Thurs., March 12th:
Preschool Open House

Sun., March 15th:
Oratorical Festival

Tues., March 17th:
Annual Blood Drive

Sun., March 22nd
Ordination of Dn. Michael to the Holy Priesthood

Sun., March 29th:
Greek Independence Day Parade

Thurs., April 9th:
Palm Cross Making
Family Fellowship Night

Lazarus Saturday, April 11th:
Challenge Liturgy With Archbishop Elpidophoros

The Restoration Of The Icon
Is Celebrated On The First Sunday Of The Great Lent
The Archangel Michael Greek Orthodox Church is dedicated to the continuation of our Lord and Savior Jesus Christ’s ministry of salvation through the proclamation and teaching of the Gospel. We are a community of individuals and families who share the traditions and ageless beliefs of our Holy Orthodox Christian Faith.

Our vision is to provide a loving, caring and welcoming environment where all belong and grow in the faith through worship, service, witness and fellowship.

Mission Statement

Vision Statement

The Archangel Michael Greek Orthodox Church is a parish of the Direct Archdiocesan District and Greek Orthodox Archdiocese of America (www.goarch.org, 212-570-3500) under the spiritual jurisdiction of the Ecumenical Patriarchate of Constantinople.

About the Parish

Archangel Michael Greek Orthodox Church
100 Fairway Drive
Port Washington, New York 11050
Phone: 516-944-3180
Fax: 516-944-3185
Website: ArchangelMichaelChurch.org
Email: info@archangelmichaelchurch.org

Archangel Michael Church is a parish of the Direct Archdiocesan District and Greek Orthodox Archdiocese of America (www.goarch.org, 212-570-3500) under the spiritual jurisdiction of the Ecumenical Patriarchate of Constantinople.

Archbishop Elpidophoros
Ecumenical Patriarch Bartholomew

Clergy
Fr. John K. Lardas, Protopresbyter
Fr. Dennis Strouzas,
Protopresbyter of the Ecumenical Patriarchate

Chanter: Petros Malliaris
Office Staff: Dora Gouramanis, Catherine Papagianakis
Christine Zeiner

Parish Council Members

Executive Board
President: Nicholas Papain
1st Vice President: Harry Lascarides
2nd Vice President: Eleni Germanakos
Treasurer: Nicholas Tzoumas
1st Assistant Treasurer: Michael Cavounis
2nd Assistant Treasurer: Chris Neocleous
Secretary: John Koumpourlis

Stelios Diakoumakis, Fiffy Eliades, Demetrios Frangiskatos, James Gianakis, Nick Kokinakis, Spiro Maliagos, Helen Maropakis, Barbara Mavro, Oscar Michelen, Mark Pappas, Gus Rogdakis, Peter Stavrinos, Andreas Tsalikis, Demetrios Ziozis

About the Trumpet

The Trumpet is the newsletter of Archangel Michael Greek Orthodox Church.

Production
2020 Parish Council President: Nicholas Papain
Editors: Barbara Mavro, Eleni Sfiroudis
Copy Editor: Steve Diakoumakis
Direct inquiries to: trumpet@archangelmichaelchurch.org
Calendar Editor: Christine Zeiner

The Trumpet welcomes news and events from our community and organizations.

Please submit information as follows:
Articles: trumpet@archangelmichaelchurch.org
Advertising information and sales: trumpet@archangelmichaelchurch.org
Calendar events: christine@archangelmichaelchurch.org

Mar/Apr Worship Schedule
Sunday Services: 8:15am Orthros, 9:30am Liturgy
When there is a Hierarchical Divine Liturgy being celebrated, right before the reading of the epistle, the deacon or the priest at the command of the bishop, turns to the people and recites the following verse, “Lord, save the pious, Κύριε σώσον τους εὐσεβής!” The phrase a godly life or godliness in St. Paul’s letters to Timothy is translated from the Greek word “εὐσεβής”. Another way to express this word in English is the word “pious”. Piety is sometimes frowned upon, because it looks funny from the perspective of the world: people running to a bishop or a priest to receive a blessing; women on a bus in Greece, crossing themselves every time they pass a church. There is so much kinetic energy on that bus as a result of that piety that it could probably run the air conditioner of the bus. In today’s modern world piety is often ridiculed, sometimes because it seems to lack intellectuality and it often expresses a sense of a holy foolishness and vulnerability, which the world cannot digest. Sometimes for good reasons piety is mocked because what seems to be piety is actually a presentation of false piety.

In the Parable of the Publican and the Pharisee that begins the holy period of the Triodion (a book of the church that begins three weeks before the Great Lent and ends on Holy Friday), the Pharisee presents himself as a pious person but in essence, he expresses a false piety. He boasts about all his good works, and the things that he DOES not do that would be considered evil; however his piety is all about himself and not connected to God. He plays the role of God by casting judgement on the publican. His prayers were left unjustified by God.

As the Great Lent approaches, this year Clean Monday, begins on March 2nd, the hymns, scriptural readings and prayers of the Triodion guide the Orthodox Christian to embracing a life of piety. This piety prescribed by the Triodion leads a Christian to embrace the life of Christ, which as St. Paul says is suffering and it is a mystery. What are some of the acts of piety that create a holy sweet smelling aroma for the person? Some pious acts are those of: humility, fasting, prayer, confession, the secret working of philanthropy, being engaged in all the incredible holy services that take place during this most gracious of seasons.

“As many doctors acknowledge, periodical fasts contribute to bodily hygiene. While involving genuine self-denial, fasting does not seek to do violence to our body but rather to restore it to health and equilibrium.” This is not a quote from Dr. Jason Fung an expert on intermittent fasting but by Bishop Kallistos Ware, a famous Orthodox Bishop. In a world that seems so out of control with people not able to control their mouths, nor their hands or any other part of their body, how beautiful is the art of fasting in the Orthodox Church. To keep it from being an expression of false piety, St. John Chrysostom reminds each person what is the goal and focus of fasting. “Abstinence not only from food but from sins…should be kept not by the mouth alone but also by the eye, the ear, the feet, the hands and all the members of the body.” Fasting is a great discipline for living a life of self-control. During the Great Lent, some of the most beautiful, poetic, musical hymns and services are presented to the faithful. These services have so much wealth, tradition, spirituality and compunction that they are worth more than any other enticing entertaining event that the world could offer. How incredibly pious it would be for a Friday night if the parishioners of the church, instead of making a reservation for a restaurant, Broadway show or sport event, would consider attending the powerful and uplifting service of the Salutations to the Virgin Mother. What power found in humility to hear the Archangel Gabriel approach the Theotokos and say, “Rejoice! And beholding Thee, O Lord, taking bodily form…Rejoice, Thou through whom joy will shine forth: Rejoice, Thou through whom the curse will cease!”

Another act of piety is for the Christian to prepare oneself for holy confession during the Great Lent. A majority of the hymns of the Triodion are of compunction. In the subliminal modes of how they are chanted, ones soul begins to open up to the potential of God’s grace, mercy and love filling it, at this moment, one cannot help, but to fall onto their knees, and to seek the forgiveness of God, through the great gift of the mystery of Holy Confession. During the Great Canon of St. Andrew, which is a service of repentance, the hymnographer writes this very famous kontakion, “My soul, O my soul, rise up! Why art thou sleeping? The end draws near, and soon thou shalt be troubled. Watch, then that Christ thy God may spare thee, for He is everywhere present and fills all things.” Confession is an act of humility. It is a pious act that separates one’s life from hypocrisy. In a Christian acknowledging sin in one’s life, it keeps a person grounded, humble and less likely to judge another person.

