Feraios and Ypsilantis. It is important for the students to be proud of their rich culture and hold the virtues of those who came before them deep within their hearts. In the famous words of revolutionary poet, Rigas Feraios, "Καλυτερα μιας ωρας ελευθερη ζωη, παρα σαραντα χρονια σκλαβια και φυλακη" ("It is finer to live one hour as a free man than forty years as a slave and prisoner.") May God continue to bless our beautiful country and all those of Greek descent, near and far!

On behalf of the AMC GLI Greek School Board, may your Easter be filled with happiness, love, and the grace of God! Happy Easter!

#### SUNDAY SCHOOL

The Archangel Michael Sunday School offers many wonderful opportunities for our children to learn more about our faith. Additionally, we continue to develop creative projects to engage the students in meaningful ways.

In February, we celebrated Godparent Sunday with

#### News & Events

our students by having the students create personalized cards for their godparents using photos, poems and original artwork. The students were photographed displaying their cards against a backdrop of their choice. Their smiling faces and cards were developed into a montage created by the Sunday School. Many thanks to the Sunday School teachers for their assistance in this project and an extra-special thank you to Maria Dimopoulos for organizing the montage!







We are looking forward to teaching the children more about the upcoming events leading to Easter and Pascha this Spring. Creative projects have been planned to enhance the curriculum and engage the students in learning about the Resurrection of Christ.

Finally, the St. John Chrysostom Oratorical Festival will be another opportunity for our students to further explore and deepen their Orthodox faith. Students research a topic from a list provided by the Archdiocese. The topics are then developed into a speech that is shared with the community.

Thank you to both parents, students and teachers for your commitment to the Sunday School. Wishing you a happy Spring and a Blessed Pascha!

#### **PRESCHOOL**

March comes in "like a lion and goes out like a lamb." Our rooms will be decorated with lions, lambs, kites and Greek Flags in celebration of Greek Independence Day. As April arrives the children will be looking forward to spring, playing outside in the warm weather and the celebration of Easter. Our rooms will be decorated with spring and Easter projects.

**Pre-K Class:** Letter and number recognition continue through the use of various manipulatives. The after-school Greek Enrichment program continues to be offered to the children of the Pre-K class. It affords them the opportunity to be introduced to the Greek Language.



Nursery Class: The children will continue learning their letters, numbers, shapes, and colors and will also be working on their alphabet and number books using various forms of art. They will be working on their Spring and Easter projects, and shapes. Fine motor skills are continuously enhanced through activities such as cutting, coloring, and Play-Doh. The children are learning their Greek numbers and colors through songs and finger play and enjoy listening to Greek stories while associating the words with felt cutouts for further understanding.



Toddler Class: The students continue to work on basic learning skills and social development. They are counting, reciting the alphabet and working on colors and shapes. They are coloring and gluing and are proud of their craft projects. Spring themes are running throughout the classroom. The children are eagerly awaiting Easter and the warmer weather to play outside in the school playground. The children are also learning Greek songs and poems through puppets and finger play.



All classes are enjoying music and body movement with Miss Roula.

#### Preschool will be closed on:

Wednesday, March 10: Parent Teacher Conferences Thursday, March 25: Greek Independence Day Mon.-Mon. April 26-May3: Easter Recess/ Holy Week

Upcoming Events:

Date TBA Preschool Open House (Virtual)

Thursday, April 22 Picture Day

#### PRESCHOOL OPEN HOUSE INFORMATION

The Archangel Michael Preschool invites you and your preschooler to our virtual "Open House" on a date to be announced. You will have the opportunity to meet the teachers and become familiar with our programs and facilities including an outdoor enclosed playground and equipment.

The Archangel Michael Preschool was founded in 1996 to provide an enriching social and academic environment to children of the Greek Orthodox faith. It is housed in the building of the Archangel Michael Church in Port Washington, NY. The Preschool obtained its New York State License in 2011.

Why is the Archangel Michael Preschool a great place to send your child?

- \* Dynamic, nurturing staff
- \* NYS Licensed School
- \* Greek Language & Religion
- \* Comprehensive Curriculum
- \* Five Hour Day Program Option

The Archangel Michael Preschool offers the following programs:

Mommy & Me (Ages 18 months-3 years)

Toddler Program (Ages 2-3)

Nursery (Ages 3-4) 9:00-11:30am or 9:00am-2:00pm

Pre-K (Ages 4-5) 9:00-11:30am or 9:00am-2:00pm

Contact us to attend at 516-944-3184 or by email at preschool@archangelmichaelchurch.org

#### **GOYA**

The New Year began with the traditional cutting of the Vasilopita during our first meeting of 2021. Congratulations to Mirianthi Tsismenakis, Ellie Parodi and 2021 Parish Council President, John Koumproulis for receiving the piece with the coin.



During January and February we had our usual Friday night get-togethers. On February 6th we had a fun night of ice skating at Port Washington Skating Center. The GOYAns had a great time on the ice while being careful to follow COVID rules.



