



## Archangel Michael Church

Η Εκκλησία του Αρχαγγέλου Μιχαήλ

100 Fairway Drive, Port Washington, NY 11050

(516) 944-3180 ~ [www.archangelmichaelchurch.org](http://www.archangelmichaelchurch.org)

Clergy: Fr. John Lardas, Fr. Michael Palamara, Fr. Dennis Strouzas



Ἦχος β' /Second Tone ~ Ἑωθινὸν Η' /8th Morning Gospel  
October 18<sup>th</sup>, 2020 ~ Luke the Evangelist

### The Holy Apostle and Evangelist Luke

Saint Luke was a physician by trade and from the city of Antioch. He was not one of the initial 12 disciples that the Lord was most close with, but one of the early subsequent apostles. He was likely a Jew by faith, but as a Hellenized one he was considered Greek. He became a disciple of the great Apostle St Paul. He assisted and followed him all the way to his martyrdom in Rome.

Saint Luke is of course most known for writing his Gospel account. In addition to his book of the Gospel account, he authored the Acts of the Apostles which is a sequel to the Gospel which tells of the work of the apostles after the Resurrection. It is thorough and detailed, even mentioning some simultaneous historical events which makes him the first historian from the Church. His presumed good education as a doctor likely allowed him to write in such a manner. It is for his primary identity as an Evangelist (Gospel writer) that he is depicted in iconography on the walls of our Church as you look up to the dome with the other evangelists. He wrote both addressed to Theophilus who was likely a Roman governor, however, as the name means "One who Loves God" it is addressed to all of us.

One last but important fact about the Apostle is that he was the first Christian iconographer.. It is told that when he sent the Gospel, he sent an icon of the Panagia and Christ with the messenger.



### Άγιος Λουκάς ο Ευαγγελιστής

Ο Άγιος Λουκάς ο Ευαγγελιστής καταγόταν από την Αντιόχεια της Συρίας και η εθνικότητα του ήταν Ελληνική. Ήταν γιατρός στο επάγγελμα, όμως γνώριζε πολύ καλά τη ζωγραφική τέχνη. Μάλιστα σε αυτόν αποδίδονται οι πρώτες εικόνες της Θεοτόκου με τον Ιησού Χριστό βρέφος στην αγκαλιά της (μία υπάρχει μέχρι σήμερα στη Μονή του Μεγάλου Σπηλαίου), καθώς και αυτές των Αποστόλων Πέτρου και Παύλου.

Στη χριστιανική πίστη κατηχήθηκε από τον Απόστολο Παύλο, τον οποίο συνάντησε στη Θήβα και έκτοτε αφοσιώθηκε στο κήρυγμα του Ευαγγελίου. Περίοδευσε στη Δαλματία, Ιταλία, Γαλλία, Αχαΐα, Βοιωτία κ.α. Συνέγραψε το τρίτο κατά σειρά Ευαγγέλιο της Καινής Διαθήκης, καθώς και τις πράξεις των Αποστόλων.

Λέγεται ότι πέθανε με μαρτυρικό θάνατο (κατ' άλλους ειρηνικά σε ηλικία 80 ετών), και το 357 μ.Χ., το λείψανο του μετακομίσθηκε στην Κωνσταντινούπολη, στο ναό των Αγίων Αποστόλων.

Ὡς ἰατρός καὶ μαθητὴς Λουκᾶ ἠγαπημένος, μυστικῇ χειρουργίᾳ τὰ πάθη τῆς ψυχῆς μου, καὶ τὰ τοῦ σώματος ὁμοῦ ἴασαι, καὶ δὸς μοι κατὰ πάντα εὐεκτεῖν, καὶ σοῦ τὴν παναοίδιμον γηθόμενος γεραίρειν πανήγυριν, ὁμβροῖς τε δακρύων, ἀντὶ μύρων τὸ σεπτὸν σου καὶ πάντιμον σῶμα καταβρέχειν· ὥς στήλη γὰρ ζωῆς ἐγγεγραμμένη τῷ ναῷ τῷ θαυμαστῷ τῶν Ἀποστόλων πᾶσιν ἐκφώνει, καθάπερ καὶ σὺ τὸ πρῶτον, τὸ θεῖον γράψας Χριστοῦ Εὐαγγέλιον.