The Holy Trinity is an expression of unconditional and unmeasurable love. By engaging in the mystery of the life of Christ, a Christian’s life may become a true expression of piety, of godliness of “εὐσεβεία”. St. Nektarios relates the virtue of humility to white light. In white light are all the colors that show forth when they are refracted through a prism. These colors are all the other virtues that shine forth from humility. “Lord, save the pious!”

By Father John Lardas
Deacon Michael Palamara and his wife Diakonissa Hannah are thrilled to have joined the Archangel Michael Church. Dn Michael was born and raised in Flushing, NY and grew up in the St. Nicholas Church. He remembers Father John as one of the priests there who ran the youth programs. He went to the Bronx High School of Science and then continued to commute to the Bronx to attend Fordham University for college.

He majored in Finance and enjoyed many of the fruits of the Orthodox Christian Studies Center there, one of which was a minor in Orthodox Christianity. After graduating in 2015, he worked in finance for just over a year before entering the seminary in Boston. He served on staff at Camp Saint Paul and was the adviser for several parish GOYA's for many years before and after entering the seminary. He recently completed his studies with a Masters of Divinity from Holy Cross Greek Orthodox School of Theology this past December.

Dn Michael and Dksa Hannah married on August 16, 2015. She grew up in several different states on the West Coast before her family settled in Washington State just outside of Portland, Oregon. She went to FIT in Manhattan which is how she met Dn Michael through the Orthodox Christian Fellowship. They are blessed with three beautiful daughters born in 2016, 2017, and just this January. Their names are Genevieve Faith, Seraphima Hope, and Melania Love; you cannot miss them in church. Both Deacon and Diakonissa are from faithful Orthodox families and pray that they can raise their children in the kind of homes in which they were raised.

Dn Michael was ordained to the diaconate on October 19, 2019 through the hands of Bishop Andonios at St. Nicholas Church in Flushing. He started serving at Archangel Michael Church on weekends and began serving there full time once he completed his studies this past December. He would like to invite you all to his upcoming ordination to the Holy Priesthood on March 22, 2020 here at Archangel Michael Church, by Archbishop Elpidophoros.

Through God’s grace and the guidance of Fr. John he hopes to continue to serve the AMC community for years to come. The community has been most welcoming and hospitable and he and his family will offer themselves entirely to the needs of the Church.
**SACRAMENTS**

- **Sat., Mar. 7th**
  12:00 noon, Baptism: Child of George & Katelyn Damanis

- **Sat., Mar 28th**
  2:30 pm, Baptism: Child of Angelo & Katie Mouselimis

- **Sat., April 4th**
  4:00pm, Baptism: Child of Charles & Sherry Trilivas

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**ORDINATION TO THE HOLY PRIESTHOOD**

All are invited to witness the Ordination of Dn. Michael Palamara to the Holy Priesthood by Archbishop Elpidophoros on March 22, 2020 at Archangel Michael Church. A reception will follow in the Angeliades Fellowship Hall.

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**Pre-Sanctified Divine Liturgy**

**Lenten Nights Sponsored by:**

- Greek School—March 4th
- Parish Council—March 11th
- Philoptochos—March 18th
- Goya—April 1st
- Sunday School—April 8th

Pre-Sanctified Begins at 6:30PM, Except for March 4th at 6PM

Meal to Follow
SERVICES OF THE GREAT LENT 2020

Pre-Sanctified Liturgies at 6:30PM Wednesdays 9:00AM Fridays
Bible Study & Book Club will be at 11:00AM on Wednesdays and 7:30PM on Thursdays each week

Greek School Pre-Sanctified Liturgies
Tuesday, March 3 at 4:00PM, Wednesday 6:00PM, Thursday 5:45PM, Friday 4:00PM – No Compline

Great Compline Services at 6:30PM
Every Monday, Tuesday & Thursday from March 3rd through April 9 – No Compline on March 24

Sat. Feb. 22 The Saturday of the Souls
Sun. Feb. 23 Meat-fare Sunday
Sat. Feb. 29 2nd Saturday of the Souls
Sun. March 1 Cheese-fare Sunday

The Holy Vespers of Forgiveness 5:00PM

Mon. March 2 Clean Monday(Philoptochos Pot Luck Lenten Meal) Great Compline 7:00PM
Fri. March 6 Pre-Sanctified Liturgy - 9:30AM 1st Salutations 7:00PM
Sat. March 7 The Miracle of the Kollyva
Sun. March 8 The Sunday of Orthodoxy
Fri. March 13 Pre-Sanctified Liturgy- 9:30AM 2nd Salutations 7:00PM
Sun. March 15 Sunday of St. Gregory Palamas
Fri. March 20 Pre-Sanctified Liturgy- 9:30AM 3rd Salutations 7:00PM
Sun. March 22 The Sunday of the Cross Celebrated by Archbishop Elpidophoros 9:00AM
Wed. March 25 The Feast of The Annunciation
Fri. March 27 Pre-Sanctified Liturgy- 9:30AM 4th Salutations 7:00PM
Sun. March 29 The Sunday of St. John of the Ladder
Fri. April 3 Pre-Sanctified Liturgy- 9:30AM Akathistos 7:00PM
Sun. April 5 The Sunday St. Mary of Egypt
Thur. April 9 Great Compline- 6:30PM Family Fellowship Night & Palm Cross Making
Fri. April 10 Pre-Sanctified Liturgy- 9:30AM
Sat. April 11 Saturday of Lazarus Challenge Divine Liturgy
<table>
<thead>
<tr>
<th>Date</th>
<th>Service Name</th>
<th>Time</th>
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</thead>
<tbody>
<tr>
<td>Saturday, April 11</td>
<td>SATURDAY OF LAZARUS</td>
<td>9:00a.m. Orthros 10:00a.m. Divine Liturgy</td>
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<tr>
<td>Sunday, April 12</td>
<td>PALM SUNDAY</td>
<td>7:15a.m. Orthros 8:30a.m.-1st Divine Liturgy 11:00a.m. 2nd Divine Liturgy 7:30p.m. Service of the BRIDEGROOM</td>
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<td>Monday, April 13</td>
<td>HOLY MONDAY</td>
<td>8:30a.m. Pre-Sanctified Liturgy 7:30p.m. Service of the BRIDEGROOM</td>
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<td>Tuesday, April 14</td>
<td>HOLY TUESDAY</td>
<td>8:30a.m. Pre-Sanctified Liturgy 7:30p.m. Service of the BRIDEGROOM</td>
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<tr>
<td>Wednesday, April 15</td>
<td>HOLY WEDNESDAY</td>
<td>8:30a.m. Pre-Sanctified Liturgy 3:00p.m. The Holy Sacrament of the HOLY UNCTION 7:00p.m. The Service and of the Washing of the Feet, HOLY UNCTION will be distributed at the end of the service</td>
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<tr>
<td>Thursday, April 16</td>
<td>HOLY THURSDAY</td>
<td>5:45a.m. 1st Vesper Liturgy of St. Basil, Institution of The Mystical Supper (Chapel) 8:30a.m. 2nd Vesper Liturgy of St. Basil, Institution of the Mystical Supper (Church) 7:00p.m. Service of the HOLY PASSION</td>
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<tr>
<td>Friday, April 17</td>
<td>HOLY FRIDAY</td>
<td>9:00a.m. Royal Hours 11:00a.m. - 2:30p.m. Youth Good Friday Retreat 3:00p.m. Great Vespers of the Descent from the Cross 7:30p.m. THE SERVICE OF THE LAMENTATIONS</td>
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<td>Saturday, April 18</td>
<td>HOLY SATURDAY</td>
<td>8:30a.m. Divine Liturgy of St. Basil 11:00p.m. The Service of the Holy Resurrection 1:30a.m. Traditional Easter Meal (Sponsored by the Archangel Michael Church)</td>
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<td>Sunday, April 19</td>
<td>HOLY PASCHA</td>
<td>11:00a.m. The Agape Service (Easter Egg Hunt for children to follow)</td>
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<td>Thursday, April 23</td>
<td>The Feast of the Great Martyr, George</td>
<td>8:30a.m. Orthros 9:30a.m. Divine Liturgy</td>
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<tr>
<td>Friday, April 24</td>
<td>The Lifegiving Fountain</td>
<td>8:30a.m. Orthros 9:30a.m. Divine Liturgy</td>
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The Archangel Michael Church Presents
Καθαρά Δευτέρα/Clean Monday
March 2
Confession in a Professional World!