The spirit of giving and service continued in the New Year as GOYA participated in our annual Midnight Run. On February 12th we headed down to the city with clothes and food generously donated by our community, to help the homeless. The GOYANs love giving their time to the Midnight Run, particularly this year, when the need is greater than ever.





# **Byzantine Youth Choir**

The Byzantine Youth Choir chants for the Divine Liturgy on the second and fourth Sundays of every month; in addition, please take note of the following dates:

Friday April 9th - Salutations To The Theotokos

April 24th - Saturday of Lazarus

April 25th - Palm Sunday

April 26th - Holy Monday

April 30th - Holy Friday

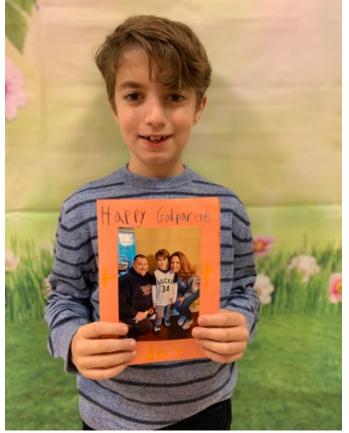


WISHING OUR ARCHANGEL MICHAEL FAMILY KALI ANASTASI!

#### **COMMUNITY PHOTOS**







#### COMMUNITY PHOTOS







18 | Archangel Michael | Mar/Apr 2021



## ARCHANGEL MICHAEL GREEK ORTHODOX CHURCH

# March Calendar 2021

Sun	Mon	Tues	Wed	Thu	Fri	Sat
	1	2	Paraklesis 10a	4 Vespers 7p	5	6 Saturday of the Souls
			Book Club 11a	Book Club 7:30p		Orthros 8:30a Divine Liturgy 9:30a
7	8	9	10	11	12	13
Meat-fare Sunday Orthros 7:15a 1st Divine Liturgy 8:45a 2nd Divine Liturgy 10:30a		Feast of the 40 Martyrs of Sebaste Orthros 8:30a Divine Liturgy 9:30a	Preschool Closed for Parent/Teacher Conferences Paraklesis 10a Book Club 11a	Vespers 7p Book Club 7:30p		2nd Saturday of the Souls Orthros 8:30a Divine Liturgy 9:30a
14	15	16	17	18	19	20
Cheese-fare Sunday  Orthros 7:15a 1st Divine Liturgy 8:45a 2nd Divine Liturgy 10:30a  Holy Vespers of Forgiveness 5p	Clean Monday Great Compline 4p	Blood Drive 2:30-8:30p GS Pre-Sanctified Liturgy 4p	Paraklesis 10a Bible Study 11a GS Pre-Sanctified Liturgy 6p	Great Lent Vespers 7p Bible Study 8p	GS Pre-Sanctified Liturgy 4p 1st Salutations 7p	Miracle of the Kollyva 3rd Saturday of the Souls Challenge Liturgy Orthros 9:30a Divine Liturgy 10:30a
21	22	23	24	25	26	27
Sunday of Orthodoxy Orthros 7:15a 1st Divine Liturgy 8:45a 2nd Divine Liturgy 10:30a	Great Compline 4p	Great Compline 7:30p	Paraklesis 10a Bible Study 11a Pre-Sanctified Liturgy 6:30p Lenten Meal & Lecture 8p	Feast of the Annunciation Orthros 8:30a Divine Liturgy 9:30a Great Lent Vespers 7p Bible Study 8p	Pre-Sanctified Liturgy 9:30a 2nd Salutations 7p	
28	29	30	31			
St. Gregory Palamas Orthros 7:15a 1st Divine Liturgy 8:45a 2nd Divine Liturgy 10:30a	Great Compline 4p	Great Compline 7:30p	Paraklesis 10a Pre-Sanctified Liturgy 6:30p Lenten Meal & Lecture 8p			