O Holy Apostle and Evangelist Luke, intercede with our merciful God, that He may grant unto our souls forgiveness of offences.

Ἀπόστολε Ἅγιε καὶ Εὐαγγελιστὰ Λουκᾶ, πρέσβευε τῷ ἐλεήμονι Θεῷ, ἵνα πταισμάτων ἄφεσιν, παράσχη ταῖς ψυχαῖς ἡμῶν.

## ΣΥΝΑΞΑΡΙΟΝ

Τοῦ ἁγίου Ἀποστόλου καὶ Εὐαγγελιστοῦ  
Λουκᾶ. Τοῦ ἁγίου Μάρτυρος Μαρίνου τοῦ  
γέροντος.

### Ἀπολυτίκιον Ἦχος β΄

Ὅτε κατήλθες πρὸς τὸν θάνατον, ἡ Ζωὴ ἡ  
ἀθάνατος, τότε τὸν Ἄδην ἐνέκρωσας τῇ  
ἀστραπῇ τῆς Θεότητος, ὅτε δὲ καὶ τοὺς  
τεθνεώτας ἐκ τῶν καταχθονίων ἀνέστησας,  
πᾶσαι αἱ Δυνάμεις τῶν ἐπουρανίων  
ἐκραύγαζον· Ζωοδότα Χριστέ ὁ Θεὸς ἡμῶν  
δόξα σοι.

### Ἀπολυτίκιον Τοῦ Εὐαγγελιστοῦ

Ἀπόστολε Ἅγιε καὶ  
Εὐαγγελιστὰ Λουκᾶ, πρέσβευε τῷ ἐλεήμονι  
Θεῷ, ἵνα πταισμάτων ἄφεσιν, παράσχη ταῖς  
ψυχαῖς ἡμῶν.

### Κοντάκιον τοῦ Μνημοσύνου

Μνήσθητι Κύριε, ὡς ἀγαθὸς τοῦ (τῆς, τῶν)  
δούλου (ης, ων) σου, καὶ ὅσα ἐν βίῳ ἡμαρτ  
(εν) (εν) (ον) συγχώρησον\* οὐδεὶς γὰρ  
ἀναμάρτητος, εἰμὴ σὺ ὁ δυνάμενος καὶ τ(ῷ)  
(ῇ) (οῖς) μεταστά(ν)τι (ση) (σι) δοῦναι τὴν  
ἀνάπαυση

### Ἀπολυτίκιον Τῶν Ταξιαρχῶν

Τῶν οὐρανίων στρατιῶν Ἀρχιστράτηγοι,  
δυσωποῦμεν ὑμᾶς ἡμεῖς οἱ ἀνάξιοι, ἵνα ταῖς  
ὕμων δεήσεσι, τειχίσητε ἡμᾶς, σκέπη τῶν  
περυγῶν, τῆς αὐτοῦ ὑμῶν δόξης,  
φρουροῦντες ἡμᾶς προσπίπτοντας, ἐκτενῶς  
καὶ βοῶντας· Ἐκ τῶν κινδύνων λυτρώσασθε  
ἡμᾶς, ὡς Ταξιάρχαι τῶν ἄνω Δυνάμεων.

### Ἀπολυτίκιον Αἰκατερίνης Μεγαλομάρτυρος

Τὴν πανεύφημον νύμφην Χριστοῦ  
υμνήσωμεν, Αἰκατερίναν τὴν θεῖαν καὶ  
πολιούχον Σινά, τὴν βοήθειαν ἡμῶν καὶ  
ἀντίληπτιν, ὅτι ἐφίμωσε λαμπρῶς, τοὺς  
κομπσοὺς τῶν ἀσεβῶν, τοῦ Πνεύματος τῇ  
μαχαίρᾳ, καὶ νύν ὡς Μάρτυς στεφθεῖσα,  
αἰτεῖται πάσι τό μέγα ἔλεος.