A spiritual journey
of a young professional of the Archangel Michael Community!

Presented by Dr. Dean Vafiadis
New York Smile Institute of Manhattan

Great Compline – 7:00PM
Lenten Meal – Served by The Philoptochos Ladies

For further information, please call and RSVP
to the church office at 516-944-3180 or to
The following link https://forms.gle/tDunnr9aGFrDL2XeR6
Great Lent Retreat

“The Need for Mission Outreach in the Orthodox Church”

His Eminence Archbishop Athenagoras of Mexico, Exarch of Central America, The Islands of the Caribbean, Columbia and Venezuela
Priests from Columbia and Guatemala

Friday April 3rd
Power Point Photo Presentation of the missionary work in Central America

Saturday April 4th—9AM-1PM
1) “What does it mean to be an Orthodox Christian in America” by the V. Rev. Timotheos Torres Esquivel
2) “The missionary work in Guatemala and the role of the Mayan People” by Rev. Fr. Evangelos Pata Tutuc

Sunday April 5th
Hierarchical Divine Liturgy Celebrated by His Eminence Metropolitan Athenagoras
All Donations may be made to “Orthodox Mission Mexico” a 501C3 Federal Tax Exempt, Non-Profit, Religious Organization
Registration Link—https://forms.gle/N2QZKcnQmkNggKPX9
The Book Club of Archangel Michael Church has been reading and discussing *Saint Nektarios, The Saint of Our Century*, by Sotos Chondropoulos. St. Nektarios wrote many beautiful hymns and prayers to the Holy Theotokos. In response to a “homework assignment” given to us by Fr. John, the participants wrote the following prayers and hymns.

**Oh holy glorious lady Theotokos**
Bearer of such unfathomable beauty, humility and purity previously unknown in this fallen world.

May your protecting veil always be upon my head as my eternal mother.

In this fallen world where the image of womanhood has been so distorted by sin, may I always be awed by the beauty of your virginity and the exceeding radiance of your purity.

Most glorious lady by your intercessions may I be conformed to the image of your precious son and our Lord Jesus Christ, our Savior.

**Sweet Panagitsa, please allow me to know you**
Please allow me to love you,
So that I may be in awe of you
And I may feel a sweet mother’s love forever
Please come to me sweet Panagitsa.

A mother’s love knows no bounds.
Most Holy Theotokos, Holy Mother, please continue to guide me in my life, with your love and patience.
You were little more than a child yourself when you gave birth to Jesus.

How blessed we all are that as the Most Holy Mother of God, you intercede for us.

May your infinite capacity for compassion and mercy keep me at your side as I struggle through the daily distractions and transgressions of my life.

Through your intercession my fervent hope is that God will save my soul.

**Oh sweet blessed Mother**
Mother of all
Put your loving arms around my children...and family
Protect and guide them always to feel the love of your son.
And to know You are there for them. Amen!

**O Holy Mother of God Theotokos**
How can my words express my most deep felt gratitude for your immense love and daily intercessions.
You are a constant when I am weak and falling. I only need to seek you for you are my light in the darkness chasing away the shadows.

**O Holy Mother of Christ Panagia**
who guides me in my journey of motherhood and is a protector of my children. How can I ever repay thee as undeserving as I am? You leave me with an everlasting peace. May I never lose your presence for I shall be lost and unable to be fully human. I thank thee with my heart and with all my soul.

**O Hope of the Hopeless & Healer of Broken Hearts,**
Rejoice, O unwedded Bride!

**O Protectress of All Little Children & Veil of Protection around Us All,**
Rejoice, O unwedded Bride!

**O Most Gentle & Loving Mother, O most Tender & Compassionate Lady,**
Rejoice, O unwedded Bride!

**O Queen of Heaven, & Most Holy Intercessor before the Throne of Your Son and our God!**
Rejoice, O unwedded Bride!

**O Most Pure and Beautiful Lady, Always Ready to Hear and Answer our Prayers!**
Rejoice, O unwedded Bride!

**O Lady who gives Strength to the Weak, and Courage to the Fainthearted,**
Rejoice, O unwedded Bride!

**O Most Precious Mother who lifts us up when we fall, Most Holy Mother of God, Save us!**
Rejoice, O unwedded Bride!
As you are merciful, compassionate and gentle be at my side and in this present life, be my spirit, protectress and helper, thwarting the assaults of the adversaries and leading me to salvation.

Η μητέρα όλων μας, η βασίλισσα του κόσμου!
Η χάρη της Παναγίας βοήθεια μας να είναι.
Παναγία μας γλυκία φίλαγε μας τους αμαρτωλούς!

Laudable Mother of Love, embrace and strengthen us as we travel the unpredictable storms of the life. We thank you for your virtuous and loving nature which provides us with a beacon of light illuminating our path during our darkest moments.

Mother of Jesus, as your womb nurtured and sheltered the Prince of Peace, nourish us with the essence of your goodness. Guide and shield us through our journey back to our Father.

I praise you Theotokos for your courage in submitting to God’s will that you become a mother in the face of certain humiliation and even the threat of death, inspiration I need when I struggle to accept my own unpleasant reality.

I praise you for the innumerable miracles of healing you cause -- even through icons of you -- and I thank you for the hope this gives mankind.

I praise you for your endurance as you beheld your Son suffering on the Cross, which parallels all mothers’ endurance and struggle as they see their children suffering through the trials of life. Finally, as I behold the icon of “The Greeting” (St. Elizabeth and the Virgin Mary in an embrace, with the visible fetuses of St. John the Baptist and Jesus), I praise you for inspiring those who seek to preserve the lives of the unborn to continue their mission.

I pray you shine your light and guide me.

O Queen of Heaven, a spear pierced your heart to know the hearts of many,
know my secret heart and my many reservations.
O Mother of Mercy, able to enter the Holy of Holies,
enter my heart to make it meek and lowly.
Protected under your wing, lead me free among the dead
to see the displeasure of my passions; the reason for my dread.
O Mother of God, in your wisdom and your might, that I might take upon me our Savior’s yoke knowing it to be Light.
Through the intercessions of you O Holy Mother, may it be blessed.

Dear Theotokos
Intercede to help those who suffer as you know suffering watching your Son on the Cross.
Intercede to help those who need your care in illness as only a mother can.
Intercede for us to your Son as we struggle with our sins as only a Mother can.

