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### QUICK NEWS & EVENTS

Sun., Jan. 6th: Diving for the Cross

Mon., Jan 8th: AMC LIONS Networking (Snow Date: Jan. 10)

Sun., Jan. 13th: Vasilopita Cutting

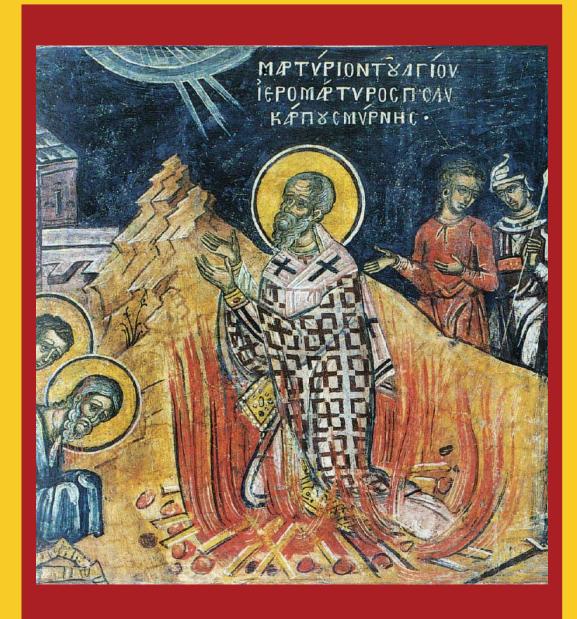
Sun., Jan. 27th: Greek School PTA Glendi

Sun., Feb. 3rd Philopt. Go Red for Heart Health

Sun., Feb. 10th: Godparent Sunday & Philopt. Brunch/Fairy Nouna Project



### Jan-Feb 2019 • Issue 44 • Archangel Michael Church • Port Washington, NY



### St. Polycarp, Celebrated February 23

St. Polycarp is an apostolic father. He never met Jesus personally but interacted with the apostles. He was bishop of Smyrna. During his trial, he was asked at the age of 87 to offer incense to the gods, even if he did not believe in them, just to appease the governor. St. Polycarp responded, "Fourscore and six years have I been His servant, and He hath done for me no wrong. How then can I blaspheme my King who saved me?"

# The Archangel Michael

### About the Parish

Archangel Michael Greek Orthodox Church 100 Fairway Drive Port Washington, New York 11050 Phone: 516-944-3180 Fax: 516-944-3185 Website: ArchangelMichaelChurch.org Email: info@archangelmichaelchurch.org

Archangel Michael Church is a parish of the Direct Archdiocesan District and Greek Orthodox Archdiocese of America (www.goarch.org, 212-570-3500) under the spiritual jurisdiction of the Ecumenical Patriarchate of Constantinople.





Archbishop Demetrios

Ecumenical Patriarch Bartholomew

### Clergy

Fr. John K. Lardas, Protopresbyter Fr. Joshua Pappas, Presbyter Fr. Dennis Strouzas, Protopresbyter of the Ecumenical Patriarchate

Chanter: Petros Malliaris, Andreas Modenos Office Staff: Dora Gouramanis, Christine Zeiner Accounting Services Contractor: Catherine Papagianakis

### **Parish Council Members**

Michael Bapis, Michael Cavounis, Stelios Diakoumakis, Eleni Germanakos, John Halkias, Adam Karras, Nick Kokinakis, Spiro Maliagros, Barbara Mavro, Oscar Michelen, Chris Neocleous, Helen Maropakis, Mark Pappas, Peter Stavrinos

Please note: At the time the Trumpet went to print, the election results for the remaining seven 2019 Parish Council members were not yet available and the election of the 2019 Executive Board had not yet taken place.

### About the Trumpet

The Trumpet is the newsletter of Archangel Michael Greek Orthodox Church.

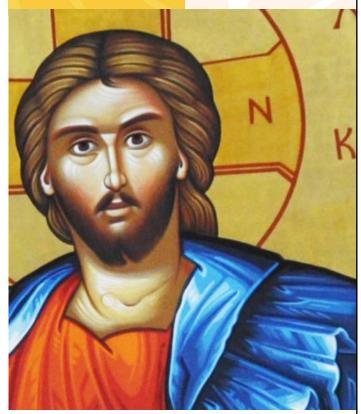
### Production

2018 Parish Council President: Nicholas Papain Editors: Barbara Mavro, Eleni Sfiroudis Copy Editor: Vicky Giouroukakis Direct inquiries to: info@archangelmichaelchurch.org Calendar Editor: Christine Zeiner The Archangel Michael Greek Orthodox Church is dedicated to the continuation of our Lord and Savior Jesus Christ's ministry of salvation through the proclamation and teaching of the Gospel. We are a community of individuals and families who share the traditions and ageless beliefs of our Holy Orthodox Christian Faith.

### MISSION Statement

VISION

Our vision is to provide a loving, caring and welcoming environment where all belong and grow in the faith through worship, service, witness and fellowship.



The Trumpet welcomes news and events from our community and organizations!

Please submit information as follows:

Articles: trumpet@archangelmichaelchurch.org Advertising information and sales: trumpet@archangelmichaelchurch.org Calendar events: info@archangelmichaelchurch.org

<u>Jan/Feb Worship Schedule</u> Sunday Services: 8:15am Orthros, 9:30am Liturgy

### The River Jordan

"O river Jordan, what hast thou seen to be amazed? I have seen Him naked who cannot be seen, and I trembled, said he. 'How should I not tremble before Him and turn back?' The angels, beholding Him, were afraid: heaven was filled with wonder and the earth shook, the sea and all things visible and invisible withdrew. Christ has appeared in the Jordan to sanctify the waters." From the Kathisma of Matins of the Feast of Theophany



Next to the Feast of Pascha, the celebration of Theophany is considered the next most important feast day of the Lord, even more so than Christmas. The Nativity of the Lord Jesus takes place quietly, mystically, in stillness. Most of the world was unaware of the birth of the Son of God. Magi came from the East and shepherds came from their field to be in awe of this great mystery. However, other than them, Joseph and Mary, the world was clueless as to what had happened.

During the event of Theophany, when Jesus was baptized in the Jordan River, by John the Baptist, the entire universe became aware of this tremendous and great revelation. The heavens were torn open! The Holy Spirit descended upon the head of the Lord! God the Father's voice was heard saying, "This is My beloved Son, in Whom I am well pleased!" The Jordan River reversed its flow. The entire universe responded in awe and in worship to the revelation of the Holy Trinity.

Why does the church make such a big deal about celebrating these ancient feast days that seem to not have any impact on the modern technological society that one lives in today? The remembrance " $\alpha v \dot{\alpha} \mu v \eta \sigma \eta$ " of all the great works that God has revealed to humankind establishes that the promise God has given in these events have the same potential for the person of today. There are a few spiritual lessons that an Orthodox Christian may gain by participating in the celebration of Epiphany:

- As the Great Blessings of the water take place during this feast day, an Orthodox Christian is reminded of their personal baptismal pledge to God. It is important for one to see themselves as a child of God and that they are called to be "well-pleasing" in their thoughts, actions and behaviors.
- Another lesson is that one is sanctified when a Christian is baptized. Jesus did not need baptism. His humble self-emptying "Κένωσις", which became manifested to the world during His conception by the Virgin Mary and continues throughout His whole and complete ministry, brings Him into the Jordan River to draw the Holy Spirit into the waters. Thus, all who would follow afterwards into the same baptism would be sanctified and become sons and daughters of God, not by nature, but by grace!
- Expressed in the above hymn, how the Jordan trembled at the sight and presence of Christ in the water, families and the godparents that are planning the baptism of a child should approach this mystery (sacrament) with the same awe, fear and trepidation. A baptism is not just a small tradition that celebrates a rite of passage. It is a great tradition that places the soul, that meets the Father, the Son and the Holy Spirit intimately within the waters, on the path of salvation. Parents and godparents out of thanksgiving to God for the great blessings bestowed on them with the gift of a child should be prepared to dedicate that child to the life of Christ.