### Κοντάκιον

Προστασία τῶν Χριστιανῶν ἀκαταίσχυντε,  
μεσιτεία, πρὸς τὸν Ποιητὴν ἀμετάθετε, μὴ  
παρίδης, ἁμαρτωλῶν δεήσεων φωνάς, ἀλλὰ  
πρόφθασον, ὡς ἀγαθὴ, εἰς τὴν βοήθειαν ἡμῶν,  
τῶν πιστῶς κραυγαζόντων σοι· Τάχυνον εἰς  
πρεσβείαν, καὶ σπεῦσον εἰς ἱκεσίαν, ἡ  
προστατεύουσα ἀεὶ, Θεοτόκε, τῶν τιμώντων σε.

## SYNAXARION

We commemorate the holy Apostle and  
Evangelist Luke and the holy Martyr Marinos  
the Elder.

### Resurrectional Apolytikion Second Mode

When You descended to the realm of death,  
You as immortal, rendered to Hades a mortal  
blow by Your all radiant divinity. And when  
You from infernal depths and the darkness be-  
low did raise the dead, all the hosts of  
heaven's powers did proclaim and cry out: O  
life-giving Christ and our God we give glory.

### Apolytikion of the Evangelist

O Holy Apostle and Evangelist Luke, inter-  
cede with our merciful God, that He may  
grant unto our souls forgiveness of offences.

### Kontakion of the Memorial

Remember, O Lord, as You are good, Your  
servant(s), and forgive every sin he (she, they)  
have committed in this life. For no one is sin-  
less except You, Who have power to grant  
rest to those who have fallen asleep.

### Hymn of the Archangels (4<sup>th</sup> Mode)

Supreme Commanders of the Hosts of the  
Heavens, \* we, the unworthy, importune and  
beseech you \* that by your supplications ye  
encircle us \* in the shelter of the wings \* of  
your immaterial glory, \* guarding us who now  
fall down \* and cry to you with fervor: \* De-  
liver us from dangers of all kinds, \* as the  
Great Marshals of the heavenly hosts on high.

### Apolytikion of Great Martyr Catherine

Let us praise the all-lauded and noble bride of  
Christ, \* the godly Catherine, the guardian of  
Sinai and its defense, \* who is also our sup-  
port and succor and our help; \* for with the  
Holy Spirit's sword \* she hath silenced bril-  
liantly the clever among the godless; \* and  
being crowned as a Martyr, she now doth ask  
great mercy for us all.

### Kontakion ( 2<sup>nd</sup> Mode)

A protection of Christians unshamable, Interces-  
sor to our Holy Maker, unwavering,  
Please reject not, the prayerful cries of those  
who are in sin. Instead, come to us, for you are  
good; Your loving help bring unto us, who are  
crying in faith to you: Hasten to intercede, and  
speed now to supplicate, as a protection for all  
time, Theotokos, for those who honor you.