O Sweet, Pure, Theotokos, Mother of God.
In times of trouble, I hear my mother crying: Panagia, Panagia, Panagia, σωσον ημας!!
O joyous one, who ever intercedes for our souls
Blessed for all generations, Theotokos, Mother of us all.
Teach me to say as you did when the angel came to you: “Let it be done, according to your word”

Our Lady the Theotokos
Mother to our Lord Jesus Christ,
Mother to us all.
You give me inspiration but I recognize my weaknesses
You gave birth in a stable and unsure of what was before you
I think I see what is before me but really I am blind
I pray you shine your light and guide me

Αγνη Παρθενος Δεσποινα, Most Holy Theotokos
You are the refuge in the storm of my troubled soul
Your radiance lightens the path to salvation
Though I stumble and fall at every step, you pick me up
And set me upright on the road towards the Savior.

Αγνη Παρθενος Δεσποινα, Most Holy Theotokos
I am surrounded by the demons
and cannot escape their constant assault
Only you can shield me from the darts
that pierce my soul with your loving embrace.

Bible Study/Book Club

It is never too late to join us!
Meetings are held on Wednesdays at 11am
and on Thursdays at 7:30pm
Parish Council Elections 2020

Following the oath of office administered at the conclusion of the Divine Liturgy on January 26th, to new and returning members of the Parish Council, a meeting was held to elect the 2020 Executive Board. Congratulations and best wishes to:

President: Nicholas Papain
1st Vice President: Harry Lascarides
2nd Vice President: Eleni Germanakos
Treasurer: Nicholas Tzoumas
1st Assistant Treasurer: Michael Cavounis
2nd Assistant Treasurer: Chris Neocleous
Secretary: John Koumpourlis

Additional Parish Council members include: Stelios Diakoumakis, Fiffy Eliades, Demetrios Frangiskatos, James Gianakis, Nick Kokinakis, Spiro Maliagros, Helen Maropakis, Barbara Mavro, Oscar Michelen, Mark Pappas, Gus Rogdakis, Peter Stavrinos, Andreas Tsalikis, Demetrios Ziozis

27th ANNUAL GOLF OUTING

SAVE THE DATE: The 27th Annual Archangel Michael Golf Outing, The Watsonian, will take place on THURSDAY, JUNE 5, 2020 at the Plandome Country Club. Mario Harris can be contacted at 516-365-2009 or meh003@hotmail.com. Additional information will be coming soon!
The Archangel Michael community’s contributions to stewardship in 2019 were again unprecedented after a record 2018. For 2019, a record 715 families contributed approximately $600,891 to the church, for an average of approximately $840 per family. That compares to 656 families contributing $577,692 for 2018 and helped us to easily exceed our stewardship budget of $565,000 for the year. Thank you for your generous support!!

Stewardship is the personal and financial contribution that parishioners make to support the operation of our church and its ministries. All stewardship funds are allocated to the operating expenses of the church and its facilities, including essential items like insurance, utilities, maintenance and snow removal. It also includes the salaries of the clergy and office and church staff, supplies, postage, etc.

While the stewardship contributions made in 2019 were a record, unfortunately they still only accounted for approximately 60% of the church’s total operating budget. For 2020, our budgeted expenses are $1,050,000, a significant cost to keep the doors open and the lights on for the church, classrooms and gymnasium. If you consider that the church had 715 stewards in 2019, that equates to roughly $1,470 per steward.

With only about 60% of the church’s expenses covered by stewardship, the remaining 40% is generated primarily from annual fundraising events such as the Super Raffle, the AMC Golf Outing, and 5K run and special events like concerts and other fundraising activities. In addition, donations from candles, trays, and gym or hall usage help to cover expenses. There is a significant reliance on income from special functions to keep the church functioning properly.

The ideal for which we are striving for our Stewardship program is based on allowing each individual to give according to their means and conscience. We are all called to give as we can. While $1,400 is the average cost per family to operate the church, some will be able to give more, and for others, it may be less. However, Stewardship is not only a monetary contribution. It also includes volunteering to serve on church committees, helping to organize and execute church functions, singing in the choir, teaching Sunday School, cleaning and maintaining the church, and other forms of ministry; Stewardship is engagement in the total life of the church. We invite each parishioner to join us in doing so. Your assistance will be gratefully appreciated by all!

Visit https://archangelmichaelchurch.org/stewardship/ to make your stewardship contribution online.
Please contact the church office with any questions at office@archangelmichaelchurch.org.
As each one has received a special gift, employ it in serving one another as good stewards of the manifold grace of God. --1 Peter 4:10

Thanks to the tremendous generosity of generations of Archangel Michael parishioners, friends, and families, we are today able to enjoy the magnificent sanctuary, educational complex and gymnasium that we call our spiritual home. With your ongoing support, all things are possible!

Did you also know that there are many more benefits to making a charitable gift to our Archangel Michael Church, including tax benefits?

Parishioners Harold Pappas and Peter Psyllos have prepared the following information about the Tax Benefits of Making a Financial Donation to the Archangel Michael Church:

Charitable donations come in two basic forms, namely, donations of assets and donations of personal services. Archangel Michael Church encourages both forms. Our purpose in this article is to outline the federal income tax benefits of both forms of donations to AMC.

Donated assets include cash (money and checks), stocks, shares of mutual funds and other securities, distributions from qualified retirement plans (e.g., IRAs), insurance policies, and real estate. There are different ways to make those donations with the following federal income tax benefits:

Cash donations are the simplest forms and may afford the donor a deduction equal to the amount donated. Under the current law, individual taxpayers are entitled to take:

(i) a standard deduction ($24,800 for a couple filing a 2020 joint return) or;

(ii) an itemized deduction of a greater amount if the sum of deductible charitable donations, medical expenses, mortgage interest and up to $10,000 of the total of state and local property and income taxes exceed the standard deduction.

Donations of appreciated publicly traded stocks and shares of mutual funds offer a charitable deduction (if the donor’s itemized deductions exceed the standard deduction) of the full value of such donated assets without paying a capital gains tax on the appreciation. Thus, such donations may be more beneficial than cash donations. This rule generally applies only to assets held for more than one year. AMC, as a charitable organization exempt from federal, state, and local income taxes, may sell such assets without an income tax on the gain. Assets which have suffered a loss in value should be sold by the donor to qualify for a loss deduction and the proceeds could be donated to AMC.

Distributions of up to $100,000 per person, per year, made by a donor’s qualified retirement plan directly to AMC, will count as part of the “required minimum distribution” of a donor who is older than 70 1/2 years of age and will not be taxable to the donor because the distribution will be excluded from the donor’s “gross income.” Such exclusion may qualify the donor for further tax savings by reducing his/her taxable social security benefits and may reduce Medicare premiums.

Donations of a life insurance policy may qualify the owner for a charitable deduction in an amount equal to the policy’s cash surrender value.

Donations from the donor’s business (C corporation or pass-through entity) can also yield tax benefits. Charitable remainder trusts, charitable lead trusts and charitable bequests from IRAs are additional means of contributions with tax benefits.

Although a donor of service to AMC will not qualify him/her for charitable deductions for the value of the service, the donor will qualify for charitable deductions for the out-of-pocket expenses related to his/her service for AMC. The expenses can include transportation expenses (for example, taxi fares, car and truck rentals, use of a car (based on mileage)), supplies, and food for church events. The purpose of such deductions is to encourage taxpayers to provide services to charitable organizations.

This article is for general information only and is not intended or designed to provide a complete explanation of the tax benefits or techniques of making charitable donations of assets or services. It should not be construed as legal advice. We recommend that readers consult with their own financial, accounting, and/or legal advisers to determine the precise techniques, forms, and amounts of asset donations which are appropriate to their individual circumstances.
Our Archangel Michael Church Philoptochos chapter supports many needs here in our own community. We also support our National Philoptochos through ongoing commitments and programs. We wanted to give our community an overview of these very worthwhile causes which we support through our National Philoptochos, as well as local programs here at Archangel Michael.