Contemplating on such a great mystery of baptism, St. Theophan the Recluse, compares the soul of a Christian baptized, to an acorn seed. Within the soul is the full potential of salvation, just like within the seed is the full potential for a great oak tree to be established. Just like a seed needs all the right nutrition and environment to sprout and grow, so the soul of a baptized Christian needs constant nurturing through the life of the church. This means constant participation in the Divine Liturgy to receive Holy Communion, to pray and to be nurtured by the holy gospel. May the Holy Spirit, which fills every crevice of one's being, enlighten and guide, the Orthodox Christian to follow the footsteps of Jesus Christ to the glory of God the Father!

Fr. John K. Lardas

### PASTORAL MESSAGE FROM FATHER JOSHUA

### Inner Watchfulness

There's a saintly Orthodox elder from Serbia, Elder Thaddeus, who passed away in 2002. He was something of a psychological master, and he says the following: "We complicate our lives terribly by our thoughts and desires. I didn't know this before, but now I know that I am to blame for everything."

Elder Thaddeus isn't talking about unhealthy self-blame associated with wallowing in self-pity, which squeezes life out of us and leads to depression and despair. Instead, he's talking about a different kind of self-blame, a selfblame that is actually life-giving - what St. Paul calls "godly grief" (2 Cor 7:10).

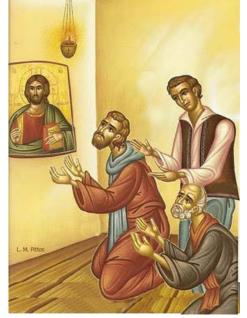
"Godly grief" means feeling the sting of our separation from God, which produces something positive: a new, intense longing for God. This isn't just reserved for beginners. Some of our holiest saints, even on their deathbeds, have requested more time from God because they felt they needed more opportunities for repentance.

If we don't feel this kind of unworthiness before God - if we feel comfortable before Him - this is a sign of our lack of repentance. The pervasiveness of unrepentance is precisely why St. Paul repeatedly exhorts his flocks to "be watchful." It's as if he's suggesting that authentic Christianity can easily slip from the hands of even the most devout, well-intentioned believers.

This brings us to one of the great tenets of Orthodox spirituality:  $v\hat{\eta}\psi\iota\varsigma$ , or "inner watchfulness," a way of describing an inner aliveness that examines closely our thoughts and motivations. I would venture to say that no saint ever became holy without this kind of self-awareness.

"Look inward, to the secret depths of your own soul, [and] take inventory of your conscience," says St. Basil the Great. Even a tinge of honest self-reflection - especially in silence apart from distractions - exposes our attachment to the ego and to the world. If external conditions determine happiness (e.g. family, health, work, reputation, comfort), then a great truth is exposed: we still love ourselves and our desires more than we love God.

What do I find in my secret inner world? I might find boredom, an emptiness apart from external stimuli that prompt me to think and act. I might find how little



patience I have with difficult people. I might find that I treat others based on how they treat me, leaving me with cold indifference toward many people. I might find that I'm driven to succeed because of anxiety, or because of my desire to increase personal status and security. I might find that I'm polite to justify myself, to feel that I'm a good person. I might find that I can't pray without distracting thoughts. I might find that my interest in God really has to do with self-interest.

Whatever ugliness we might find, self-examination reveals that sin is far more pervasive than external appearance; sin is deep in our orientation, because every thought that doesn't brings us closer to God is sin. Everything that strips our joy, peace, and love is our own self-imposed separation from God.

> The battle for Christ - and we're all on the battlefield - is waged internally. Christ says, "God knows your hearts" (Luke 16:15); in the gospels, Jesus repeatedly shifts our focus from external appearance to inner reality.

> And the difficult reality, revealed especially through  $v_{\hat{\eta}\psi_i \varsigma}$ , is that we're "nothing but dust and ashes" (Gen. 18:27). We do not have any goodness to offer ourselves; we do not have any goodness to offer those around us. But if we can stand to remain in the sting of personal nothingness - if we can face reality - then we have a tremendous opportunity to reach out to God on bended knee, with teary eyes, with humility that recognizes our total reliance on divine grace.

This is essentially a state of honest prayer, and we know from experience

that in these moments the buzzing of internal thoughts disappears. Everything vanishes but God Himself; our gaze is focused exclusively on Him.

May our good Lord give us the desire and courage to increase inner watchfulness; to move progressively beyond our fallen self into a vast inner ocean, which is God Himself; to heed the words of Elder Aimilianos: "We do nothing ourselves. Everything is carried out for us by God. It's only necessary that we desire inner watchfulness. This means: I keep vigil, having stillness within myself and excluding every kind of knowledge, opinion, idea, decision, desire. I simply say: Lord, Jesus Christ, have mercy on me, a sinner."

With love in Christ, Fr. Joshua Pappas

### WORSHIP SERVICES

Orthros 8:30am & Divine Liturgy 9:30am, unless otherwise indicated. \*Indicates Chapel

### <u>January</u>

- Tue. 1 The Circumcision of our Lord and Savior Jesus Christ, and the Feast of St. Basil the Great, Archbishop of Caesarea of Cappadocia Orthros 9:30am; Divine Liturgy 10:30am Fri. 5 The Royal Hours 9:30am Sat. 5 The Forefeast of Epiphany & The Blessing of the Waters Orthros 8:30AM & Divine Liturgy 9:30AM Great Vespers for the Feast of Epiphany 7:00PM Sun. 6 Epiphany of our Lord and Savior Jesus Christ & The Great Blessings of the Water (Celebration to follow at North Hempstead Bar Beach) Mon. 7 The Gathering of the Honorable and Glorious Forerunner John the Baptist Thur. 17\* The Feast of St. Anthony
- Fri. 18\* The Feast of SS. Athanasios and Cyril
- Sat. 19Challenge Liturgy, St. Makarios of Egypt; Orthros 9:30am, Divine Liturgy 10:30Fri. 25\*The Feast of St. Gregory the Theologian
- **Tue. 29** Great Vespers for the Three Hierarchs (Brooklyn) 7PM
- Wed. 30 \*The Feast of the Three Hierarchs

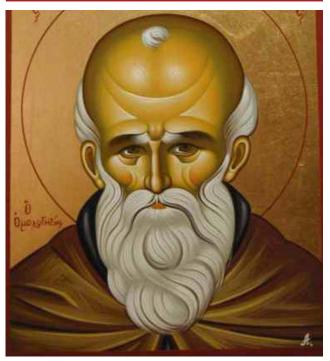
### **February**

- Fri. 1 Great Vespers for the Presentation of Christ to the Temple
- Sat. 2 The Presentation of Christ to the Temple
- Feb. 6\* The Feast of St. Photios
- Sat. 16 Challenge Liturgy. St. Pamphilos & Companions; Orthros 9:30am, Divine Liturgy 10:30
- Sat. 23\* The Feast of St. Polycarp

### SACRAMENTS

Sat., Jan 12 <sup>th</sup>	2:00pm, Wedding of Evan Gabriel and Megan Kelly
Sat., Jan. 19 <sup>th</sup>	3:00 pm, Wedding of Philip Blaney and Ariana Gardianos
Sat., Feb. 9th	10:30 am, Baptism: Child of Gerie & Nikos Karaiskos

### SAINT MAXIMOS THE CONFESSOR (+622 AD)



On January 21st each year, we celebrate St. Maximos the Confessor, a pre-eminent saint of our Church whom we may know little or nothing about.