## Scripture Readings for Today For Luke the Evangelist

### Πρὸς Κολοσσαεῖς 4:5-11, 14-18

Ἀδελφοί, ἐν σοφίᾳ περιπατεῖτε πρὸς τοὺς ἔξω, τὸν καιρὸν ἐξαγοραζόμενοι. Ὁ λόγος ὑμῶν πάντοτε ἐν χάριτι, ἅλατι ἡρτυμένος, εἰδέναι πῶς δεῖ ὑμᾶς ἐνὶ ἐκάστῳ ἀποκρίνεσθαι. Τὰ κατ' ἐμὲ πάντα γνωρίσει ὑμῖν Τυχικός, ὁ ἀγαπητὸς ἀδελφὸς καὶ πιστὸς διάκονος καὶ σύνδουλος ἐν κυρίῳ· ὃν ἐπεμψα πρὸς ὑμᾶς εἰς αὐτὸ τοῦτο, ἵνα γνῶ τὰ περὶ ὑμῶν καὶ παρακαλέσῃ τὰς καρδίας ὑμῶν· σὺν Ὁνησίμῳ τῷ πιστῷ καὶ ἀγαπητῷ ἀδελφῷ, ὅς ἐστιν ἐξ ὑμῶν. Πάντα ὑμῖν γνωριοῦσιν τὰ ὧδε. Ἀσπάζεται ὑμᾶς Ἀρίσταρχος ὁ συναιχμάλωτός μου, καὶ Μάρκος ὁ ἀνεψιὸς Βαρνάβα, περὶ οὗ ἐλάβετε ἐντολὰς - ἐὰν ἔλθῃ πρὸς ὑμᾶς, δέξασθε αὐτόν· καὶ Ἰησοῦς ὁ λεγόμενος Ἰουῆστος, οἱ ὄντες ἐκ περιτομῆς· οὗτοι μόνοι συνεργοὶ εἰς τὴν βασιλείαν τοῦ θεοῦ, οἵτινες ἐγενήθησάν μοι παρηγορία. Ἀσπάζεται ὑμᾶς Λουκᾶς ὁ ἱατρὸς ὁ ἀγαπητός, καὶ Δημᾶς. Ἀσπάσασθε τοὺς ἐν Λαοδικείᾳ ἀδελφούς, καὶ Νυμφᾶν, καὶ τὴν κατ' οἶκον αὐτοῦ ἐκκλησίαν. Καὶ ὅταν ἀναγνωσθῇ παρ' ὑμῖν ἡ ἐπιστολή, ποιήσατε ἵνα καὶ ἐν τῇ Λαοδικαίων ἐκκλησίᾳ ἀναγνωσθῇ, καὶ τὴν ἐκ Λαοδικείας ἵνα καὶ ὑμεῖς ἀναγνῶτε. Καὶ εἶπατε Ἀρχίππῳ, Βλέπε τὴν διακονίαν ἣν παρελάβες ἐν κυρίῳ, ἵνα αὐτὴν πληροῖς. Ὁ ἀσπασμὸς τῇ ἐμῇ χειρὶ Παύλου. Μνημονεύετε μου τῶν δεσμῶν. Ἡ χάρις μεθ' ὑμῶν. Ἀμήν.

### The reading is from St. Paul's Letter to Colossians 4:5-11, 14-18

Brethren, conduct yourselves wisely toward outsiders, making the most of the time. Let your speech always be gracious, seasoned with salt, so that you may know how you ought to answer every one. Tychicos will tell you all about my affairs; he is a beloved brother and faithful minister and fellow servant in the Lord. I have sent him to you for this very purpose, that you may know how we are and that he may encourage your hearts, and with him Onesimos, the faithful and beloved brother, who is one of yourselves. They will tell you of everything that has taken place. Aristarchos my fellow prisoner greets you, and Mark the cousin of Barnabas (concerning whom you have received instructions if he comes to you, receive him), and Jesus who is called Justos. These are the only men of the circumcision among my fellow workers for the kingdom of God, and they have been a comfort to me. Luke the beloved physician and Demas greet you. Give my greetings to the brethren at Laodicea, and to Nympha and the church in her house. And when this letter has been read among you, have it read also in the church of the Laodiceans; and see that you read also the letter from Laodicea. And say to Archippos, "See that you fulfill the ministry which you have received in the Lord." I, Paul, write this greeting with my own hand. Remember my fetters. Grace be with you. Amen.