# ARCHANGEL MICHAEL GREEK ORTHODOX CHURCH

# April Calendar 2021

Sun	Mon	Tues	Wed	Thu	Fri	Sat
				1	2	3
				Great Lent Vespers 7p	Pre-Sanctified Liturgy 9:30a 3rd Salutations 7p	
4	5	6	7	8	9	10
Sunday of the Cross Orthros 9a Divine Liturgy 10:30a No Sunday School	Great Compline 4p	Great Compline 7:30p	Paraklesis 10a Book Club 11a Pre-Sanctified Liturgy 6:30p Lenten Meal & Lecture 8p	Great Lent Vespers 7p Book Club 8p	Pre-Sanctified Liturgy 9:30a 4th Salutations 7p	Archangel Michael Parish Great Lent Retreat 9a-1p
	12	13	14	15	16	17
St. John of the Ladder Orthros 7:15a 1st Divine Liturgy 8:45a 2nd Divine Liturgy 10:30a	Great Compline 4p	Great Compline 7:30p	Paraklesis 10a Book Club 11a Pre-Sanctified Liturgy 6:30p Lenten Meal & Lecture 8p	Great Lent Vespers 7p Book Club 8p	Pre-Sanctified Liturgy 9:30a Akathistos (Vigil) 7p	王
18	19	20	21	22	23	24
St. Mary of Egypt Orthros 7:15a 1st Divine Liturgy 8:45a 2nd Divine Liturgy 10:30a	Great Compline 4p	Great Compline 7:30p	Paraklesis 10a Bible Study 11a Pre-Sanctified Liturgy 6:30p Lenten Meal & Lecture 8p	Preschool Picture Day Great Compline 6:30p Family Fellowship Night & Palm Cross Making	Pre-Sanctified Liturgy 9:30AM	Saturday of Lazarus Orthros 9a Challenge Divine Liturgy 10a
25	26	27	28	29	30	May 1
Palm Sunday Orthros 7a 1st Divine Liturgy 8:30a 2nd Divine Liturgy 11a Service of the Bridegroom 7:30p GOYA Last Day for Luminary Candles Agape Service 10:30a Followed by Easter Egg Hunt for children	HOLY MONDAY Pre-Sanctified Liturgy 8:30a Service of the Bridegroom 7p	HOLY TUESDAY  Pre-Sanctified Liturgy 8:30a  Service of the Bridegroom 7p	HOLY WEDNESDAY  Pre-Sanctified Liturgy 8:30a  Service of the Holy Unction 3:00p  Service of the Washing of the Feet Holy Unction to be distributed 7p	HOLY THURSDAY  Vesporal Liturgy of St. Basil, Institution of the Mystical Supper 5:30a(chapel) & 8:30a  Service of the Holy Passion 7p	HOLY FRIDAY Office Closed Royal Hours 9a JOY Retreat 11a Great Vespers of the Descent from the Cross 3p Service of the Lamentations 7:30p	HOLY SATURDAY Divine Liturgy of St. Basil 8:30a The Service of the Holy Resurrection 11p Traditional Easter Meal 1:30a

The Trumpet reaches over 700 families of the Archangel Michael Greek Orthodox Church the majority of whom live in the North Shore communities surrounding the church.

If you are interested in becoming a sponsor please send an email to: trumpet@archangelmichaelchurch.org



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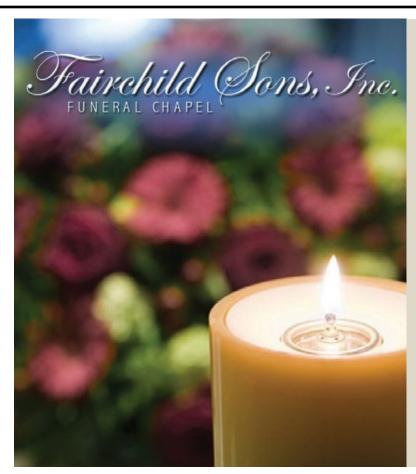
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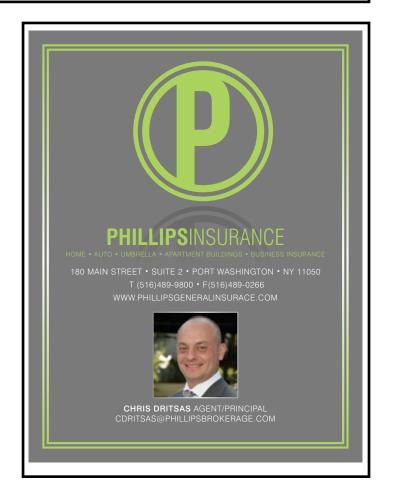
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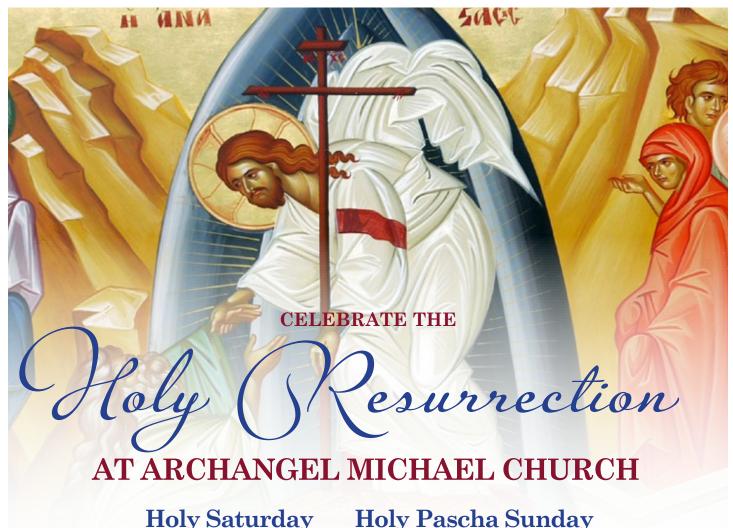
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Holy Saturday May 1

at 11:00pm

Please join our community for a traditional Easter meal at 1:30am

Holy Pascha Sunday May 2

Agape Service at 10:30 am
Followed by an Easter Egg hunt and
Chocolate Easter bunnies to be
given to all children