Born in Constantinople in 580 AD, Maximos received a first-rate education in philosophy, science, mathematics, and rhetoric. Even as a young man, he was something of a renaissance man. Maximos quickly ascended the ranks of public service and became chief counselor of Emperor Heraklios in Constantinople, a rather powerful position in the empire.

But something was missing in his life. Despite great earthly success and a distinguished reputation, Maximos could not ignore a voice inside calling him to a different vocation. In the wake of government corruption - including religious heresy motivated by political agendas - Maximos abandoned his promising political career, took monastic vows, and vanished into the silence of the wilderness to begin a life of prayerful devotion to God.

However, the tranquility of solitude did not last long. Maximos was compelled to leave his monastery in order to defend the Church against the threat of Monothelitism, a heresy that asserted Christ had just one will and nature (His divine side) while ignoring His humanity. Maximos' defense of true Orthodoxy clashed with the powers that be. His tongue and right hand were severed, in an effort to silence his piercing critique of the empire's unorthodoxy. He died in exile several years later.

Because of his profound mystical relationship with Christ, combined with his erudition, St. Maximos left a remarkable theological legacy. His works include a commentary on difficult Scriptural passages, an explanation of worship services, personal letters, various treatises, and many other spiritual works. Here is a small taste from his Chapters on Love: "If you love some people, hate others, and are indifferent to others, then you should know how far you are from divine love, which induces a person to love everyone equally."

### PHILOPTOCHOS



AS TAKEN FROM NATIONAL PHILOPTOCHOS PRESIDENT MARIA LOGUS Address to the National Board on October 19th, 2018

"Some time ago I came across an ancient proverb, thought to be Greek, which reminds us that 'a society grows great when old men plant trees under whose shade they know they shall never sit.' The proverb conjures up a couple of interpretations - all of which offer valuable lessons. It speaks first to the importance of planning for the future, of laying down a foundation that will last well into that future. It also reminds us of the virtue of selflessness and urges us to understand that our work and deliberations should always be focused on the greater good."

### BECOME A MEMBER OF PHILOPTOCHOS IN 2019!

Women join Philoptochos to offer service, the primary reward being the spiritual sense of well being we experience when we help someone in need, but there's more to the equation. There's friendship, there's purpose, and there's shared experiences. We hope that our programs inform and inspire our members, and want to highlight here the greater Philoptochos community outside of our AMC chapter.

On the national level, we have embarked on a speaker's program. Following our own presentation of her book last fall here at AMC, Mary Skafidas, the co-author of "Journeys, An American Story," presented

her collection of essays on the immigrant experience in America to a live audience at the Philoptochos Center of Philanthropy; it was also live streamed on Social Media.

Hoping to enrich our souls and the minds of our members, National Philoptochos has also introduced a new feature on the website, a kind of virtual book club, called "Books We're Reading." They seek many facilitators to lead discussions, and creative and inquiring readers to suggest appropriate books and topics as a way to expand our collective horizons. For more information please visit www.philoptochos.org

### OUR PUBLIC SCHOOLS

It turns out that a large number of Philoptochos members are professional educators, so they would not be surprised to learn that a recent study by the US Dept. of Education revealed that 94% of public school teachers in the U.S, still the richest country in the world, pay for school supplies from their own resources, without any expectation of reimbursement. The problem is so pervasive that there is even a #outofmypocket movement. The study also revealed that it doesn't matter if the schools were in rural or urban locations and didn't involve only schools in poverty-stricken areas.

The bottom line is that public school funding is insufficient, and that's where Philoptochos can make a difference. What if Philoptochos reached out and helped children before their lack of educational opportunities negatively impacted their lives, or affected their choices and the lives and choices of their families?

Our chapter has been challenged to work with our communities to offer something — it might be art supplies, library books, backpacks, pencils and pens, paper supplies, or even tissues to a teacher who needs to respond to runny noses. Imagine the impact we might have on the National level when hundreds of schools throughout the U.S. benefit from the help of Philoptochos chapters. Multiply that by the number of children whose lives may be affected, now and throughout their lives, and the potential for doing good grows and grows. Philoptochos could help a young student grow into a scientist, an inventor, a great artist, a religious leader or even a president. Let's make this a new initiative for 2019!

### BLESSINGS IN A BACKPACK

We are committed to this local program on a monthly basis. On some months our chapter will underwrite the full cost of filling the 55 backpacks which provide sustenance to children in need within the greater Port Washington community. These children have been identified within the school system, as the free meals they receive at school are often the only ones they will get that day. Blessings in a Backpack provides them with meals on weekends so that they can continue to be fed. Other months we reach out to the AMC community to help us fill these much needed "Blessings." Please be generous as children cannot learn if they are hungry.

### THE GIVING ANGEL TREE

Having identified through the Parent Council lowincome Port Washington families without enough resources to have gifts for the holidays, our Giving Angel Tree this past Christmas season was dedicated to filling their needs and wants. Additionally, the generosity of the participants of this outreach provided gift cards which will be distributed to families year-round on an as-needed basis. The Council gives these gift cards, in small denominations for local pizzerias, car service, supermarket etc, to the social workers and guidance counselors to distribute to the middle school and High School students who qualify.

With much gratitude we thank Eleni Sfiroudis, the Chair of our Family & Society Committee for always reaching out to the community to work with Philoptochos, Irene Panopoulos, the brainchild behind this outreach, and committee members Effie Dritsas and Nicoletta Gargas, as well as all who participated.

### THE ANNUAL FAMILY CHRISTMAS BRUNCH

On December 9th, North Hills Country Club was abuzz with activity and joyfulness on the occasion of The Annual Family Christmas Brunch, Philoptochos' major fundraiser for the year. The net proceeds from this event are what enables us to support our many programs and worthy causes. We were entertained by the Greek Goddess of Comedy, Ellen Karis, by our Byzantine Youth Choir and got a special visit from Santa. Thank you to Susan Cavounis and Chris Arlis for chairing this heartwarming kickoff to the magical season of Christmas!

### THE ANNUAL FAMILY CHRISTMAS BRUNCH SUPER RAFFLE

First Prize "Girl's Best Friend" 14K white Gold and Diamond locket necklace on an 18" chain with heartshaped bale, encrusted with over 185 diamonds totaling 1.0 carat and 10 points. Created by John Kikis Fine Diamonds, NYC (\$1250 value) Donated by Gus Bubaris in loving memory of his mother, Athena. Winner: Vivian Jepp

Second Prize \$1000 Apple Store Gift Card. Get Apple hardware and accessories at any Apple Store

or at Apple.com. Donated by the Members of the Philoptochos Society of AMC and the Parish Council of AMC. Winner: Gus Rogdakis

Hamilton, Broadway's Hit Musical, tickets for Two donated by Nick Scandalios. Winner: Sfiroudis Family

### WE CELEBRATED OUR ADULT AND YOUTH CHOIRS

Philoptochos extends a warm Thank You to Mary Sole and her committee for planning, preparing and presenting a beautiful recognition and reception for Church Musician Sunday honoring and celebrating the work of both our Adult and Byzantine Youth Choirs. This is a day we set aside to honor their contributions as well as those of our psaltai and our much esteemed choir directors/music educators Georgia Kaufman, Eleni Kaufman and Zoe Zollo, who serve our church through our Orthodox hymnology.