### Ἐκ τοῦ Κατὰ Μάρκον Λουκᾶν 10:16-21 Εὐαγγελίου τὸ Ἀνάγνωσμα

Εἶπεν ὁ Κύριος τοῖς ἑαυτοῦ μαθηταῖς· Ὁ ἀκούων ὑμῶν ἐμοῦ ἀκούει, καὶ ὁ ἀθετῶν ὑμᾶς ἐμὲ ἀθετεῖ· ὁ δὲ ἐμὲ ἀθετῶν ἀθετεῖ τὸν ἀποστείλαντά με. Ὑπέστρεψαν δὲ οἱ ἐβδομήκοντα μετὰ χαρᾶς λέγοντες· Κύριε, καὶ τὰ δαιμόνια ὑποτάσσεται ἡμῖν ἐν τῷ ὀνόματί σου. Εἶπε δὲ αὐτοῖς· ἑθεώρουν τὸν σατανᾶν ὡς ἀστραπὴν ἐκ τοῦ οὐρανοῦ πεσόντα. ἰδοὺ δίδωμι ὑμῖν τὴν ἐξουσίαν τοῦ πατεῖν ἐπάνω ὄφεων καὶ σκορπίων καὶ ἐπὶ πᾶσαν τὴν δύναμιν τοῦ ἐχθροῦ, καὶ οὐδὲν ὑμᾶς οὐ μὴ ἀδικήσῃ. πλὴν ἐν τούτῳ μὴ χαίρετε, ὅτι τὰ πνεύματα ὑμῖν ὑποτάσσεται· χαίρετε δὲ ὅτι τὰ ὀνόματα ὑμῶν ἐγράφη ἐν τοῖς οὐρανοῖς. Ἐν αὐτῇ τῇ ὥρᾳ ἠγαλλίασατο τῷ πνεύματι ὁ Ἰησοῦς καὶ εἶπεν· ἐξομολογοῦμαί σοι, πάτερ, κύριε τοῦ οὐρανοῦ καὶ τῆς γῆς, ὅτι ἀπέκρυψας ταῦτα ἀπὸ σοφῶν καὶ συνετῶν, καὶ ἀπεκάλυψας αὐτὰ νηπίοις· ναί, ὁ πατήρ, ὅτι οὕτως ἐγένετο εὐδοκία ἐμπροσθέν σου.

### The Gospel According to Luke 10:16-21

The Lord said to his disciples, "He who hears you hears me, and he who rejects you rejects me, and he who rejects me rejects him who sent me." The seventy returned with joy, saying, "Lord, even the demons are subject to us in your name!" And he said to them, "I saw Satan fall like lightning from heaven. Behold, I have given you authority to tread upon serpents and scorpions, and over all the power of the enemy; and nothing shall hurt you. Nevertheless do not rejoice in this, that the spirits are subject to you; but rejoice that your names are written in heaven." In that same hour he rejoiced in the Holy Spirit and said, "I thank you, Father, Lord of heaven and earth, that you have hidden these things from the wise and understanding and revealed them to babes; yes, Father, for such was your gracious will."



## **GREEK ADULT CLASSES**

**The Archangel Michael Church is offering Basic Modern Greek classes for Adults.**

Modern Conversation Greek is designed to introduce adults to the vocabulary, alphabet and grammatical structure of the Greek Language.

We are offering Level 1 and Level 2 classes.

The classes will cover basic skills needed in reading, speaking, listening and pronunciation eventually leading to conversing in Modern Greek.

The classes meet on Mondays from 7:00-9:00pm and will run for 10 weeks starting Monday, November 21.

Member Fee: \$170 - Non Member Fee: \$190

*Registration is ongoing. For more information and to register please call 516-944-3184 These classes are in classroom classes at the Archangel Michael Church classrooms.*

Archangel Michael Greek Language Institute Modern  
Greek for Adults

Teen Conversational & Culture Classes

Fall 2020



The Archangel Michael Greek Language Institute is offering **ONLINE** Greek Language courses:

Modern Greek for Adults Classes:

Beginners/Advanced Beginners (A1/A2) Level

Intermediate/Advanced (B1/B2) Level

**Teen Conversation and Culture Classes** (age 15 and up)

Each course will start the week of September 28, 2020.

### **Modern Greek for Adults Classes**

**Duration:** September to May 2021 (2 Semesters)

**Day and Time:**

Wednesdays 6:45 – 8:00 p.m. Beginners/Advanced Beginners (A1/A2)

Wednesdays 8:00 – 9:15 pm Intermediate/Advanced (B1/B2)

**Fee:** \$700

### **Teen Greek Conversational and Culture Classes**

**Duration:** September to May 2021 (2 Semesters)

**Day and Time:** Monday 7:00 – 8:15pm

**Fee:** \$700

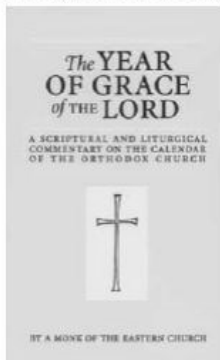
For more information please contact Dr. Maria Athanasopoulou at: [athmaril@gmail.com](mailto:athmaril@gmail.com)