**NATIONAL PHILOPTOCHOS COMMITMENTS & PROGRAMS**

**JANUARY**

*Vasilopita Sunday*

Total National amount disbursed 2009 - 2018: $8,155,443.00

In January, all Philoptochos chapters host Vasilopita events to benefit Saint Basil Academy in Garrison, NY. St. Basil Academy is the Greek Orthodox Archdiocese home for children in need. The Academy provides a loving Christian environment where resident children are nurtured to adulthood. The Vasilopita commitment provides funding for the Academy's operating expenses. Your consistent generosity provides for the care of these children as well as the maintenance of the entire facility.

*Cancer and Other Major Illnesses Fund*

Total National amount disbursed from 1998 - 2018

Social Services: $1,822,260.00

Cancer & Other Major Illness Fund: $1,100,409.34

The Social Services Department of Philoptochos provides outreach, support and financial assistance to those in need. The Cancer and Other Major Illnesses Fund provides financial support to people undergoing treatment for cancer and other critical illnesses.

**FEBRUARY**

*Autism Assistance Fund*

Total National amount disbursed 2009 - 2018: $225,357.03

The Autism Assistance Fund provides assistance and support to persons within the Autism spectrum and promotes education to heighten Autism awareness.

*Saint Photios Shrine*

Total National amount disbursed 1998 - 2018: $504,000.00

The Saint Photios National Shrine is a living memorial to the first colony of Greek settlers, 400 in all, who came to the New World in 1768. The Shrine honors and serves as a reminder of the sacrifices made by the first colony of Greeks and all the settlers who followed.

**MARCH**

*Orthodox Christian Missions (OCM)*

Total National amount disbursed 1998 - 2018: $837,931.69

Philoptochos offers financial assistance to Orthodox Christian missionary teams and other international missionary work, strengthening their ability to carry the message of the Orthodox Church throughout the world.

*Support A Mission Priest*

Total National amount disbursed 1998 - 2018: $685,000.00

This commitment enables Orthodox bishops and priests in mission areas to build and restore churches, community centers, schools and medical facilities, and to participate in training, teaching and field management.
**News & Events**

**Philoptochos**

**Hellenic College Holy Cross - Lenten Event**
Total National amount disbursed 1998 - 2018: $1,609,658.00
On the third Sunday of Lent, when the Veneration of the Holy Cross is observed, Philoptochos chapters sponsor a Lenten Event following the Divine Liturgy. Proceeds of this event go towards the operating expenses of the school.

**APRIL**

**Saint Basil Academy - Sisterhood Fund**
Total National amount disbursed 1998 - 2018: $723,620.86
The Sisterhood of Saint Basil Academy Fund provides for the day-to-day needs of the children who have made Saint Basil Academy home, including clothing, furnishings, equipment and other essentials for dormitories, graduation, awards and gifts.

**International Orthodox Christian Charities (IOCC)**
Total National amount disbursed 1998 - 2018: $798,662.00
IOCC, in the spirit of Christ’s love, offers emergency relief and development programs to those in need world-wide, without discrimination, to enable them to continue to improve their own lives and communities and to have means to live with dignity, respect and hope. The mission and focus of IOCC, of helping those in great need, is deeply aligned with the work of Philoptochos.

Our local Archangel Michael chapter welcomes you to join us and support our mission--our PHILOPTOCHOS STEWARDSHIP DRIVE FOR 2020 is underway! Become a member of Philoptochos and join a 90 year old legacy of women who endeavor to help the needy, promote philanthropy, preserve Orthodox Christian concepts and promote participation in the Greek Orthodox community. A Legacy of Hope, Faith, Charity and Love. We invite all the women of our church to experience the joy that can be found in a life of service to others. The tradition continues, become a member today!

**PHILOPTOCHOS COOKING CLUB**
On November 23 executive Chef of Astoria’s Oli.Vine Restaurant, Nicholas Poulmentis presented a cooking demonstration for the Philoptochos Cooking Club. Chef Poulmentis taught the participants how to make shrimp kataifi, a delicious appetizer. Oli.Vine Restaurant co-owner Harriett Nikakis was among those present for the event which included participants of all ages.

On Saturday, December 14th Nick Tsismenakis hosted the Philoptochos Cooking Club. Nick taught all those who participated how to make “Kaltsounakia” Cretan Cheese Pies. All who attended learned the recipe and the history of these savory cheese pies.

The next Cooking Club class will be held on February 29th for a $20 donation to Philoptochos. These classes are a great way to carry on our culture, learn tasty recipes and meet new people within our community. Participants and observers are welcome. Please join us!

**ST. BARBARA’S TRIP**
The Archangel Michael Ladies Philoptochos celebrated Saint Barbara’s Feast day on Tuesday, December 3rd. We visited Saint Barbara’s church, in lower Manhattan, on this joyful occasion for their evening Vespers at 7pm.

**GO RED FOR WOMEN**
On Sunday, Feb. 2nd we went RED! Go Red for Women is the American Heart Association’s national movement to end heart disease and stroke in women. Heart Disease is something we need to be aware of and the Go Red initiative is just one way to raise awareness. Thank you to Chris-Marie Tzavelis for organizing this event and to all who contributed!
**GODPARENTS SUNDAY**

On Sunday, February 9th we held our Godparents’ Breakfast to benefit the Archangel Michael Phase 3 Iconography Program Commission. This is a heartwarming event where Godparents and Godchildren join together to celebrate their special relationship. A variety of foods are generously prepared and donated by our community for all to enjoy. Thank you to Chris Ioannou for organizing this event and to all those who cooked, served and donated for this philanthropic cause.

**LITERACY INITIATIVE**

Our literacy initiatives to supply underprivileged families with books was a success! We collected many gently used books during January and February and dropped off all donations to The Book Fairies, a not-for-profit organization. The Book Fairies collect reading materials for people in need throughout metropolitan New York. The reading materials foster literacy and academic success, provide a respite from personal struggles, and nurture a love of reading across age groups. Thank you for all your donations!

**GREEK ZUMBA!**

If one of your New Year’s Resolutions is to adopt healthy habits then please join us for ZUMBA on Tuesday mornings from 9:30-10:30! Zumba is a great full body workout where you can burn calories, strengthen cardiovascular fitness, reduce stress and have fun! Session 2 began on February 11, $250 for 15 classes or $20 per class. Walk-ins are welcome! Classes are held on Tuesday mornings at 9:30am! For more information call Marina Vlahos 516-627-7303.

**BLESSING IN A BACKPACK**

The Philoptochos continues to support the “Blessings in a Backpack” outreach program, which is a national nonprofit organization that provides food on the weekends for students who might otherwise go hungry. Every month Philoptochos is coordinating with various groups of the Archangel Michael Church to fill 55 backpacks with non-perishable foods that are then delivered to children in need in our local community. The Youth Choir supported this program for January and the HOPE/JOY supported this outreach for February. For additional information please contact Xenia at 917-327-7579 or xeniat99@yahoo.com. Thank you for your support!

**UPCOMING EVENTS**

Feed the Hungry at Penn Station on April 28th

If you have any questions about Philoptochos, please email philoptochos@archangelmichaelchurch.org.
News & Events

Feast of the Epiphany

Following the Divine Liturgy on January 12th, parishioners from Archangel Michael Church and The Church of the Holy Resurrection gathered together at Bar Beach, North Hempstead for the traditional “Diving for the Cross”. It was an unusually mild winter day with the air temperature hovering around 60 degrees! The Parish Council presidents, Michael Bapis and Stephanie Clark warmly welcomed the crowd. Delicious breakfast foods and beverages were available for all to enjoy.