NAME DAY FESTIVITIES

Thank you to Georgia Mouzakitis and Lisa Glavas, chairladies of the Annual Reception following the Vespers and Liturgy for the Archangel Michael. Together with committee members Stacey Frangos, Eleni Makris, Christine Korakis, Josephine Karras and Marina Vlahos, they hosted a lovely reception following Vespers, which included 18 clergy in attendance and a packed fellowship hall. The following day, after the liturgy celebrating the feast day of the Archangel Michael, all in attendance were treated to a delicious lunch. Thank you to all who attended, prepared, baked, cooked and



offered their support. DONATIONS IN THE 4TH QUARTER OF 2018 Due in no small part to the generous support of our membership, Philoptochos was able to donate a total of \$12,700 to the following causes:

St. Michael's Home Expansion, District Philoptochos (Social Services cases), National Philoptochos

(Hurricane Relief), Ecumenical Patriarchate, National Emergency Fund, Christmas gift cards St. Basil's Academy children, St. Michael's Home, Blessings in a Backpack for November, National Sisterhood of Presvyteres Benevolent Fund, National Philoptochos General Medical Fund, St. Barbara's Greek Orthodox Church for Name Day, UNICEF, Challenge Christmas Party donation, Christmas gift cards for Hellenos House residents, Church Musician's Fund, GOYA's Thanksgiving Ministry, Covenant House, Community Chest of Port Washington.

Please mark your January and February calendars with the following:

Coffee Hour Hosted by Philoptochos volunteers Chris Arlis & Stacey Katagas in January and Marina Vlahos & Jasmine Baktidy in February.

1/7 & 2/4: Philoptochos meeting 7:30pm

- 1/6 Tray for Vasilopita dedicated to St. Basil's Academy/Blessing of the Waters
- 1/13 Vasilopita cutting during coffee hour2/3 Go Red for Heart Health and pass a tray
- (National Wear Red day is Fri 2/1/18)
- 2/10 Godparent's Sunday Brunch / Fairy Nouna project to benefit Make-A-Wish

### **HONORING VETERANS**

"God and Country" was the theme on Sunday, November 11th as our community celebrated Veterans Day. Flags lined the driveway and patriotic balloons and banners adorned the fellowship hall.



Within our church, a valiant group of AMC veterans from various branches of the US armed forces stood before their families and fellow parishioners receiving words of honor, gratitude, blessings and a special Artoclasia from our spiritual Fathers.

The celebration was graciously hosted by the AMC Ladies Philoptochos Society. Reminiscent of days in the barracks, Roll Call, was led by Mr. Anthony Arlis: Anthony T. Arlis, Spiros Colaitis, George Condzal, Thomas E. Constance, Evans Cyprus, Peter Dedousis, Peter Gaitanis, Norman Glavas, Alex Harisiades, Michael Hatzidakis, Arthur Manos, Peter Mesologites,

Chris Milonas, John Mitsinikos, Andreas Modenos, Andrew Pappas, Dean Pappas MD, Harold Pappas, George J. Razis, George Scandalios, Peter Stavrinos, Nicos Stylianou, Nick Tsismenakis, Leonard Zangas, Harry Zuvekas.



As each veteran stood to be recognized, his name was called along with the branch of the Armed Services in which he served. Those who were not able to attend that day were also recognized. Patriotic music and spirit filled the air as the color guard brought in the flags. Thank you to flag-bearers from: AMC Greek School- Irini Tzavelis, Eva Petrakis, Ioanna Sirrosi, Lia Sfiroudis, Alexandra Frangiskatos, Agathi Katechis; Manhasset Troop 97 Boy Scouts- Efthimios Tzavelis, Haralambos Tzavelis, Christian Rontiris; and Den 3 Cub Scouts- Dimitri Petrakis, Yianni Petrakis.



Together, all in attendance recited the Pledge of Allegiance, sang the words to the Star Spangled Banner and all respectfully listened as Taps was soulfully played by Troop 97 buglers Ethan Horowitz and Matthew Moschitta.

The veterans sat together, shared their stories and were treated to an all American lunch by the Ladies of Philoptochos. To close the program, a group of Greek School students led the veterans and attendees in an impromptu and most delightful rendition of God Bless America. A wonderful morning was had by all.



Having kicked off the event weeks earlier with a drive to stock the pantry at the VFW, we thank Maria Tzolis Gagliano for personally delivering the collected pantry items to the Nassau County Veterans Service Agency. They were most grateful for our donations.

May God Bless our Veterans, the Archangel Michael Church and the United States of America!

### NAME DAY GALA

### AXIOS!

On November 9, 2018 the annual Archangel Michael Church Name Day Gala was held at Leonard's Palazzo in Great Neck, NY. This year the community had the pleasure of honoring Fr. John K. Lardas for his 25 years in the service of our Lord.



In attendance were over 300 people including family members, clergy and friends from previous parishes that Fr.John served, and those who traveled this past summer to Jerusalem with Fr. John and Presvetera Eleni.

Nicholas Papain president of the AMC Community served as master of ceremonies and presented Fr. John with a plaque along with a beautiful set of vestments from Greece to express our gratitude for his service to our community. Basil Lardas speaking on behalf of his siblings Maria and Kemon offered a wonderful perspective of their father. This was followed by both a moving and often entertaining clerical reflection from the V. Rev Fr. Eugene Pappas. Fr. John then spoke beautifully to all who came to honor him.

The 28 GOYANS in attendance then started the night off by dancing with Fr. John and his family in a traditional kalamatiano. In no time at all, with music provided by Asteri, the dance floor was filled with the many attendees of this wonderful event.

Special thanks to co-chairs Eleni Germanakos and Helen Maropakis for organizing this memorable evening.

### CHALLENGE LITURGY GROUP

At its October meeting, the Challenge Liturgy Program, marking its 28th year of service, celebrated the 10th Anniversary of the opening of Hellenos House, a unique group residence for seven of its members.

The celebration began with a special liturgy which included an Artoclasia, a short service offering thanksgiving for God's blessings and commemorating the miracle of Christ's multiplying five loaves of bread to feed five thousand. The service asked for blessings and prayers for the health of the Hellenos House residents and staff.

The Liturgy concluded with the presentation of a Citation to the Parish by New York State Assemblyman Anthony D'Urso acknowledging the tenth anniversary of Hellenos House and citing it as a valuable community resource providing a supportive and nurturing environment for Orthodox Christians with developmental disabilities.



A reception followed the Liturgy offering food, drink, music, good camaraderie and souvenir coffee mugs to all who attended.

### ANNUAL BLOOD DRIVE

Please Save the Date and your blood for the Archangel Michael Church 14th Annual Blood Drive, **Tuesday, March 12th, 2019 at 2:30pm - 8:30pm** in the Fellowship Hall. For more info or to make an appointment, please call Marina Vlahos

516.627.7303

### **HELLENOS HOUSE**

On October 28th Hellenos House celebrated its 10th Anniversary with an OPEN HOUSE. The event, hosted by the Archangel Michael Church (AMC) Ladies Philoptochos Society, included a reception and house tour conducted by the residents. Many AMC parishioners, members of metro New York Philoptochos chapters, friends and supporters were welcomed in appreciation for their continued support of the House.



The AMC community celebrates not only for reaching a ten year milestone but, more importantly, for keeping our promise to the families of the residents. Thanks to the support of the Greek-American community and, most especially, the Philoptochos chapters of the Direct Archdiocesan District we made certain that the residents enjoy a productive and happy life: that they remain an integral part of the Greek-American community, close to our Church, while preserving the religious, ethnic and cultural values important to their families.

The residents thank all who visited. It was with much joy and pride that they shared their home and life experiences with their guests.

We thank, also, ACDS, the agency that manages the House, and its staff for their excellent care of the residents. We wish all, residents and staff, many more years of happy living and look forward to the continued success of Hellenos House.

### NEWS AND EVENTS

## **AMC Little Angels**

The Little Angels is a new group to the Archangel Michael Church that was started for children ages 0-3 years old as an age-appropriate introduction to religious education and fellowship. The Little Angels had its first meeting on Friday, October 5, and it was a great success! In addition to singing songs, open play time, crafts, and snack time, the group spends a portion of each meeting inside the church. Father Joshua leads the group in teaching the children how to do their cross, venerate the icons, sing hymns, etc. The group also has the opportunity to see important aspects of the Divine Liturgy up close, for example the Cross and the Chalice, encouraging them to be active participants of the Liturgy.