## AMC Book Club

Discover the Liturgical Calendar of the Orthodox Church

The Yearly Timeline of Salvation



Every 1st & 2nd Wednesday/Thursday of the Month

Wednesdays at 11AM and Thursdays at 7:30PM

Order the Book through AMC

by clicking this link: <https://archangelmichaelchurch.org/article/book-club-2020/>

In Person and on Zoom, Check Email Blast for Zoom Link

October to May

Join in Prayer before book Club:

Wednesday Paraklesis 10AM &

Thursday Vespers 7PM

# Love the Lord your God

## with all your



## and with all your



## and with all your



## and with all your



Mark 12:30

## The Archangel Michael Church Bible Study

3rd & 4th Wednesday of the Month (Morning at 11AM)

3rd & 4th Thursday of the Month (Evening at 7:30PM)

From September to May

"The Fruit of the Spirit is Joy, Love, Peace, long-suffering, kindness, goodness, faithfulness, gentleness, self-control."

Galatians (5:22-23)



"I can do all things through Christ who strengthens me."

Philippians (4:13)

St Paul's Epistles to the:

**Galatians, Ephesians and Philippians**

Bring your Bible and join the Services Before Bible Study:

Paraklesis Wednesday, 10AM

Vespers Thursday, 7:30PM

In Person and by Zoom, Check Email Blast for Zoom Link



\*For ages 10 and up

\*High-dose flu shots available to individuals 65+ and are free for Medicare part B members

\*No appointments necessary

\* MASKS & SOCIAL DISTANCING REQUIRED

Get the **FLU SHOT** not the flu!

**Where: Archangel Michael Church**

**When: Sunday, October 18th, 2020**

**AND**

**Sunday, October 25th, 2020**

SPONSORED BY:

**CVS pharmacy**

**FLU SHOTS**



**Time: 8am-1pm**



## Vigil for the Feast of St. Nektarios

Sunday November 8th @ 7:30PM

Great Vespers

Paraclesis

Orthros

Divine Liturgy



Featuring a Procession with the Relic of St. Nektarios

St. Nektarios is a Patron Saint for those diagnosed and living with cancer

*A light meal will be served at the end of the vigil around 12:00AM*

## The Archangel Michael Church 27th Annual Golf Outing



## The Plandome Country Club THE WATSONIAN

Contact Mario Harris—516 365 2009 or meh003@hotmail.com

### The AMC GOLF OUTING: SCHEDULE OF THE DAY

8:45-9:45 Registration

9:00-10:15 Breakfast / Brunch

9:30-10:30 Putting Contest (on the practice Green)

10:30 - Meet for the Shotgun Start - Go to carts & ready to go to hole assignments.

### Saints of the Week:

**Sunday, October 18th ~ St. Luke the Evangelist, St. Marinos the Martyr**

**Monday, October 19th ~ St. Joel the Prophet, St. Varys the Martyr**

**Tuesday, October 20th ~ St. Gerasimos of Cephalonia, St. Artemios of Antioch**

**Wednesday, October 21st ~ St. Hilarion the Great, Relics of St. Christodoulos of Patmos**

**Thursday, October 22nd ~ St. Averkios of Hierapolis, St. Rufus the Righteous**

**Friday, October 23rd ~ St. James the Apostle; St. Ignatius, Patriarch of Constantinople**

**Saturday, October 24th ~ St. Arethas the Great Martyr, St. Sebastiane the Martyr**

**Sunday, October 25th ~ St. Marcianos & Martirios; St. Tabitha, raised by St. Peter**

### Upcoming Events:

~ **TODAY:** Sunday, October 18th - Virtual General Assembly Zoom Meeting 1:00 pm

~ **TODAY & next Sunday:** October 18th & 25th, from 8am - 1pm - AMC Flu Shot Clinics

~ **Save the Date:** Thursday, October 22nd - The Annual Watsonian Golf Outing

~ **Save the Date:** Sunday, October 25th - GOYA Pancake Breakfast ("Breakfast-to-go")

~ **Save the Dates:** Saturday, November 7th - Great Vespers for the Feast of the Archangel Michael 7pm, Celebrated by His Grace, Bishop Apostolos of Medeia