Fr. John Lardas, Dn. Michael Palamara and Fr. Panterliemon Papadopoulos led us in the beautiful “Service of the Blessing of the Waters”. Then it was time for the brave young men of both churches to dive into the cold waters to retrieve the Cross. James Yarian from Resurrection Church emerged with the Cross.

Special thank you to Stefanie Clark, Eleni Germanakos, Jim & Niki Lolis, Gus Rogdakis, Nick Manikis, Philoptochos of Archangel Michael and of The Holy Resurrection, the Town of North Hempstead, its Parks Department and Town Supervisor Judi Bosworth, the Port Washington Fire Department and EMS.

Sunday School

The Archangel Michael Sunday School continues to offer opportunities for our children to learn more about our Orthodox faith.

During the holiday season, the children performed a Christmas Pageant and joyfully participated in telling the story of Christ’s birth. The church was filled with family and friends who enjoyed the beautiful performance. We would like to extend a hearty thank you to Marilena and Christopher Paravalos, parents of baby Loizos, who allowed him to play the role of Baby Jesus in the pageant. Additionally, an extra special thank you to Georgia Katsoulis and Libby Doumanis for all their hard work and effort in directing this wonderful annual event.

Our students continue to make unique crafts and this year they created their own nativity snow globes for Christmas. The students also enjoyed celebrating the new year by participating in the liturgy during the Epiphany service and received a bottle of holy water blessed by our priests.

The high school students, taught by Eleni Raptis and Harry Harris, have proven to be strong disciples of our...
March comes in “like a lion and goes out like a lamb.” Our rooms will be decorated with lions, lambs, kites and Greek Flags in celebration of Greek Independence Day. As April arrives all of the children will be looking forward to Spring, playing outside in the warm weather and celebrating Easter. Our rooms will be decorated with their Spring and Easter projects. All classes continue to enjoy music and body movement with Miss Roula.

In March the Pre-K Class will explore clouds with each child taking a turn at being “Meteorologist for the Day” by telling the class what the weather is like outside. Letter and number recognition continue through the use of various manipulatives. In April the children will explore colors by mixing egg dyes to make unique colors for their Easter Eggs. They are also learning the Greek Language with the Greek Enrichment after-school program which began this year.

The Nursery Class students are busy learning letters, numbers, shapes, and colors and will also be working on their alphabet, and number books using various forms of art. Their motor skills are continuously enhanced through activities such as cutting, coloring, and play-doh. They enjoy listening to Greek stories while associating the words with felt cutouts for further understanding and are learning their Greek numbers and colors through songs and finger play.

The Toddler Class continues to work on basic learning skills and social development. They are counting, reciting the alphabet, working on colors and shapes and are proud of their craft projects. They also enjoy learning Greek songs and poems through puppets and finger play.

Upcoming Events:
Thursday, March 3
- Picture Day - School Open
- Parent Teacher Conferences - School Closed

Wednesday, March 11
- Preschool Open House - School Open

Thursday, March 12
- Greek Independence Day Parade

Sunday, March 29
- Easter Fundraiser

Sunday, April 5
- Easter Recess - School Closed

Are you new to the Archangel Michael community? We would love to get to know your family and your children!! All families are welcome and encouraged to enroll their children in our Sunday School program. Please visit the Sunday School office on any Sunday or contact the director, Sara Sava at sundayschool@archangelmichaelchurch.org for more information.
PRESCHOOL OPEN HOUSE

The Archangel Michael Preschool invites you and your preschooler to our “Open House” on Thursday, March 12, 2020 at 10:00 am. Come meet the teachers and parents and become familiar with our programs and facilities, including an expansive enclosed outdoor playground and equipment.

The Archangel Michael Preschool was founded in 1996 to provide an enriching social and academic environment to children of the Greek Orthodox faith. It is housed in the educational wing of the Archangel Michael Church in Port Washington, NY, convenient to Northern Boulevard and the Long Island Expressway. The Preschool obtained its New York State License in 2011.

Why is the Archangel Michael Preschool a great place to send your child?

- Dynamic, nurturing staff
- NYS Licensed School
- Modern Facilities
- Greek Language & Religion
- Comprehensive Curriculum
- Five Hour Day Program Option

The Archangel Michael Preschool offers the following programs:

Mommy & Me (Ages 18 months-3 years)  
Toddler Program (Ages 2-3)  
Nursery (Ages 3-4) 9am-11:30am or 9am-2pm  
Pre-K (Ages 4-5) 9am-11:30am or 9am-2pm

So, keep the date open! Contact us to attend at 516-944-3184 or by email at preschool@archangelmichaelchurch.org

We look forward to meeting you and your child!

Greek Dance Troupe

The Greek Dance Troupe participated in Parathosi 2020 - A Celebration of Hellenic Heritage & Dance at the LI Marriott Uniondale! Both of our groups won Second Place in their divisions. Congratulations! After a day of competition dancing they celebrated together at the Parathosi Dinner Dance & Awards Glendi. It was a wonderful experience for all and the children did great!

We have purchased new, matching Greek traditional costumes from the Dodecanese Islands for our two older groups – look for them at upcoming performances.

Our oldest group, Neolea (GOYA) headed off to Anaheim, California to perform at the February 13th-16th FDF Greek Orthodox Folk Dance & Choral Festival where they competed against hundreds of churches from around the country. It was a great experience for all the families involved. There were two days of competition dancing, glendia in the evenings, workshops and more. After the weekend, the participants and their families took in Disneyland and Universal Studios together!

The Greek Dance Troupe continues to practice on Saturday mornings with their respective groups. Registration is ongoing.

We are looking forward to performing at the Ronald McDonald House Greek Division Walkathon on Saturday, May 11. Come out and support this worthy cause!
The New Year began with the traditional cutting of the Vasilopita for 2020. Congratulations to Billy Apostolou, Marina Tsimisiris and Teddy Koutsoftas for receiving the pieces of Vasilopita containing the coin. May all of our GOYAns and their families have a blessed, healthy and productive year!

Seventy-five Archangel Michael GOYAns and chaperones participated in the InterGOYA ski trip which took place January 24th-26th with 75 attending. They enjoyed a fun-filled weekend of skiing, snowboarding, tubing, dancing, and most importantly, reconnected with old friends and made new ones.

In March, the GOYAns will kick off their annual fundraiser: Luminary Bags & Candles. These luminary bags and candles purchased in memory of a loved one, will be displayed along the path of our outdoor procession during the Holy Friday evening service. The sale will continue until Palm Sunday.

The GOYAns have plans for many more activities in the coming months. We are looking forward to marching in the Greek Independence Day Parade, spending a weekend in Baltimore and so much more!!

GOYAns, please look out for more emails which outline specific details about upcoming events. If you are not receiving emails, or would like more information about GOYA, please contact us at: goya@archangelmichaelchurch.org

GOYA News & Events

Greek Dance Troupe class times are as follows:

- Elpida (Grades K-3) Saturdays from 9:30-10:30AM
- Xara (Grades 4-7) Saturdays from 10:30-11:30AM
- Neolea (Grade 8 & up) Saturdays from 11:30-12:30PM

We proudly perform at various church functions as well as other performance venues throughout the year all culminating in our annual dance recital in June. The Greek Dance Troupe will be performing at the End of the Year community BBQ.