The group meets the first and third Fridays of every month from 10am to 11am.

For more information or to join the email distribution list, please email Presbytera Joanna at presjoanna@ yahoo.com.

We look forward to continuing the success of the Little Angels group and thank everyone for their participation and support!

### **Byzantine Youth Choir**

The Church Musician Sunday recognition in honor of our choirs and chanters was very much appreciated! Mega thanks to Mary Sole for her extraordinary generosity and for organizing a most beautiful day dedicated to honoring the musicians who serve our church. We also want to extend our gratitude to Lisa Glavas and Eleni Raptis for all their help. Following the liturgy, Fr. John awarded each adult and youth choir member a Certificate of Merit from the National Forum of Greek Orthodox Church Musicians for their dedicated service to preserve, perpetuate and promote the sacred hymnology of our Holy Orthodox Church. A special tribute was given in memory of Choirmaster Nicholas Pappas. He was a truly amazing man who devoted his life to strengthening the magnificent musical treasures of our faith. May His Memory Be Eternal!



A few weeks before Church Musician Sunday, the youth choir held a pumpkin fundraiser to support their activities. It was a wonderful success due to the enthusiastic community support of the Youth Music Ministry and the magnanimous efforts of youth choir parents Niki & Jim Lolis and their daughters Alexandra and Marie.

Recently, church musicians from across the Archdiocese gathered for the 34th Annual Archdiocesan District Federation of Church Musicians Conference and Hierarchical Divine Liturgy at Holy Trinity Church in Hicksville.The Byzantine Youth Choir represented Archangel Michael Church and made us proud. His Grace Bishop Sevastianos celebrated the liturgy and expressed his joy in hearing the angelic voices of the young people. He commented that the youth choir was even singing Tou Thipnou Sou as they came up to the altar to receive Holy Communion. The future of the beloved hymns of the Orthodox Church is in the hands of our youth.



We wish everyone a DIVINE NEW YEAR From your Youth Choir, Miss Georgia & Miss Eleni

### **DIVING FOR THE CROSS**

In celebration of the Feast of Epiphany, and in conjunction with the Church of the Resurrection, we are looking for parishioners to Dive for the Cross at North Hempstead Beach Park, on Sunday, January 6th, following the Divine Liturgy. Please call the church office at (516) 944-3180 if you are interested.

### PARISH COUNCIL ELECTIONS

As this issue of the Trumpet was going to print, the results of the Parish Council elections and the 2019 Executive Board were not yet available. The results will appear in the next issue of the Trumpet.

### GOYA

GOYA Reported by Kemon Lardas

We started off our holiday season of GOYA with the Archangel Michael Name Day Gala. The GOYAns that came filled up two tables, a great turnout! Everybody was smiling and had an amazing time on a fun night filled with great food and dancing.



Only a week later we began packing for our Thanksgiving Food Drive on November 15th. Many parishioners and families donated food and supplies for this cause, and on the same Saturday of that week, November 17th, we delivered to families that live in shelters or are below the poverty line. After the GOYAns delivered all their baskets, we met up to have dinner together. This is where we talked about what an amazing experience it was for us to see the smiles on the faces of these families.







The food drive was only the beginning for our GOYAns during November. On Thanksgiving Day we had our Annual Altar Boy Football Game. GOYAns who serve in the altar got up early in the morning to take part in this super fun event before they celebrated the holiday with their families later in the day. At the end of November, we had our annual ugly sweater party. The night consisted of an ugly sweater contest and the decoration of the Christmas tree inside the school rotunda. We are so happy to see such a great turnout of GOYAns at such fun events like this!

With such busy weekends in November and December, we did not have our usual three monthly GOYA nights. However, when we did, GOYAns came together for a night full of fun, games, and most importantly, pizza! Our GOYAns love to join together at the end of a busy school week to cool off and spend time with their close friends.

The first big event during the month of December, was our Challenge Liturgy Holiday Party on the 15th. This is the annual Christmas party to serve the members of the Challenge Liturgy, and we had our GOYAns volunteer at the party!

The day after Christmas was the Five Borough GOYA Central Dance. Our GOYAns were able to come together and enjoy time with friends that were not just part of our church but others too! The fun continued the next day, December 27th, during the Inter-GOYA Club Night in the SPACE at Westbury! Many of our neighboring Long Island churches attended this event, and our GOYAns had nonstop joy with their fellow GOYA friends during these two fun-filled days.

Some events that we are looking forward to in 2019: InterGOYA Ski Trip, Camp St.Paul's Reunion Week, the Midnight Run, and even more social gatherings! GOYAns, please look out for more emails which outline specific details about upcoming events. If you are not receiving emails, send an email to: goya@archangelmichaelchurch.org with your name and email address.

> Wishing everyone a very Happy and Blessed New Year!!

### SPECIAL NEEDS SUPPORT

The Archangel Michael Special Needs Ministry was created by moms who have children of special needs. Meetings are held to discuss, share and learn from each other as parents give and receive support. Below is information about our January and February meetings.

January 29th 7:30 pm: The Other Sibling: In this session, participants will look at how the siblings of the child with special needs are feeling. We will discuss the benefits and challenges for that sibling. The participants will leave with strategies to support the other child.

February 26th @ 10:30 am: Supporting the Picky Eater: In this session, participants will discuss the strategies to help your picky eater start loving a variety of healthy foods. We will share how to have meals with less tears and frustration.

### **HEALTH AND WELLNESS**



The New Year is a fantastic time to recommit to your health and focus on wholesome nutrition. Your body has been with you since day one, and eating well is a form of honoring it. Taking charge of your weight and health isn't just about going on a diet. Rather, it's about making lasting lifestyle changes that produce lifelong success.

Although we have the best intentions when making New Year's resolutions, many of us tend to enter the New Year feeling overly ambitious. Positive energy and motivation is great, but trying to juggle too many resolutions can leave us feeling overwhelmed and disappointed.

A healthy lifestyle doesn't happen overnight. The definition of the word lifestyle itself is "the way in which a person or group lives." Consistency is key, and forming small healthy habits over time is what leads to a true resilient lifestyle change.

In order to make 2019 a successful year, try to focus your energy on one meaningful goal. Is this year the time you finally start drinking 8 glasses of water a day? Maybe 2019 is the year that you sign up for a gym membership and commit to exercising at least three times a week. Take a good look at your current eating patterns and try to focus on one key goal. Maybe you'll finally start tracking your food on My Fitness Pal, or give up artificial sweeteners for good! You have the power to hone in on a significant goal and accomplish it this year. Plus, focusing on one small goal often leads to accomplishing a few other goals without you even noticing! Take hydration for example- when we drink more water, we fuel our cells and also regulate our hunger. In turn, we naturally end up portion controlling more and start to gravitate towards better foods.

Notice that this is all about making small goals, not resolutions. Resolutions imply that something may have been bad or wrong in the past. When we make a change, we want to be forward-thinking and positive. Why bring the baggage of the past into this burgeoning New Year? Setting goals is a more strategic way to accomplish change and garner success.

It's never too late to make a positive change in your life. Every morning that we wake up is a new day and a fresh start. You have the opportunity to make a change at any given moment. Sometimes, all it takes is a split second for us to realize what we want and go after it. Treat every new day as a gift, and approach your goals with a fresh mindset. I always say to my clients that health is a lifestyle, not a seasonal fad.

Stefani Pappas, MS, RDN, CSO, CDN, CPT, is a Clinical Dietitian at The Cancer Institute at St. Francis Hospital. She also provides private nutrition counseling at her office in Great Neck, NY. Visit her website www.StefHealthTips.com for more information or call 516-225-1745 to schedule an appointment.