Sunday, November 8th - Feast of the Archangel Michael, Celebrated by His Eminence Archbishop Elpidophoros: Orthros 8:30 am, Divine Liturgy 10:00 am

**ALSO:** Vigil for St. Nektarios - Sunday evening November 8th beginning at 7:30 pm

~ **Save the Date:** Sunday, November 15th - Veteran's Sunday

~ **Save the Date:** Thursday, November 26th - Altar Boy Football Game 8:30 am

~ **Save the Date:** Friday, March 5th, 2021 - The 40th Anniversary of AMC's Nameday Dinner Dance!

**Archangel Michael**



**GOYA**



*Proudly Presents Its Annual*

# Pancake Breakfast

**NEW THIS YEAR BREAKFAST TO-GO**

**Sunday, October 25th, 2020**

**After Liturgy**

Adults \$20 GOYANS/ KIDS (12 and under) \$10



*Enjoy breakfast with an opportunity to play for great prizes!*

*Proceeds to benefit AMC GOYA*

**"Love Your Philoptochos"**  
**Friends to All People in Need**

**October 1-31**

**"No-Bake Sale"**

**Recipe for a Fundraiser**

**Ingredients:**

- 1 lb Love (self rising)
- 3 heaping cups Support
- 2 cups Kindness
- 1 tbs Awareness
- 3 eggs (this is no Yoke!)



**Directions:**

- ~Put away your cake pans
- ~Stir Up others to Contribute
- ~Fire Up your pen
- ~Contact Us with your credit card info
- ~OR~
- ~Open Your Checkbook and send the money it would take to bake or purchase a dessert
- ~Dash to the Mailbox

**Recipe Yields:**

Social Services & Support for those in need

**Nutritional Information:**

Zero Calories, Gluten-Free, Vegan

**Warning!** You may experience a warm & fuzzy feeling similar to a sugar high

**Mail Contributions To:**

**AMC Philoptochos**

**100 Fairway Drive, PW N.Y. 11050**

**Philoptochos@archangelmichaelchurch.org**

## Upcoming Worship Services:

**Tuesday, October 20th:**

**Feast of St. Gerasimos ~ Orthros 8:30 am, Divine Liturgy 9:30 am**

**Wednesday, October 21st:**

**Paraklesis of the Theotokos 10:00 am**

Followed by Bible Study at 11:00 am

**Thursday, October 22nd: Small Vespers 7:00 pm**

Followed by Bible Study at 7:30 pm

**Friday, October 23rd:**

**Feast of St. James ~ Orthros 8:30 am, Divine Liturgy 9:30 am**

**Sunday, October 25th: 6th Sunday of Luke:**

**Orthros 7:30 am, 1st Divine Liturgy 8:45 am,**

**2nd Divine Liturgy 10:30 am**

## Today's Memorials:

1 Year for Zoya Goncharova

15 Years for Vladimir Goncharov

**May their Memory**

**Be Eternal !**



## Elections New:

**Parish Council Elections this year**  
**(with Covid-19 still a concern)**

**will be "MAIL IN BALLOT" only.**

**All forms can be downloaded from**  
**the website:**

**Ballot request form**

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# **The Great Feast of the Synaxis of the Archangels Michael and Gabriel & All the Heavenly Hosts**



## **Saturday, November 7th: Great Vespers at 7pm**

**Celebrated by His Grace Bishop Apostolos of Medeia, Vicar of Long Island  
& Secretary of the Holy Synod of the Greek Orthodox Archdiocese of America**  
*(Due to Social Distancing Protocols, a light refreshment will be offered outside)*

## **Sunday, November 8th: Orthros 8:30am, Divine Liturgy 10:00am**

**Celebrated by His Eminence, Archbishop Elpidophoros of the Greek Orthodox  
Archdiocese of America**

*(Due to Social Distancing Protocols, a light refreshment will be offered outside)*

*Sign Up for the Great Vespers and/or Divine Liturgy:*

**<https://archangelmichaelchurch.org/>**

***Please scroll to the bottom of the main page of the website***