For more information please contact: greekdance@archangelmichaelchurch.org

Byzantine Youth Choir

The Byzantine Youth Choir performs at various church functions as well as other performance venues throughout the year culminating in their annual dance recital in June. The Byzantine Youth Choir will be performing at the End of the Year community BBQ.

For more information please contact: greekdance@archangelmichaelchurch.org

It was with great enthusiasm that our youth choir families did grocery shopping for the Blessings In A Backpack food program which helps children in need in the greater Port Washington community. The choir would also like to express their gratitude to Xenia Theodoropoulos for organizing this worthwhile outreach. Watching the choir members working together filling the backpacks for those less fortunate was uplifting and an experience that made a positive impact upon our youth.

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In addition to singing the Divine Liturgy in church on the first and third Sundays of every month, please note that the Youth Choir will also be singing on the following dates in March and April:
- Friday, March 27th - Salutations to Our Most Holy Theotokos
- April 11th - Saturday of Lazarus
- April 12th - Palm Sunday Procession, first service
- April 17th - Holy Friday Lamentations

The Youth Choir will be chanting the Divine Liturgy in the Chapel on March 22nd and April 26th.

Save the date: May 3rd theatre trip to see SISTER ACT

MAY THE LIGHT OF OUR LORD FILL YOUR HEARTS-KALI ANASTASI!

**Long Island Orthodox Networking**

Archangel Michael held its 3rd Annual LION (Long Island Orthodox Networking) event on January 8, 2020. The goal of this networking group is to coach, support, motivate and give direction to high school, college, and young professionals of the community in their future career paths.

The event began with Father John who offered the opening prayer and introduced all the speakers for the evening. The evening continued with presentations by Peter Gerazounis, Katerina Contaratos, Angelo Maragos, Nick Scandalios and Dr. Jack Soterakis. The presentations were followed by breakout sessions for the youth to meet and speak with the mentors. The breakout session allowed the youth and young professionals to interact with the seasoned professionals.

Mentors included professions from Engineering, Law, Medicine, Entertainment, Banking, Finance, Information Technology, Education, Architecture, Clergy, Accounting, Politics, Graphic Design, Accounting, Electric, Plumbing and Entrepreneurs. The event was very successful and we would like to thank all the professionals and youth who participated. Future sessions will include various workshops on resume building, interview skills, college admissions guidance and more sector specific panel discussions. If you are interested in becoming a mentor or a mentee please email lions@archangelmichaelchurch.org

**Greek Language Institute**

The Christmas Season is a wonderful memory. The Archangel Michael Greek Language Institute was blessed with a beautiful Christmas program performed by kindergarten through seventh grades.

This year, the children visited local businesses and a nursing home where they sang traditional Kalanta under the guidance of Father John, Deacon Michael, and Vangelis Chatziroglou. We would like to extend our sincerest appreciation to the following local businesses that supported and donated to our Greek Language Institute:
After the holidays, the students celebrated the New Year by cutting the traditional Vasilopita with their teachers and classmates.

The Glendi, our Greek School PTA major fundraiser, was held on Sunday, January 26th, at the Swan Club. This year’s theme, “Sweet Celebration,” was expressed through beautiful decorations and centerpieces developed by the talented and creative PTA Board. The GLI School Board would like to extend its gratitude towards all the volunteers who worked tirelessly to ensure the success of this event. We would also like to thank our GLI community for all the donations and contributions. Funds raised at the Glendi along with PTA dues, allow us to plan many wonderful programs and trips throughout the year.

We are now looking forward to the Greek Independence Day Celebration and Parade. Greek Independence Day will be celebrated along with The Annunciation of the Virgin Mary on March 18, 19, and 20, respectively. We want to remember that the war of Greek Independence, beginning in 1821 and lasting seven years was fought against the Ottoman Empire and culminated in freedom for our forefathers. The children have been learning about the bravery, intellect, and passion of eternal heroic figures such as Bouboulina, Kolokotronis, Feraios and Ypsilantis. It is important for the students to be proud of their rich culture and hold the virtues of those who came before them deep within their hearts. All are welcome to attend the celebration and to see the hard work of our children. Join us in showing how proud we are to be Greek-Americans and how very proud we are to be AMC!

We look forward to having everyone march with us on Sunday, March 29, 2020 in the Greek Independence Day parade! We had a great turnout in 2019. Let’s make 2020 even better! For your convenience (no need to look for parking!), a free, fun-filled round-trip bus ride along with snacks will be provided for everyone; please call the church office to reserve your seats. We look forward to seeing you all!

Clean Monday begins on March 2, 2020, marking the end of Apokries and the beginning of Lent. In preparation for Pascha, our students will be offered Holy Confession and the 7th graders will have the opportunity to make Prosfora which will be used during our Divine Liturgy. Greek School Pre-Sanctified Liturgies will be held on March 3rd (1st Session), March 4th (6pm), March 5th (2nd Session), and March 6th (4pm). On the Saturday of Lazarus, April 11th Archbishop Elpidophoros will be visiting our church. GLI students (dressed in uniform) are encouraged to attend, with their parents, as we welcome our inspirational Archbishop. The children are also looking forward to making crosses for Palm Sunday. Please note that Greek School will be closed during Holy Week and will resume Tuesday, April 21st.

The GLI Faculty and School Board would like to wish the AMC Community a blessed Easter. May the spirit of our Lord provide us all with peace, happiness, and strength in our faith.
Roll up your sleeve on Tuesday, March 17, 2020 for the 15th Annual Archangel Michael Church Blood Drive from 2:30-8:30 pm in the Fellowship Hall, administered by The New York Blood Center (www.nybloodcenter.org).

You may be astounded to learn that New York has never been self-sufficient in meeting its need for blood. There is no substitute for human blood and 1 in 3 adults will require a blood transfusion at some point in their lives. You can help remedy this situation by donating blood and giving the “Gift of Life”.

The blood supply is critically low. By giving just one pint of blood, you will be able to help supply hospitals in Nassau County and Queens and save the lives of three people. The donation will include a mini medical examination and will take up to an hour per donor. To donate blood, you must be between the ages of 16 and 75 (16 year olds need parental permission; 76 and over need doctor’s note), weigh a minimum of 110 pounds, and feel well the day of the drive. Donors must also bring ID and know their social security number for the drive. Please bring your blood donor ID card for a quick registration.

Once again, New York Blood Center will have “ALYX”, an automated red blood cell donation system which allows you to donate two units of critically needed red cells in just one visit. Red cells are critically needed by surgery/trauma patients, cancer/chemotherapy patients, accident/burn victims and at-risk infants.