### AMC COOKING CLUB

On November 14th, 2018, the 5th AMC Philoptochos cooking class took place at Archangel Michael Church. Daphne Moustakas taught a group of parishioners how to make two delicious meals in preparation for Thanksgiving: Turkey gouvetsi and butternut squash salad.



A little about the guest chef--Daphne credits her love of cooking to her Cypriot parents, both avid chefs, and says she learned to cook primarily by watching them. Her father was a restaurant owner in England, where Daphne was born, and then became a chef when he moved to the US. Her mother wanted to make sure Daphne knew how to cook when she got married, so she had her cooking for the family once a week. Check out Daphne's Instagram account @Cookingwithdaphnemou.

Father John introduced the cooking class by talking about the spiritual aspect of cooking and the sense of community that it fosters. The class was at capacity consisting of women of all ages and backgrounds, cooking experiences and skills, who came together with the common interest and goal of learning to cook Greek-inspired foods.

At the end of the cooking demonstration that took place in the kitchen, everyone sat down at the tables in the fellowship hall to break bread and sample the tasty meals. They talked, laughed, shared stories, and bonded over food—how special and invaluable is this experience and how reflective of our culture?



Would you like to share in this experience? Join us at future cooking classes as a student or volunteer chef. Dates for our January and February classes will soon be announced. Look out for more information on the church website or email blasts under AMC Philoptochos Cooking Club or contact Vicky at: vgiouroukakis@molloy.edu.

### 5K WALK/RUN

On a cloudy and windy Saturday morning, approximately 100 friends, relatives and parishioners braved the elements and participated in our 11th Annual AMC Tom Zangas Memorial Lung Cancer Foundation 5K Run/Walk! Even a Nor'easter rain-out didn't deter our participants who were of all ages as they each passed through the scenic Bar Beach Park overlooking Long Island Sound. Medals were awarded to all first place finishers as well as to all of our young children and even the pet dogs!





A highlight of the event was a proclamation from North Hempstead Supervisor Judi Bosworth given to Leonard and Penelope Zangas, and the foundation for their dedication and successful efforts to raise funds for Lung Cancer Research. The proclamation noted the impact the foundation is having on lung cancer research.



The race raised \$75,000, bringing the total amount the foundation has raised to more than \$450,000. The foundation works with the Lung Cancer Research Foundation (LCRF) to fund important research.

We are extremely grateful to our numerous sponsors for their generous donations. Their names have all been displayed in the Sponsorship poster. We are also very appreciative of Bargain Printing/Ioannou Family, Apple Tree Market/Mamais Family and George Tsiatsis for their continued support and help each and every year. This year we had many young volunteers from Port Washington High School directing traffic along the course. Their direction was important to the safety of our runners and walkers. In addition to our hard working committee, we want to acknowledge and appreciate the dedication and hard work of our Church office staff, Dora, Christine and Catherine. Their efforts behind the scenes are crucial to the success of the event. Special thanks to Aphrodite Dimopoulos, our roving photographer, who also braved the wind and cold.

Finally, to all of our parishioners, and the families and friends of the Foundation who participated in this worthy event, we are especially thankful! Your continued support is an inspiration to us all and to the memory of Tom Zangas who brought the warmth of the sun upon us as the event concluded.

### PANHELLENIC SCHOLARSHIP AWARDS

The PanHellenic Scholarship Foundation is pleased to offer 20 awards of \$10,000 each based on academic merit and financial need - two of which are allocated to Music and Arts Majors, and another 20 Awards of \$2,500 each based solely on academic achievement. Undergraduate students of Hellenic descent who are enrolled in an accredited university in any of the 50 United States are eligible to apply. The deadline to apply is January 31, 2019. For more information and to obtain an application, please go to www.panhellenicsf. org, email pkorbakes@panhellenicsf.org, or call 312 357 6432.

### The 11th Annual Archangel Michael Church Tom Zangas Memorial Lung Cancer Foundation 5K Run/Walk



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### GREEK SCHOOL BOARD

The Greek School Board extends its warmest wishes to our students, our teachers, our parents and all the members of our wonderful Archangel Michael Family for a Happy 2019! K $\alpha\lambda\eta$  **Xpovid**! Here's to a brilliant year for all our children.

The Archangel Michael Greek Language Institute was blessed with a beautiful Christmas program performed by grades kindergarten through six. We will commemorate the Feast Day of the Three Hierarchs and Greek Letters Day in January by celebrating the successes of our students who took the Comprehensive Examination in Modern Greek. This exam is the foreign language achievement test that assesses student proficiency in listening, speaking, reading, and writing Modern Greek.

The Three Hierarchs' long association with the Greek letters accentuates the emphasis these holy Fathers gave to learning, intellectual ability and discipline, and to their use of the Greek language. Combining their love of language and knowledge, with faithful service to others and the church, they provided an example of the beautiful ministry in our church. May all our students emulate the Three Hierarchs' love of learning and love of kindness and compassion for one another.

Midterms will take place on January 22nd and 24th. All students will be well prepared, provided they make good use of the study materials provided by their teachers.

This year the annual Glendi is scheduled for a Sunday afternoon, January 27th. We ask that our community support the Greek School at our Glendi. It is always a fun family event and our children will be entertaining everyone with traditional Greek dances.

Please "Save the Date" for our 2019 Greek Independence Day parade on Sunday, March 31st. The School Board requests that all AMC students join us in celebrating the heritage that our forefathers fought so gallantly to uphold.



### **GREEK SCHOOL PTA**

WE HOPE THAT HAPPY TIMES SHARED DURING YOUR HOLIDAY SEASON AND SPECIAL MEMORIES WILL FILL YOUR NEW YEAR!

As a community devoted to giving and helping others, our students had so many opportunities to do just that! The students really showed that all acts of kindness, no matter how small, make a huge difference. They allowed their generosity to shine through during the entire holiday season.

We kicked off the season with our participation in the annual Loukoumi National Project for St. Jude. Students again created heartfelt cards of encouragement and well wishes for the children at St. Jude and were able to collect funds to help support this amazing initiative. With the PTA and Philoptochos matching the money raised, we were able to make a collective donation of \$400 to St. Jude. Of course, by sporting their crazy hats to Greek School that day, it allowed us to help "Put a 'Cap' on Childhood Cancer."



The students also participated in our "PJs and Pies" Spirit Day. What student doesn't love coming into school with their comfy pajamas? It wasn't all fun and games though, as we collected over 160 pies to help families in need for Thanksgiving. We hope the pies sweetened a family's Thanksgiving and gave them a lot to be thankful for. We know we certainly have a lot to be thankful for, just being a part of this amazing school.





The students weren't the only ones in the Holiday Spirit. The parents were able to get in on the fun too! The PTA hosted a Zumba Fitness Fundraiser and the parents sure brought their Kefi! It was a wonderful way to meet new parents, support our school, and get fit.



The children also enjoyed performing at the school's Christmas show, entertaining us all with traditional Greek carols and Christmas songs! And the celebrating will only continue as we look ahead to the start of 2019, as we enjoy a visit from Agios Vasilis and the blessing and cutting of Vasilopita in all of the classrooms.

Our annual Glendi will be on Sunday, January 27th, at The Cottage at Milleridge Inn. As always, we welcome your enthusiasm, your help, and your financial support to make this the greatest Glendi to date! SUPER & Calendar raffles will be available for purchase in the church lobby every Tuesday, Thursday & Sunday leading to the Glendi. We cannot wait to celebrate with you all!

With the New Year comes a new, fresh start. We hope you all know that the PTA is committed to making a difference in the education, health, and safety of all of our children. We look forward to partnering with our parents, teachers, staff, and community on many levels to bring fun and educational programs, events, services, and opportunities to our children. With your support, we can continue to make Archangel Michael Greek School academically challenging and nurturing for our children. Your contribution, whether it is your time, knowledge, or resources, makes a difference. We personally invite you to become an involved member of the PTA. Thank you for helping in any way you can, and showing your children the importance you place on their education. If you have any guestions or would like to share some of your ideas and thoughts, please feel free to contact us at GSPTA@archangelmichaelchurch.org \*Please Note: PTA Board- Co-Presidents: Chris-Marie Tzavelis & Dina Petrakis: Treasurer: Helen Chimos

### SUNDAY SCHOOL

Our Sunday School staff has been working hard to develop more enriching and interactive ways to teach students about our beautiful Greek Orthodox faith. Every few weeks the children participate in a special Divine Liturgy celebrated in our very own Chapel of Saint Katherine. Our priests, Father John and Father Joshua, engage the students in relevant church related topics. Children have an opportunity to see the service "up close and personal" and engage in question and answer sessions with our priests. Additionally, Father John and Father Joshua also have been rotating through the different grades discussing timely topics. The children have enjoyed interacting with the priests and engaging in lively discussions regarding our faith.

Our annual Christmas Pageant was held on December 16th and was moved back to the church for this year. The miracle of Christ's birth was brought to life by our awesome Sunday School students! Families and friends gathered to celebrate this joyful time and reflect on the true meaning of Christ in our lives.

As our program grows so does the need for additional volunteers. Our program would like to welcome new members of our Sunday School staff! Venetia Papageorge along with Millie and Evan Gianoukakis have joined our program. Millie will be assisting with the younger grades and Venetia and Evan will be helping out with the older grades.

We would like to extend a heartfelt Happy New Year to all of our Sunday School students and their families. Wishing you all health, happiness and blessings in 2019!

### PRESCHOOL

The Preschool children have been enjoying a very busy year! The new after-school Soccer Shots program has been a great success with the children learning about soccer and good sportsmanship. The new in-school art program promotes creativity as the children learn art techniques and experiment with color, form, line shape, texture and make use of different art materials.



Our trip to see Santa was very exciting and the children enjoyed visiting with him, seeing the decorations and watching the train go around the Christmas tree. The trip was topped off with cookies, apple juice, and hot cider.

Both January and February will be busy months for the children. After being welcomed back for the New Year, they will make snowmen, snowflakes and mittens to decorate our rooms. As they celebrate the Epiphany and the Feast of the Three Hierarchs, they will learn about these important holy days. In February, the children eagerly look forward to Groundhog Day. Will he see his shadow this year? They are also excited about making and sending Valentine's Day cards to "someone special." Our rooms will be decorated with puppets, collages, cherry trees and portraits of our Presidents in celebration of President's week. All the children enjoy the special stories read to them during the weekly visits with Fr. John and Fr. Joshua.

The children in the Toddler Class are enjoying free play and learning to share with each other. They are continuing to learn to count, recognize colors, shapes and body parts.

The children in the Nursery Class will begin their alphabet dot books and continue with number recognition. Days of the week and months of the year will be learned through songs and fine motor skills will be reinforced through coloring, cutting and play dough.

The Pre-K children are learning recognition of numbers and their values using various manipulatives as counters and are continuing their alphabet letter recognition. The children are also learning skills such as putting on their winter clothing and using their fine motor skills. As they prepare for "moving up," different activities will focus on self-esteem and confidence building.

In addition all the children are enjoying music and body movement with Miss Roula and continue their Greek lessons with Miss Linda through songs and finger play.

Please check the Trumpet Calendar for school closures and save the following dates: Thursday, February 28, Picture Day; Wednesday March 13, Nursery and Pre-K Parent Teacher Conferences; Thursday March 14, Preschool Open House

### GODPARENT MONTH

February has been designated as Godparent Month. Throughout the month, Godparents are encouraged to attend the Divine Liturgy with their Godchildren to worship and receive Holy Communion together. In addition, February 10 has the special distinction of being Godparent Sunday. Afterwards please join us for the Philoptochos Godparent's Sunday Brunch/ Fairy Nouna Project.

#### **BLESSING OF THE HOMES**

According to an age-old tradition, during the days and weeks following the Epiphany of our Lord, the homes of the faithful are blessed. The blessing involves the visitation of Fr. John or Fr. Joshua, who will bring Holy Water sanctified on the Feast of Epiphany, and will bless the home and all present. Those wishing to schedule a house blessing should contact the church office at 516-944-3180.

### **FESTIVAL ON THE HARBOR 2018**

To our fellow Archangel Michael parishioners and friends,

On behalf of the 2018 Festival on the Harbor co-chairs, we would like to offer a heartfelt thank you to all who worked so hard to make this year's the best ever! Over the last 8 years, and thanks to all of our community's hard work, we have raised more than \$2 million. These funds have allowed us to complete the church and facilities construction, as well as pay down a substantial amount of the church's debt.

### Consider these facts:

- •We had over 450 volunteers that helped serve, greet and work over 3 days
- •We welcomed over 15,000 visitors to our Festival
- •They devoured over 10,000 skewers of souvlaki, 200 cases of "Greek" fries, and over 1,800 pounds of gyros
- •We sold over 300 total cases of wine, beer and soda
- •We produced over 10,000 home-baked Greek cookies and hundreds of frappes
- •Our loukoumades are the best!-we used over 1,000 pounds of flour and 400 pounds of sugar to serve people that waited over 30 minutes in line for them!

As fantastic as this year's Festival was, there's not much time to rest before we starting thinking about the next one. *Did you know that we have already started planning for 2019?* 

•Starting in October and November, the Festival chairs finished reviewing invoices and paperwork, and already started checking dates for 2019--and of course planned the volunteer thank-you party!

•We have held meetings with individual chairs to see how the year went in their stations, what we can do better next year, and find out what worked and what didn't.

•By springtime and into summer, we are securing our suppliers that help transform North Hempstead Beach Park into our Festival on the Harbor site: we coordinate all of the electricity, wi-fi, gas lines for cooking, charcoal grills, refrigerators and water lines, plus enough chairs and tables so our guests can be seated to enjoy our delicious food, to watch our fabulous Dance Troupe, to dance to our fantastic music, or to have a drink at our picturesque Bar on the Bay. Did you know that we set up over 10,000 square feet of tents? And of course--the best carnival rides!

•All summer long, it may be quieter at AMC but not for festival preparation. We start accepting donations for Fabulous Finds. Our volunteers diligently sort, price, pack and display these donations and display them just like they were in a boutique. And their hard work pays off--we have 2 tents full of treasures!

•Once we are back in September, we only have a few short weeks to finalize details, meet with the Town of North Hempstead, and coordinate details with our suppliers. All of our individual Festival chairs kick into high gear and organize the details for their stations. "Festival on the Harbor" signs start popping up everywhere--and before we know it, the next Festival is underway!

We couldn't accomplish any of this without you-and we need your continued help! We welcome all of our parishioners and friends to consider becoming involved with the planning of our Festival and take a leadership role in doing so. We need your new ideas to keep our Festival as popular and as successful as it has become.

A special thank you to all the GOYANS that came to volunteer this year. We can honestly say "we couldn't have done it without you"! It was inspiring to see and to realize that our future leaders and Festival Chairs were right there with us.