GIVE THE GIFT OF LIFE! Donate blood on Tuesday, March 17th. For more information or to make an appointment, call Marina Vlahos at (516) 627-7303.
The 12th Annual Archangel Michael Church
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Lung Cancer Foundation
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CDRTSAS@PHILLIPSBROKERAGE.COM

www.archangelmichaelchurch.org
## March Calendar 2020

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<th>Sun</th>
<th>Mon</th>
<th>Tues</th>
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<tr>
<td>Cheese-fare Sunday</td>
<td>HOPE/Joy Kite flying</td>
<td>Pre-School Picture Day</td>
<td>Bible Study 11a</td>
<td>GS Pre-Sanctified Liturgy 6p</td>
<td>Little Angels 10a</td>
<td>The Miracle of the Kollyva: 3rd Saturday of Souls</td>
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<tr>
<td>Orthros 8:15am</td>
<td>4:30-5p</td>
<td>&amp; GS Pre-Sanctified Liturgy 6p</td>
<td>GS Pre-Sanctified Liturgy 6:30p</td>
<td>Bible Study 7:30p</td>
<td>GS Pre-Sanctified Liturgy 4p</td>
<td>Orthros 8:30a</td>
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<td>Divine Liturgy 9:30am</td>
<td>Clean Monday</td>
<td>Great Compline</td>
<td>Philoptochos Pot Lunk</td>
<td>Little Angels 10a</td>
<td>GS Pre-Sanctified Liturgy 4p</td>
<td>Divine Liturgy 9:30a</td>
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<td>The Holy Vespers of Forgiveness 5p</td>
<td>Great Compline</td>
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<td>Lenten Meal &amp; Presentation 7:30p</td>
<td>Philoptochos Pot Lunk</td>
<td>GOYA Lenten Lock-in</td>
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<tr>
<td>Sunday of Orthodoxy</td>
<td>Great Compline 6:30p**</td>
<td>Great Compline 6:30p**</td>
<td>*Pre-School Parent Tchr Conference</td>
<td>Pre-School Open House</td>
<td>Pre-Sanctified Liturgy 9a</td>
<td>Clergy/Laity (St. Nicholas, Flushing) 8a-3p</td>
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<tr>
<td>Orthros 8:15am</td>
<td>GS Board Meeting 7p</td>
<td>GS Board Meeting 7p</td>
<td>Nursery &amp; Pre-K Bible Study</td>
<td>Great Compline 6:30p**</td>
<td>GS Pre-Sanctified Liturgy 6:30a</td>
<td>AMC Blood Drive 2:30-8:30p</td>
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<tr>
<td>Divine Liturgy 9:30am</td>
<td>Philoptochos Meeting 7:30p</td>
<td>Philoptochos Meeting 7:30p</td>
<td>Pre-Sanctified Liturgy 6:30a</td>
<td>Great Compline 6:30p**</td>
<td>Book Club 7:45p</td>
<td>GS Independence Day Celebration</td>
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<td>GOYA Luminating Candles Sale Begins</td>
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<td>*Pre-School Parent Tchr Conference</td>
<td>Pre-School Open House</td>
<td>Pre-Sanctified Liturgy 6:30p</td>
<td>Pre-Sanctified Liturgy 9a</td>
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<tr>
<td>Sunday of St. Gregory Palamas</td>
<td>Great Compline 6:30p**</td>
<td>AMC Blood Drive 2:30-8:30p</td>
<td>Book Club 11a</td>
<td>GS Independence Day Celebration</td>
<td>Pre-Sanctified Liturgy 6:30p</td>
<td>Challenge Liturgy Orthros 9:30a, Divine Liturgy 10:30a</td>
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<tr>
<td>Orthros 8:15am</td>
<td>Great Compline 6:30p**</td>
<td>Great Compline 6:30p**</td>
<td>Greek School Independence Day Celebration</td>
<td>Pre-Sanctified Liturgy 6:30p</td>
<td>Book Club 7:45p</td>
<td>GSPTA Fundraising Event</td>
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<td>Divine Liturgy 9:30am</td>
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<td>Pre-Sanctified Liturgy 6:30p</td>
<td>Pre-Sanctified Liturgy 6:30p</td>
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<td>Oratorical Festival (Classes in session)</td>
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<td>Book Club 11a</td>
<td>Book Club 7:45p</td>
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<td>The Sunday of the Cross / Ordination to the Holy Priesthood of Dn. Michael (reception to follow)</td>
<td>Great Compline 6:30p**</td>
<td>The Feast of The Annunciation: Orthros 8:30a, Divine Liturgy 9:30a</td>
<td>Great Compline 6:30p**</td>
<td>Pre-Sanctified Liturgy 6:30p</td>
<td>Pre-Sanctified Liturgy 9a</td>
<td>All-Star Weekend Basketball</td>
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<td>Orthros 7:45a, Divine Liturgy 9a</td>
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<td>Orthros 8:30a, Divine Liturgy 9:30a</td>
<td>Book Club 11a</td>
<td>4th Salutations 7p</td>
<td>GS Pre-Sanctified Liturgy 9a</td>
<td>GOYA Dance / Parade Kick-off</td>
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<td>The Sunday of St. John of the Ladder</td>
<td>Great Compline 6:30p**</td>
<td>Great Compline 6:30p**</td>
<td>Great Compline 6:30p**</td>
<td>Pre-Sanctified Liturgy 9a</td>
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<td>Orthros 8:15am</td>
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<td>Great Compline 6:30p**</td>
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<td>Divine Liturgy 9:30am</td>
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<td>Greek Independence Day Parade</td>
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** Indicates Chapel
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<td>Bible Study 11a Pre-Sanctified Liturgy 6:30p** Youth Choir Rehearsal 7:30p</td>
<td>Great Compline 6:30p**</td>
<td>Great Compline 6:30p** Bible Study 7:45p</td>
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<td>Retreat Weekend</td>
<td>Sunday of St. Mary of Egypt Orthros 8:15am, Divine Liturgy 9:30am Pre-School Easter Fundraiser</td>
<td>Retreat Weekend</td>
<td>Great Compline 6:30p** Philoptochos Meeting 7:30p</td>
<td>Bible Study 11a Pre-Sanctified Liturgy 6:30p Youth Choir Rehearsal 7:30p</td>
<td>Great Compline - Family Fellowship Night &amp; Palm Cross Making 8:30p</td>
<td>Pre-Sanctified Liturgy 9a HOPE/Joy - Baking Lazarakia &amp; Palm-making 11a Saturday of Lazarus Challenge Divine Liturgy/Archbishop’s Visit Orthros 9:30a, Divine Liturgy 10:30a</td>
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<td>PALM SUNDAY</td>
<td>Orthros 7:15a 1st Divine Liturgy 8:30a 2nd Divine Liturgy 11a GOYA Last Day for Luminaries Candles</td>
<td>Greek School &amp; Pre-School Recess</td>
<td>Greek School Pre-School Recess</td>
<td>Greek School and Pre-School Resume Paraklesis to the Virgin Mary 10:00a AMC Book Club 11:00a</td>
<td>St. George the Great Martyr: Orthros 8:30a, Divine Liturgy 9:30a Small Vespers 7:00p AMC Book Club 7:30p</td>
<td>The Lifegiving Font: Orthros 8:30a, Divine Liturgy 9:30a Day trip to St. Nektarios Monastery Dance Troupe Fundraiser Concert</td>
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<td>Holy Pascha: Agape Service (Easter Egg Hunt for children to follow) 11a-12:30p</td>
<td>Bright Monday: Preschool &amp; Office Closed</td>
<td>Greek School and Pre-School Resume</td>
<td>Paraklesis to the Virgin Mary 10:00a AMC Book Club 11:00a</td>
<td>St. George the Great Martyr: Orthros 8:30a, Divine Liturgy 9:30a Small Vespers 7:00p AMC Book Club 7:30p</td>
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<td>Sunday of Thomas Orthros 8:15am, Divine Liturgy 9:30 am Baptism &amp; Reception for Fr. Michael &amp; Pres. Hannah’s daughter, Melania 1:00p</td>
<td>Youth Choir Rehearsal 7:30p</td>
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CELEBRATE THE
Holy Resurrection
AT ARCHANGEL MICHAEL CHURCH

Holy Saturday
April 18
at 11:00pm
Please join our community for
a traditional Easter meal in our
Fellowship Hall at 1:30am

Holy Pascha Sunday
April 19
Agape Service at 11:00am
Followed by an Easter Egg hunt
for children