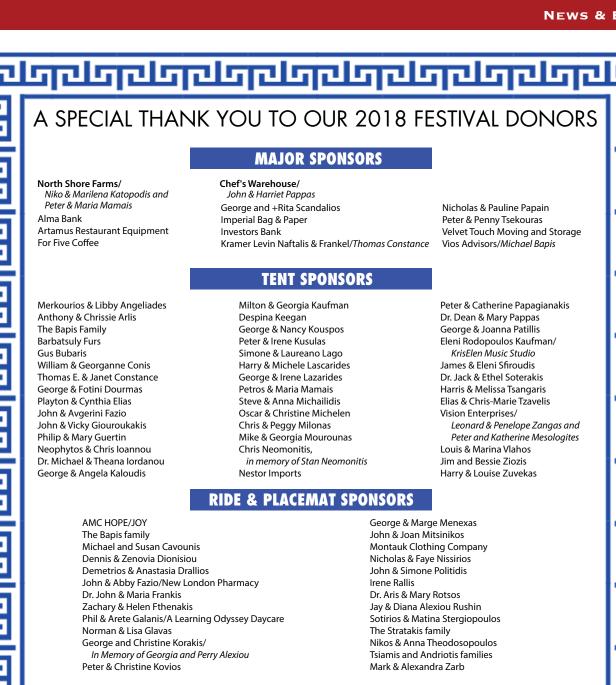
Once again, we offer a heartfelt thank you to each and every donor, and every volunteer for your time, energy, hard work, donations and prayers. See you again next year!!

With sincere gratitude,

The 2018 Festival Co-Chairs:

Peter Stavrinos, Chris Neocleous, Michael Psyllos, Eleni Germanankos, Oscar Michelen, Eleni Sfiroudis, Peter Tsekouras

P.S.--Want to get more involved? We would love to speak with you! Please email: festival@archangelmichaelchurch.org



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Please accept our sincere apologies for any errors or omissions. We have taken great effort to prepare this list accurately.

### COMMUNITY PHOTOS



















### COMMUNITY PHOTOS











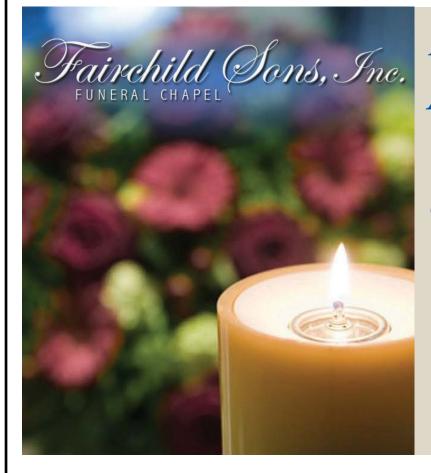












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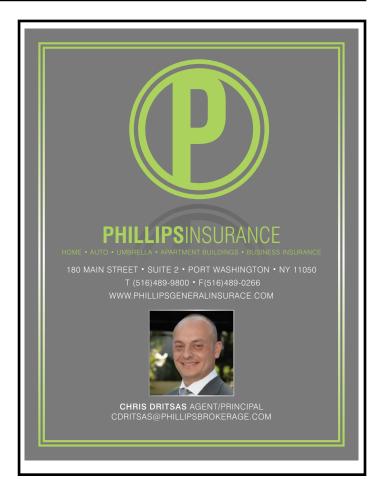
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The Trumpet reaches over 600 families who support the Archangel Michael Greek Orthodox Church in Port Washington, New York, a majority of whom live in the North Shore communities surrounding the church.

If you are interested in becoming a sponsor, please email: trumpet@archangelmichaelchurch.org.



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### ARCHANGEL MICHAEL GREEK ORTHODOX CHURCH January Calendar 2019

Sun	Mon	Tues	Wed	Thu	Fri	Sat
6 Epiphany of our Lord and Savior Jesus Christ & The Great Blessings of the Water	7 Gathering of the Honorable and Glorious Forerunner St. John the Baptist Orthros 8:30a	1 Circumcision of our Lord & Savior Jesus Christ and St. Basil the Great, Orthros 9:30a Divine Liturgy 10:30a NEW YEARS DAY - Office Closed 8 AMC LIONS 2nd Annual Networking Event 7pm	2 Preschool Resumes Bible Study 11a & 7:30p Paraklesis 10:30a Vespers 7p 9 Bible Study 11a & 7:30p Paraklesis 10:30a	3 Greek School Resumes 10 SNOW DATE (if needed) for AMC LIONS Event	4 The Royal Hours 9:30a Little Angels 10am 11	5 The Forefeast of Epiphany & The Blessings of the Waters Orthros 8:30a Divine Liturgy 9:30a Great Vespers for the Feast of Epiphany 7:00p
Orthros 8:15a Divine Liturgy 9:30a (Celebration follows at N. Hempstead Bar Beach)	Divine Liturgy 9:30a Philoptochos Board Meeting 7:30p	15	Vespers 7p	17	18	19
Orthros 8:15am Divine Liturgy 9:30am Philoptochos to host Vasilopita Cutting			Youth Choir Rehearsal 7:30p Book Club 11a & 7:30p Paraklesis 10:30a Vespers 7p	St. Anthony ** Orthros 8:30a Divine Liturgy 9:30a	SS Athanasios and Cyril ** Orthros 8:30a Divine Liturgy 9:30a Little Angels 10am	Challenge Liturgy, St. Makarios of Egypt Orthros 9:30a Divine Liturgy 10:30a
20 Orthros 8:15am	21 Martin Luther King Ir, Day	22 Greek School Midterm Exams	23 Book Club 11a & 7:30p	24 Greek School Midterm Exams	25 St. Gregory the	26 Parathosi
Divine Liturgy 9:30am Family Worship No Sunday School	King Jr. Day – Office & Preschool Closed	Midterni Exams	Paraklesis 10:30a Vespers 7p		Theologian ** Orthros 8:30a Divine Liturgy 9:30a	@ Queens College
27	28	29	30	31		
Orthros 8:15am Divine Liturgy 9:30am GSPTA Family Glendi		Special Needs Support Ministry 7:30p Great Vespers for the Three Hierarchs (Brooklyn) 7p	The Feast of the Three Hierarchs Orthros 8:30a Divine Liturgy 9:30a Youth Choir Rehearsal 7:30p			
						** Indicates Chap



### ARCHANGEL MICHAEL GREEK ORTHODOX CHURCH February Calendar 2019

Sun	Mon	Tues	Wed	Thu	Fri	Sat
					1	2
					Great Vespers for the Presentation of Christ to the Temple 7p Little Angels 10am	The Presentation of Christ to the Temple Orthros 8:30a Divine Liturgy 9:30a
3	4	5	6	7	8	9
Orthros 8:15am Divine Liturgy 9:30am Celebration of the Greek Letters	Philoptochos Board Meeting 7:30p	Parent-Teacher Conference – GS Closed	St. Photios ** Orthros 8:30a Divine Liturgy 9:30a	HAE	2	
Philoptochos Go Red for Heart Health			Bible Study 11a & 7:30p Vespers 7p			
10	11	12	13	14	15	16
St. Haralambos Drthros 8:15am Divine Liturgy 9:30am Godparents Sunday Philoptochos Brunch/Fairy Nouna Project			Youth Choir Rehearsal 7:30 Bible Study 11a & 7:30p Paraklesis 10:30a Vespers 7p		Little Angels 10am	St. Pamphilos & Companions Challenge Divine Liturgy Orthros 9:30a Diving Liturgy 10:30a
17	18	19	20	21	22	23
riodion Begins: Sunday of the Publican		Winte	er Recess- GS & Pre		Feast of St. Polycarp**	
Aunday of the Publican and the Pharisee Orthros 8:15am Divine Liturgy 9:30am Family Worship No Sunday School	Presidents Day – Office Closed		Book Club 11a & 7:30p Paraklesis 10:30a Vespers 7p			Orthros 8:30a Divine Liturgy 9:30a
24	25	26	27	28		
The Sunday of the Prodigal Son & The Ist and 2nd Findings of the Head of St. John the Baptist Orthros 8:15am Divine Liturgy 9:30am	Preschool Resumes	Greek School resumes Special Needs Family Support Ministry 10:30a	Youth Choir Rehearsal 7:30p Book Club 11a & 7:30p Paraklesis 10:30a Vespers 7p	Preschool Picture Day		
						** Indicates Chap

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Archangel Michael Greek Orthodox Church 100 Fairway Drive Port Washington, NY 11050

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